

Autumn Term 2026

Day/Time	Club/Activity	Year(s)	Venue	Staff
MONDAY				
1.00 - 1.30pm	Philharmonia	All	Music	SJW, MJL, RTO
1.00 - 1.30pm	Fitness suite	All	Fitness Suite	SBA team
1.00 - 1.30pm	Football	Year 8	Astro	GDH
1.00 - 1.30pm	Mindful Mondays - quiet chill/creative space to relax & 'be'	All	Chapel	Rev Helen
1.00 - 1.30pm	Physics Modelling Club	All	Room 11	RJM
1.00 - 1.30pm	Quiet Corner	Year 7-8	Room 29	KED
1.00 - 1.30pm	French booklet club	Year 7-8	Room 62	CMM
1.00 - 1.30pm	Maths Enrichment	Year 7-11	C3	HDS, IAC, AYB
1.00 - 1.30pm	Maths Enrichment	Year 12-13	Room 35	ARO, SAR
1.00 - 1.30pm	Wharton Youth Challenge	Year 12-13	Room 80	SGR
1.00 - 1.30pm	Trading Card Games Club	All	Room 36	RL
1.00 - 2.00pm	Law National Aptitude Test (LNAT) preparation	Year 13	Sixth Form Meeting Room	LRJ
4.00 - 5.00pm	Netball	Year 9-13	SBASC/Top courts	SJN, EBI, JT, CDA
4.00 - 5.00pm	Hockey (Girls')	Year 7-8	Astro	SHH, JEO
4.00 - 5.00pm	Fitness suite	All	Fitness Suite	LAM, JMW
4.00 - 5.00pm	Squash social	All	Squash courts	RJM
4.00 - 5.00pm	Swimming	All	Swimming pool	KC
4.00 - 5.00pm	Football	Year 10-13	Fields	GDH, SW
4.00 - 5.00pm	Brass Group	All	Music	AP
4.00 - 5.00pm	Vocal Ensemble	All	Music	HM, FE
4.00 - 5.00pm	German Club	Year 7	Room 60	TMS
4.00 - 5.00pm	Barbershop	All	Music	RTO
4.00 - 5.15pm	Art Mastering Techniques	Year 10	Art	GDR
4.00 - 5.00pm	Psychology Stretch & Challenge	Year 12-13	Room 85	ERS
4.00 - 5.00pm	MDV (Medics, Dentists, Vets)	Year 12	B4	SAH
4.00 - 6.00pm	Art: Life Drawing (Week A)	All	Art	MJB
4.00 - 5.00pm	Art: Life Drawing (Week B)	All	Art	DJM
4.00 - 5.00pm	DT Skills	Year 7	DT	CHB MHK
4.00 - 6.00pm	Art: Portfolio development (Week A only)	Year 10-13	Art	DJM
4.00 - 5.00pm	Dance: Lyrical	All	Heseltine Gallery	Cornwall Dance
4.00 - 5.00pm	Gardening Club	Year 7-9; ACHE	Room 60	FLT
4.00 - 5.00pm	Computing Club	All	Room C0	WMV
4.00 - 5.00pm	Minecraft Club	All	Room C1	ALO
TUESDAY				
7.00 - 8.00am	Swimming (invite only)	All	Swimming pool	JR
8.15 - 8.40am	Percussion Ensemble	All	Music	JR
8.15 - 8.40am	Q Club (Investigating and Presenting Answers to Big Questions)	Year 12-13	Sixth Form Library Space	ELC
1.00 - 1.30pm	Fitness suite (Girls' Only)	All	SBASC	SBA team
1.00 - 1.30pm	Football	Year 7	Astro	GDH, SW
