

Truro School Menu

Spring Term 2026 – Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread
Main Meal	Chicken Curry or Lamb Rogan Josh	Meatball Marinara or Chicken in a Green Pesto Sauce	Southern Fried Chicken or Beef Burger	Cottage Pie or Lamb Tagine	Haddock or Cornish Sausage
Vegetarian Meal	Vegetable Dhal Curry	Spinach & Ricotta	Buttermilk Quorn Fillet	Vegetarian Pie	Pizza Margharita
Sides	Turmeric Rice Naan Bread	Penne Pasta Garlic Bread	Potato Wedges, BBQ Sauce Baked Beans		Chunky Chips Baked Beans
‘Pasta Bar’	Pasta with selection of sauces	Pasta with selection of sauces	Pasta with selection of sauces	Pasta with selection of sauces	Pasta with selection of sauces
‘Jacket Potato Bar’	Jacket Potatoes with selection of toppings	Jacket Potatoes with selection of toppings	Jacket Potatoes with selection of toppings	Jacket Potatoes with selection of toppings	Jacket Potatoes with selection of toppings
Vegetables	Spiced Cauliflower	Broccoli	Sweetcorn	Carrots & Peas Shredded Cabbage	Garden Peas
Salads & Sandwiches	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads
Dessert	Hot dessert of the day Fresh Fruit Selection of Yoghurts	Cold dessert of the day Fresh Fruit Selection of Yoghurts	Hot dessert of the day Fresh Fruit Selection of Yoghurts	Cold dessert of the day Fresh Fruit Selection of Yoghurts	Hot dessert of the day Fresh Fruit Selection of Yoghurts

Food Allergies and Intolerances: Please speak to our staff about the ingredients in your meal when taking your lunch
Fresh cool drinking water always available