

	Monday - Simple	Tuesday - World	Wednesday - Roast	Thursday – Traditional	Friday - Fish
Homemade Soup with Brown Bread	Minestrone Soup	Tomato & Red Pepper	Lentil & Butternut Squash	3 Green & Potato	Tomato Basil & Garlic
Main Meal	Bacon, Leek & Egg Slice	Chinese Chicken	Chicken & Stuffing	Chicken Curry	Cod Goujons
Vegetarian Meal	Vegetable Egg Slice	Chinese Vegetables	Quorn Fillet & Stuffing	Cauliflower Dahl	Quorn Goujons
Starchy Foods	Filled Jackets , Three Bean Salad	Noodles	Roast Potatoes Cauliflower Cous Cousins	Pilau Rice	Potato Wedges
Vegetables	Baked Beans	Roasted Vegetables	Roasted Carrots	Green Beans	Peas & Sweetcorn
Salads	Tuna,Cucumber, Baby Leaf, Cherry Tomatoes, Carrots, Peppers, Olives Sweetcorn,	Cheese, Cucumber, Baby Leaf, Cherry Tomatoes, Carrots, Peppers Olives Sweetcorn, Potato Salad	Egg, Cucumber, Baby Leaf, Cherry Tomatoes, Carrots, Peppers Olives, Sweetcorn,	Sliced Chicken, Cucumber, Baby Leaf, Cherry Tomatoes, Carrots, Peppers Olives, Sweetcorn, Pasta Salad	Feta Salad, Cucumber, Baby Leaf, Cherry Tomatoes, Carrots, Peppers, Olives Sweetcorn, Noodle Salad
Main Dessert	Apple and blackberry Crumble & Custard 50% Fruit	Courgette Cake 50% Fruit	Fruit Platter	Blueberry Cheesecake	Seasonal Fruit Jelly 50% Fruit
Cold Dessert	Fresh Fruit Various Low Fat Yoghurts	Fresh Fruit Various Low Fat Yoghurts	Fresh Fruit Various Low Fat Yoghurts	Fresh Fruit Various Low Fat Yoghurts	Fresh Fruit Various Low Fat Yoghurts

Food Allergies and Intolerances: Please speak to our staff about the ingredients in your meal when taking your lunch
Fresh cool drinking water always available