1.00 - 1.30pm	Samba Band	All	Assembly Hall	SW
1.00 - 1.30pm	Lunchtime Live	All	Music	RTO, SJW
1.00 - 1.30pm	Logic Puzzle Club	Year 7-9	Room 19	IAC
1.00 - 1.30pm	DT Club (NJS Week A / KED Week B)	Year 7-8	D&T	GDR, KED, NJS
1.00 - 1.30pm	Q Club (Investigating and Presenting Answers to Big Questions)	Year 9-11	Room 52	ELC
1.00 - 1.30pm	Paint Club	Year 7-9	Art	DJM
1.00 - 1.30pm	Book Club	Year 7-9	Library	JEH
1.00 - 1.30pm	Electronics Club	Year 7-9	Electronics Room 12a	RMW, RTP
1.00 - 1.30pm	Maths Enrichment (Puzzles and Competitions)	Year 11-13	Room 18	JBN
1.00 - 1.50pm	Dungeons and Dragons	All	Room 36 & 37	RL
4.00 - 5.00pm	Netball	Year 7-8	SBASC/Top courts	SJN, EBI
4.00 - 5.00pm	Hockey (Girls')	Year 9-13	Astro	VC, SHH, RAB
4.00 - 5.00pm	Rugby Union	All	1st team pitch/fields	TME, DJS, THC, AJG
4.00 - 5.00pm	Fitness suite (Girls' Only)	All	SBASC	SBA team
4.00 - 5.00pm	Squash	Year 7-9	Squash courts	LAM
4.00 - 5.00pm	Symphony Orchestra	All	Music	RTO
4.00 - 5.00pm	Junior Drama Club	Year 7-9	Room 50	HAH
4.00 - 5.00pm	Senior Drama Club	Year 10-13	Room 51	BTO
4.00 - 5.00pm	Physics Enrichment	Year 12-13		
4.00 - 5.00pm	Post 18 Drop In	Year 13	Sixth Form Centre	BRI, RMW
4.00 - 5.30pm	Cookery Club: Autumn Kitchen***	Year 7	Cookery School	TMP
4.00 - 5.00pm	Maths Enrichment	Year 11 FM - 13	Room 60	
4.00 - 5.00pm	Art: Sixth Form Portfolio Club	Sixth Form	Art	VJC
4.00 - 5.00pm	Art: Yr 11 Portfolio Club	Year 11	Art	MJB
4.00 - 5.00pm	Art: Yr 10 Portfolio Club plus CAD Support	Year 10	Art	GDR
4.00 - 5.00pm	Geology Competition Club	Year 12 - 13	Room 8	JHO
4.00 - 5.00pm	DT GCSE and A Level students - Coursework support and extension.	Year 10 - 13	DT	Week A - NJS Week B - CHB
WEDNESDAY				
7.00 - 8.00am	Swimming	All	Swimming pool	EBI, KC
8.15 - 8.40am	Chamber Choir	All	Music	JAB, AW, RTO
10.50 - 11.10am	Eco-committee meeting	All	B2 Biology	LLU
1.00 - 1.30pm	Rock Out	All	Music	RTO
4.00 - 5.00pm	Fitness suite	All	Fitness Suite	SBA team
4.00 - 5.00pm	Jesus Christ Superstar Rehearsals	All	Burrell Theatre	Drama and Music Staff
4.00 - 5.00pm	Pitchforks (invite only)	All	Music	MJL
4.00 - 5.00pm	Chess	All	Room 10	Mr Menadue
4.00 - 5.00pm	Jewellery Design	Year 7-8	DT	GDR
4.00 - 5.50pm	Wargaming	All	Room 53	MHS

