TRURO SCHOOL

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Truro School Autumn Term 2023

Week Three Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread
Main Course	Main Course	Main Course	Main Course	Main Course	Brunch	Brunch
Sweet and sour Pork chow Mein ***** Sweet and sour Quorn Chow Mein	Cornish sausage ***** Vegetable sausages	Chicken tikka masala ****** Roast Pepper and squash Balti	Roast turkey with sage and onion stuffing ****** Stuffed aubergine	Fish of the day ***** Cornish sausage ***** Spiced vegetable poppadum bowl with minted yogurt	Full Cornish breakfast Cornish sausage, Bacon, Hogs pudding, Hash Browns, Grilled Tomatoes, Baked Beans, Eggs to Order ***** Continental Breakfast Croissants, Mixed Danish Pastries, Muffins, Cereals, Yoghurt Bar, Fresh Fruit, Toast, Preserves ***** Family Favourites Chicken nuggets Fish Fingers Gammon Steaks ***** French Fries	Full Cornish breakfast Cornish sausage, Bacon, Hogs pudding, Hash Browns, Grilled Tomatoes, Baked Beans, Eggs to Order ***** Continental Breakfast Croissants, Mixed Danish Pastries, Muffins, Cereals, Yoghurt Bar, Fresh Fruit, Toast, Preserves ***** Family Favourites Chicken nuggets Fish Fingers Gammon Steaks ***** French Fries
Potato & Vegetables	Potato & Vegetables	Potato & Vegetables	Potato & Vegetables	Potato & Vegetables		
Fried rice Roasted 5 spiced carrots Greens beans and Chinese cabbage	Creamy Mash Broccoli Garden Peas Baked beans	Turmeric rice Vegetable and lentil dahl Bombay spiced new potatoes	Roast potatoes Baton carrots Cabbage and caraway	Chunky chips Garden peas Mushy peas Baked beans		
Desserts	Desserts	Desserts	Desserts	Desserts		
Dessert of the day Fresh fruit salad	Dessert of the day Fresh fruit salad	t Dessert of the day Fresh fruit salad	Dessert of the day Fresh fruit salad	Dessert of the day Fresh fruit salad		
Servery 3	Servery 3	Servery 3	Servery 3	Servery 3		
Pasta With a choice of sauces Jacket potatoes with a choice of toppings	Pasta With a choice of sauces Jacket potatoes with a choice of toppings	Pasta With a choice of sauces Jacket potatoes with a choice of toppings	Pasta With a choice of sauces Jacket potatoes with a choice of toppings	Pasta With a choice of sauces Jacket potatoes with a choice of toppings		
Servery 3	Servery 3	Servery 3	Servery 3	Servery 3		
Salad bar Hot snacks Selection of Sandwiches	Salad bar Hot snacks Selection of Sandwiches	Salad bar Hot snacks Selection of Sandwiches	Salad bar Hot snacks Selection of Sandwiches	Salad bar Hot snacks Selection of Sandwiches		