

Co-Curricular Clubs and Activities Spring Term 2026

Day/Time	Club/Activity	Year Group(s)	Venue	Staff
MONDAY				
Before school club (8am - 9am)	Sport: Scholarship and Enrichment Plus (S&C session)	Year 10 - 13 (invited only)	Fitness Suite	FES
Lunch club 1 (1pm-1.30pm)	Girls' Football	All	SBA	GDH & RS
Lunch club 1 (1pm-1.30pm)	Philharmonia	Year 7 - 11	Music M1	SJW/RTO
Lunch club 1 (1pm-1.30pm)	Vocal Ensemble	All	Music M6	HMFE
Lunch club 1 (1pm-1.30pm)	Brass Group	All	Music M8	AP
Lunch club 1 (1pm-1.30pm)	Introduction to Calisthenics	All	SBA gym	JMW
Lunch club 1 (1pm-1.30pm)	Fitness Suite	All	SBA	SBA team
Lunch club 1 (1pm-1.30pm)	Metafit	All	SBA	JES
Lunch club 2 (1.30pm-2pm)	MineCraft Club	Year 7, 8	C1	ALO
Lunch club 2 (1.30pm-2pm)	Philosophy Enrichment - Essay Competitions and Logic Challenges	Year 12, 13	Room 86	BRI
Lunch club 2 (1.30pm-2pm)	Maths Enrichment Club	Year 7 - 11	CR3	IAC/SEM
Lunch club 2 (1.30pm-2pm)	Yr 8 Science Project - advice from Psychology	Year 8	85	ERS
Lunch club 2 (1.30pm-2pm)	Maths Enrichment Club	Year 11 FM, 12 and 13	Room 35	SAR / JBN
Lunch club 2 (1.30pm-2pm)	Geology Map Skills	Year 11	Room 7	RAB
Lunch club 2 (1.30pm-2pm)	Geology Competition Club	Year 12	Room 8	JHO
Lunch club 2 (1.30pm-2pm)	Creative Writing Club	All	Room 34	DOV
Lunch club 2 (1.30pm-2pm)	Games and Creativity Club	All	Trevel House	MCL / SHR
Lunch club 1 (1pm-1.50pm)	Trading Card Game Club	All	Room 36	RL
Lunch club (1pm- 1.50pm)	Sport: Scholarship and Enrichment Plus (S&C session)	Year 10 - 13 (invited only)	Fitness Suite	FES
After school club (4pm-5pm)	Fitness Suite	All	Gym	LAM/JMW
After school club (4pm-5pm)	Game Development and Programming Club	All	C1	ALO
After school club (4pm-5pm)	Football	Year 11 - 13	Fields	GDH & RS
After school club (4pm-5pm)	Junior Drama Club	Year 7 - 9	Room 51	HAH
After school club (4pm-5pm)	Homework Club	Year 10, 11	C2	DMM
After school club (4pm-5pm)	Maths Enrichment Club	Year 12, 13	Room 35	SAR / JBN
After school club (4pm-5pm)	Hockey	Year 9 - 13	Astro	GDO/SHH/PWW/VC
After school club (4pm-5pm)	Netball	Year 7, 8, 10, 11, Regional U18 squad (Jan only)	SBA	SJN
After school club (4pm-5pm)	Football	Year 7	Fields	DJS
After school club (4pm-5pm)	Rugby 7s	Year 11 -13	Fields	TME
After school club (4pm-5pm)	Swimming	All	Swimming Pool	KC
After school club (4pm-5pm)	The Art Of Drawing/Painting	Year 10, 11	A3	GDR/DJM
After school club (4pm-5pm)	Life Drawing	All	A2	MJB/DJM
After school club (4pm-5pm)	Life Drawing	All	A2	MJB/DJM
After school club (4pm-5pm)	Botanical Drawing/Painting/Print	Year 7 - 11	Studio 1 (Ceramics)	VJC
After school club (4pm-5.30pm)	Spring Kitchen	Year 9, 10	Cookery School	TMP
After school club (4pm-6pm)	Life Class	All	Studio 2	MJB/DJM
After school club (5pm-6pm)	Badminton (by invitation only)	Team players (invite only)	SBA	LNO and NJS
TUESDAY				
Before school club (7am - 8am)	Swimming (invite only)	All	Swimming Pool	JR
Before school club (8.10am - 8.40am)	Percussion Ensemble	All	Percussion Hut	SW
Lunch club 1 (1pm-1.30pm)	Senior Debating	Year 11, 12, 13	Room 31	AS
Lunch club 1 (1pm-1.50pm)	Dungeons & Dragons	All	Rooms 36 & 37	RL
Lunch club 2 (1.15-2pm)	Senior Debating	Year 11, 12, 13	Room 31	AS
Lunch club 2 (1.15-2pm)	Chamber Choir	All	Music M1	JAB/RTO
Lunch club 2 (1.00pm - 1.30pm)	Football	Year 7, 8	SBA	GDH & RS
Lunch club 2 (1.00pm - 1.30pm)	Fitness Suite	All	SBA	SBA team
Lunch club 2 (1.30pm-2pm)	Badminton (Year 7 by invitation only - boys and girls)	Year 7	SBA	CDA and Mr Morcom
Lunch club 2 (1.30pm-2pm)	Sport: Reflection & Performance Session	Sports Scholars & Enrichment +	Room 82	DJS
