TRURO SCHOOL

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Truro School Autumn Term 2023

Week Two Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread	Homemade soup of the day with freshly baked bread
Main Course	Main Course	Main Course	Main Course	Main Course	Brunch	Brunch
Chicken and sweet pepper fajitas ******* Vegetable Burritos	Meatball Marinara ******* Vegetable meatball Marinara	Southern fried chicken ****** Southern fried quorn escalope	Roast beef and Yorkshire pudding ****** Roasted sweet pepper crowns with goats cheese	Fish of the day Cornish sausage ***** Spring rolls with curry sauce	Full Cornish breakfast Cornish sausage, Bacon, Hogs pudding, Hash Browns, Grilled Tomatoes, Baked Beans, Eggs to Order ***** Continental Breakfast Croissants, Mixed Danish Pastries, Muffins, Cereals, Yoghurt Bar, Fresh Fruit, Toast, Preserves ***** Family Favourites Chicken nuggets Fish Fingers Gammon Steaks ***** French Fries	Full Cornish breakfast Cornish sausage, Bacon, Hogs pudding, Hash Browns, Grilled Tomatoes, Baked Beans, Eggs to Order ***** Continental Breakfast Croissants, Mixed Danish Pastries, Muffins, Cereals, Yoghurt Bar, Fresh Fruit, Toast, Preserves ***** Family Favourites Chicken nuggets Fish Fingers Gammon Steaks ***** French Fries
Potato & Vegetables	Potato & Vegetables	Potato & Vegetables	Potato & Vegetables	Potato & Vegetables		
Braised Mexican rice Sweetcorn sweet peppers Salsa /sour cream Crushed tortillas	Penne pasta Garlic Bread Garden peas Shredded iceberg	Spiced Wedges Bbq beans House slaw Mixed salad/Bacconaise	Roast new potatoes Baton carrots Shredded cabbage	Chunky chips Garden peas Baked beans		
Desserts	Desserts	Desserts	Desserts	Desserts		
Hot dessert of the day Fresh fruit salad	Cold dessert of the day Fresh fruit salad	Hot dessert of the day Fresh fruit salad	Cold dessert of the day Fresh fruit salad	Hot dessert of the day Fresh fruit salad		
Servery 3	Servery 3	Servery 3	Servery 3	Servery 3		
Pasta With a choice of sauces Jacket potatoes with a choice of toppings	Pasta With a choice of sauces Jacket potatoes with a choice of toppings	Pasta With a choice of sauces Jacket potatoes with a choice of toppings	Pasta With a choice of sauces Jacket potatoes with a choice of toppings	Pasta With a choice of sauces Jacket potatoes with a choice of toppings		
Servery 3	Servery 3	Servery 3	Servery 3	Servery 3		
Salad bar Hot snacks Selection of Sandwiches	Salad bar Hot snacks Selection of Sandwiches	Salad bar Hot snacks Selection of Sandwiches	Salad bar Hot snacks Selection of Sandwiches	Salad bar Hot snacks Selection of Sandwiches		