



Truro School Menu

Spring Term 2026 – Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread
<b>Main Meal</b>	Pork Sausage or Sausage Casserole	Southern Fried Chicken or Red Thai Chicken Curry	Pasta al Forno	Chicken Pie	Haddock or Cornish Sausage
<b>Vegetarian Meal</b>	Quorn Sausage	Vegetable Thai Curry	Macaroni Cheese	Spring Vegetable Pie	Pizza Margharita
<b>Sides</b>	Mash Potato	Rice Katsu Sauce	Garlic Bread	New Potatoes	Chunky Chips Baked Beans
<b>'Pasta Bar'</b>	Pasta with selection of sauces	Pasta with selection of sauces	Pasta with selection of sauces	Pasta with selection of sauces	Pasta with selection of sauces
<b>'Jacket Potato Bar'</b>	Jacket Potatoes with selection of toppings	Jacket Potatoes with selection of toppings	Jacket Potatoes with selection of toppings	Jacket Potatoes with selection of toppings	Jacket Potatoes with selection of toppings
<b>Vegetables</b>	Carrots & Peas	Stir Fry Vegetables	Vegetable Medley with herb butter	Broccoli	Garden Peas Mushy Peas
<b>Salads &amp; Sandwiches</b>	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads
<b>Dessert</b>	Hot dessert of the day Fresh Fruit Selection of Yoghurts	Cold dessert of the day Fresh Fruit Selection of Yoghurts	Hot dessert of the day Fresh Fruit Selection of Yoghurts	Cold dessert of the day Fresh Fruit Selection of Yoghurts	Hot dessert of the day Fresh Fruit Selection of Yoghurts

**Food Allergies and Intolerances:** Please speak to our staff about the ingredients in your meal when taking your lunch  
Fresh cool drinking water always available