Lunch club 2 (1.30pm-2pm)	Maths Enrichment Club	Year 7 - 11	CR3	
Lunch club 2 (1.30pm-2pm)	Rugby 7s	Year 9, 10	Astro	TME
Lunch club 2 (1.30pm-2pm)	Games and Creativity Club	All	Trevel House	MCL / SHR
Lunch club 2 (1.15pm - 2pm)	Book Club	Year 7, 8, 9	Library	JEH
Lunch club 2 (1.30pm-2pm)	Samba	All	Percussion Hut	SW
After school club (4pm-5pm)	Football	Year 9, 11, 12, 13	Fields	GDH & RS
After school club (4pm-5pm)	Junior Strings	All (up to approx Grade 4 standard)	Music M8	MJL
After school club (4pm-5pm)	Art Enrichment Club	Year 10, 11	Studio 3	GDR/DJMMJB
After school club (4pm-5pm)	Homework Club	Year 10, 11	C2	IQ
After school club (4pm-5pm)	Symphony Orchestra	All	Music M1	RTO
After school club (4pm-5pm)	Music Theory - Beginners to Grade 5	All	Music M6	
After school club (4pm-5pm)	Psychology Enrichment	Year 12 - 13	Room 85	ERS
After school club (4pm-5pm)	Fitness Suite	Girls only	SBA	SBA team
After school club (4pm-5pm)	Hockey	Years 7, 8	Astro	JEO/PWW/VC
After school club (4pm-5pm)	Indoor Hockey	Years 9 - 13	SBA	SHH
After school club (4pm-5pm)	Judo	All	SBA	EM
After school club (4pm-5pm)	GCSE PE Trampolining	Year 11	SBA	EBI
WEDNESDAY				
Before school club (7am-8am)	Swimming	All	Swimming Pool	EBI and KC
Before school club (8am - 8.30am)	Year 10 Rock Band	Y10	Percussion Hut	TH
Lunch club 1 (1pm-1.30pm)	Year 9 Rock Band	Y9	Percussion Hut	TH
Lunch club 1 (1pm-1.30pm)	Metafit	All	SBA	JES
Lunch club 1 (1pm-2pm)	Pentathlon (epee) Club	Invitation only	Cornwall Fencing Centre	LRJ
Lunch club 2 (1.30pm-2pm)	Games and Creativity Club	All	Trevel House	MCL / SHR
Lunch club 2 (1.30pm-2pm)	Yr11 Rock Band	Y11	Percussion Hut	TH
After school club (4pm-5pm)	Fitness Suite	All	SBA	SBA team
After school club (4pm-5pm)	Pitchforks	Invitation only	Music M1	MJL
After school club (4pm-5pm)	Chess	All	Room 10	Mr Menadue
After school club (4pm-5pm)	Homework Club	Year 10, 11	C2	SFO
After school club (4pm-6pm)	Wargaming	All	Room 53	MHS

THURSDAY				
Before school club (8am - 8.50am)	Sax Ensemble	All	M8	RB
Before school club (8am - 9am)	Sport: Scholarship and Enrichment Plus (S&C session)	Year 10 - 13 (invited only)	Fitness Suite	FES
Breaktime (10.50-11.10)	CAT Team (Community Action)	All welcome	Room 55	NSK and TLC
Lunch club 1 (1pm-1.30pm)	Football	Year 9, 10	SBA	GDH & RS
Lunch club 1 (1pm-1.30pm)	Debating	Year 10 - 12	Room 31	AS
Lunch club 1 (1pm-1.30pm)	Fitness Suite	All	SBA	SBA team
Lunch club 1 (1pm-1.30pm)	Jazz Orchestra	All	Music M1	GC/MH
Lunch club 2 (1.30pm-2pm)	Netball	Year 9	SBA	SJN
Lunch club 2 (1.30pm-2pm)	Rugby 7s	Year 7, 8	Astro	TME
Lunch club 2 (1.30pm-2pm)	Careers Clinic	All	Room 55	NSK
Lunch club 2 (1.30pm-2pm)	RS Enrichment Club - Beyond GCSE	Year 11	Room 86	BRI
Lunch club 2 (1.30pm-2pm)	French Discussion Club	All	Room 63	CMM & CLB
Lunch club 2 (1.30pm-2pm)	Junior Debating	Year 7 - 9	Room 29	SB
Lunch club 2 (1.30pm-2pm)	Logic Puzzle Club	Year 7 - 9	Room 19	IAC
Lunch club 2 (1.30pm-2pm)	History Enrichment Club	Year 7 - 9	Room 52	GTO
Lunch club 2 (1.30pm-2pm)	Maths Enrichment Club	Year 7 - 11	CR3	Maths Teachers
Lunch club 2 (1.30pm-2pm)	Games and Creativity Club	All	Trevel House	MCL / SHR
Lunch club 2 (1.30pm-2pm)	Barbershop	All	Music M1	GC
Lunch club (1pm- 1.50pm)	Sport: Scholarship and Enrichment Plus (S&C session)	Year 10 - 13 (invited only)	Fitness Suite	FES
After school club (4pm-5pm)	Bronze Crest Science Award - STEM	Year 7, 8	B2	LLU + AJJ
After school club (4pm-5pm)	Football	Year 8, 10	Fields	GDH & RS