THURSDAY				
8.15 - 8.40am	Saxaphone Ensemble	All	Music	
10.50 - 11.10am	Community Action Team (CAT)	Years 11-13	Room 55	NSK, TLC
1.00 - 1.30pm	Singsong	All	Assembly Hall	RTO, MJL
1.00 - 1.30pm	Minecraft Club	Year 7-8	Room C1	ALO
1.00 - 1.30pm	Fitness suite	All	Fitness Suite	SBA team
1.00 - 1.30pm	Football	Year 9-13	Astro	GDH
1.00 - 1.30pm	Sixth Form Diploma Scholar Club	Years 12-13	Room 60	TMS
1.00 - 1.30pm	Electronics Club	Year 10-13	Electronics Room 12a	ALL
1.00 - 1.30pm	History Enrichment	Year 7 - 8	Room 52	GTO
1.00 - 1.50pm	Senior Debating	Year 10-13	Room 31	AS
1.30 - 1.50pm	Careers Drop-in Clinic	Year 9-13	Room 55	NSK
4.00 - 5.00pm	Hockey (Boys)	Year 7-9	Astro	VCO, SHH
4.00 - 5.00pm	Fitness suite	All	Fitness Suite	SBA team
4.00 - 5.00pm	Swimming	All	Swimming pool	KC
4.00 - 5.00pm	Badminton	All	SBASC	ADC
4.00 - 5.00pm	Squash social	All	Squash courts	LAM
4.00 - 5.00pm	Nova Strings (String Orchestra)	All	Music 2	MJL
4.00 - 5.00pm	Wind Band	All	Music	AP
4.00 - 5.00pm	Bronze Crest Science Award	Year 7-8	B4	AJJ
4.00 - 5.00pm	Maths Enrichment	Year 12-13	Room 35	SAR & JBN
4.00 - 5.00pm	STEM Taskmaster	Year 7	Lab 14	TLC
4.00 - 5.00pm	ACHE Mentoring Programme (starts 8th Oct)	Year 12	Sixth Form Centre	HRB, MCL, LRJ
4.00 - 5.00pm	Eco-club (New Club)	All	B2 Biology	LLU
4.00 - 5.00pm	Dance: Commercial	All	Heseltine Gallery	Cornwall Dance
FRIDAY				
7.00 - 8.00am	Swimming	All	Swimming pool	EBI, KC
7.00 - 8.45am	Tennis (invite only)	All	SBASC	SA
10.50 - 11.10am	Charity Club - supported by CAT, for younger yrs	Year 7-10	Chapel	Rev Helen
1.00 - 1.30pm	Badminton	Year 7	SBASC	Mr Morcom
1.00 - 1.30pm	Fitness suite	All	Fitness Suite	SBA team
1.00 - 1.30pm	Metafit	All	SBASC	JES
1.00 - 1.30pm	Project 1 Music	All	Music	SJW, RTO
1.00 - 1.30pm	Chapel FM (Faith Matters- creative chat and chill)	All	Chapel	Rev Helen
1.00 - 1.30pm	World Peace Committee (Pupil Lead)	All	Room 84	ADC
1.00 - 1.30pm	MDV (Medics, Dentists, Vets)	Year 13	Room B4	SAH
1.00 - 1.30pm	Chemistry Extension Club	Year 10-13	Room 13	JEO
1.00 - 1.30pm	Chocology Geology Club	Year 7	Room 8	JHO, RAB
1.00 - 1.30pm	Wharton Youth Challenge	Year 12-13	Room 81	JMW
1.00 - 1.30pm	Geophysics Club	Year 10-13	Room C0	WMV
1.00 - 1.30pm	Gardening Club	All Years	Room 60	FLT
4.00 - 5.00pm	Fitness suite	All	Fitness Suite	SBA team
4.00 - 5.00pm	Trennick Piano Quartet	All	Music	MJL
4.00 - 5.00pm	GCSE Art Portfolio Building and Photoshop Support	Year 10-11	Art	GDR
4.00 - 5.00pm	Sketchbook and Portfolio Development	All	Art	AMR
4.00 - 5.00pm	Chess	All	Room 10	Mr Menadue
4.00 - 5.00pm	Tennis (beginners)	All	SBASC	SBA
4.00 - 5.50pm	Jesus Christ Superstar Rehearsals (Cast Only)	All	Burrell Theatre	Drama and Music Staff
4.00 - 5.50pm	Wargaming	All	Room 53	MHS
5.00 - 5.50pm	Tennis (intermediate)	All	SBASC	SBA

***IMPORTANT COOKERY CLUB INFORMATION: Cookery clubs are from 4pm to 5.30pm in the cookery school. The first session will be devoted to a simple cook and a revision of thorough washing up and kitchen food and hygiene safety. All ingredients and takeaway containers will be provided and there will be a charge of £5 for the first session and then £12 per session. This will be charged in arrears on the school bill. Students sign up for the whole term. If your child is unable to attend a class or is sick, we can provide the ingredients for collection on the day or the day after. If we receive no notice and ingredients have been bought, you will be charged for the session.

To reserve a space please email cookeryclubs@truoschool.com clearly stating the name of the pupil, year group and cookery club. Please be aware that the cookery school is not a nut free environment, and whilst recipes can sometimes be adapted we cannot ensure that the cookery school is free of nuts.