

Truro School Menu

Spring Term 2026 – Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread
Main Meal	Bolognaise or Chicken, Bacon, Mushroom Carbonara	Mexican Chicken Fajitas or Chilli Con Carne	Sweet & Sour Pork or Honey, Sesame, Soy Glazed Chicken	Roast Herb Chicken or Pork Escalope & Chimichurri	Haddock or Cornish Sausage
Vegetarian Meal	Lentils Bolognaise	Vegetarian Burritos	Quorn Sweet & Sour	Butternut Steak & Chimichurri	Pizza Margharita
Sides	Pasta Garlic Bread	Rice Salsa & Sour Cream	Egg Noodle Stir Fry Prawn Crackers	New Potatoes	Skinny Fries Baked Beans
‘Pasta Bar’ ‘Jacket Potato Bar’	Pasta with selection of sauces Jacket Potatoes with selection of toppings	Pasta with selection of sauces Jacket Potatoes with selection of toppings	Pasta with selection of sauces Jacket Potatoes with selection of toppings	Pasta with selection of sauces Jacket Potatoes with selection of toppings	Pasta with selection of sauces Jacket Potatoes with selection of toppings
Vegetables	Garden Peas	Piri Piri Butter Sweetcorn	Stir Fried Vegetables	Carrots & Peas Hispi Cabbage	Garden Peas
Salads & Sandwiches	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads	Selection of Sandwiches Selection of Salads
Dessert	Hot dessert of the day Fresh Fruit Selection of Yoghurts	Cold dessert of the day Fresh Fruit Selection of Yoghurts	Hot dessert of the day Fresh Fruit Selection of Yoghurts	Cold dessert of the day Fresh Fruit Selection of Yoghurts	Hot dessert of the day Fresh Fruit Selection of Yoghurts

Food Allergies and Intolerances: Please speak to our staff about the ingredients in your meal when taking your lunch
Fresh cool drinking water always available