After school club (4pm-5pm)	Homework Club	Year 10, 11	C2	
After school club (4pm-5pm)	Fitness Suite	All	SBA	SBA team
After school club (4pm-5pm)	Badminton	Year 8, 9	SBA	LNO & TS
After school club (4pm-5pm)	Squash	Year 9 - 13	Squash courts	MS
After school club (4pm-5pm)	Swimming	All	Swimming Pool	KC
After school club (4pm-5pm)	Running For Fitness	All	Fields	GC & SHH
After school club (4pm-5pm)	Badminton	Year 7 - 9	SBA	LNO
After school club (4pm-5pm)	Windband	All	M1	AP and RB
After school club (5pm-6pm)	Squash	Year 7, 8	Squash courts	MS
After school club (5pm-6pm)	Badminton	Year 10 -13	SBA	LNO
FRIDAY				
Before school club (7am-8am)	Swimming	All	Swimming Pool	EBI and KC
Before school club (7am-8.45am)	Squad Tennis (invite only)	All	SBA	SA
Before school club (8.10am-8.40am)	Sport: Performance Support (Sport Scholars and Enrichment + only)	All	Rm 80	FES
Before school club (8.15am-8.45am)	Junior Choir	Year 7 - 9	Music M1	RTO
Lunch club (1pm-1.30pm)	Metafit	All	SBA	JES
Lunch club (1pm-1.30pm)	Minecraft Club	Year 9	C1	ALO
Lunch Club 1.15p, - 2pm	Badminton	Year 7	SBA	ADC
Lunch club 2 (1pm-1.30pm)	Project 1	Year 9 - 11	Music M8	SJW
Lunch club 2 (1pm-1.30pm)	Football	Year 11,12,13	SBA	RS
Lunch club 2 (1pm-1.30pm)	Fitness Suite	All	SBA	SBA team
Lunch club 2 (1.30-2pm)	Chemistry Extension Sessions	Year 10 - 13	Room 13	JEO
Lunch club 2 (1.30-2pm)	Football	Year 11,12,13	SBA	Sports
Lunch club 2 (1.30pm-2pm)	Games and Creativity Club	All	Trevel House	MCL / SHR
Lunch club 2 (1.30-2pm)	Gardening Club	Year 7 - 9	Back of music	FLT
After school club (4pm-5pm)	Piano Quartet	Invitation only	Music M1	MUL
After school club (4pm-5pm)	Chess	All	Room 10	Mr Menadue
After school club (4pm-5pm)	Beginners Tennis	All	SBA	SA
After school club (4pm-5pm)	Fitness Suite	All	SBA	SBA team
After school club (4pm-5pm)	Art Enrichment Club	All	Studio 3	AMR
After school club (5pm-6pm)	Intermediate Tennis	All	SBA	SA
After school club (4pm-6pm)	Wargaming	All	Room 53	MHS
Notes:				
Lunchtime club 1 runs from 1pm-1.30pm. All pupils will then go to lunch at 1.35pm, or, a teacher will pre-order and supervise the eating of packed lunches				
Lunchtime club 2 runs from 1.30pm-2pm. All pupils will have lunch using the rota, or a teacher will pre-order and supervise the eating of packed lunches				
There are no co-curricular early lunch passes due to the volume of pupils involved in clubs.				
<p>IMPORTANT COOKERY CLUB INFORMATION: Cookery clubs are from 4pm to 5.30pm in the cookery school. The first session will be devoted to a simple cook and a revision of thorough washing up and kitchen food and hygiene safety. All ingredients and takeaway containers will be provided and there will be a charge of £5 for the first session and then £12 per session. This will be charged in arrears on the school bill. Students sign up for the whole term. If your child is unable to attend a class or is sick, we can provide the ingredients for collection on the day or the day after. If we receive no notice and ingredients have been bought, you will be charged for the session.</p> <p>To reserve a space please email cookeryclubs@trurosschool.com clearly stating the name of the pupil, year group and cookery club. Please be aware that the cookery school is not a nut free environment, and whilst recipes can sometimes be adapted we cannot ensure that the cookery school is free of nuts.</p>				
** Dance Classes are a payable activity. If you would like to find out further information and/or sign up you child please email Ms Helliings co-curriculum@trurosschool.com				