

Friday Bulletin

14 MAY 2021: TRURO SCHOOL NEWS AND UPDATES

Dear parents, carers, and guardians

I hope you have had a good week. School has been purposeful as always, and we have been recognising the importance of mental health week. Wellbeing and being well are central to our school's community and are supported in all we do. My own highlight this week was being passed a tennis racket during a Wednesday Afternoon Activity and then most enjoyably defending myself from the barrage of excellent ground strokes that then came my way at the net! Coeducational sport and our co-curriculum are central to our educational vision and we all look forward to renewed and fun activity as soon as it is safe.

In Chapel there has been reflection on the meaning and importance of love, and the respect for others that is at its heart. As we look beyond ourselves to the wider country and to troubled parts of our world at this time, this reflection has been particularly apt. It is also a theme that links to the contents of my letter today, that is being sent out via School Comms, regarding changes and continuities in our Covid-safe measures, to be in place from Monday. With greater choice and freedom comes enhanced responsibility, and that responsibility is best exercised from a position of genuine care for others – of compassion, of love, and of respect for difference. Please do read this letter and discuss its contents with your children. Here at school, we are all excited about the future and look forward with confidence.

For parents and pupils of the 5th Year or Upper Sixth looking ahead to our bridging courses after assessments end, we remain keen to provide you with an outline of the programme before half term. The programme will be choice driven and will support the interests and futures of pupils of all different pathways, be they ongoing academic study or not. It will involve limited contact time to support the wider work of staff and the wider interest of pupils outside school at that time. It will also balance remote and on-site provision to mean pupils are not needed to travel more than necessary.

I wish you and your children a very happy weekend, at home, in our boarding houses, or wherever you are accessing this bulletin from.

Mr A Johnson
Head

Important information regarding Cornwall School's Track and Field Championships 2021 is on page 6

Diary Dates

Saturday 15 May

Girl Choristers: Cathedral Choir recording session Location: Truro Cathedral, 1500

Duke of Edinburgh's Award: 4th Year Silver Group practice Expedition Location: Bodmin (returns Sunday)

Monday 17 May

1L Charity week

Week A

Lower Sixth: Senior Prefect Application deadline

Tuesday 18 May

Lower Sixth: L6A Leith's Mock CTH Exam Location: Cookery School, 11.10am

Tempest Photographs: 5th Year and Upper Sixth Group Photos Location: Lower Front Terrace, 1330

Thursday 20 May

Lower Sixth: L6C Leith's Mock CTH Exam Location: Cookery School, 11.10am

Music: 1st Year PIPP Music Concert Location: Chapel, 1615

Friday 21 May

Charity Day (non-uniform)

Saturday 22 May

Duke of Edinburgh's Award: 3rd Year Bronze Group practice Expedition Location: North Coast (returns Sunday)

LAMDA Exams Location: Burrell Theatre (continues on Sunday)

Next week's clubs and activities can be viewed on pages 8 and 9



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Mental Health Week 2021

On Mental Health Week 2021, this year's theme is #ConnectwithNature. Research conducted by the Mental Health Foundation showed that in the past year, going for walks outside was one of our top coping strategies and 45% reported that being in green spaces was vital for our mental health. Fortunately, Truro School is in a part of the world surrounded by vast greenery and open seas all on our doorstep.

With Covid restrictions relaxing, last weekend the first DofE expedition of the year was able to go ahead, exploring the old mining trail from Devoran to Portreath, a route that wonderfully intertwines manmade mine ruins with the natural landscape, and is steeped in history at every stop. The School's Outdoor Pursuits department is entirely dedicated to this very idea of spending time amongst our natural world, whether that's conquering the steepest tor and jumping over boggy moorland, or learning to put up a tent in challenging weather. These DofE and Ten Tors challenges are proven ways to getting back to basics connecting with nature.

Here on the school site, our grounds are blessed with fields that stretch out into the countryside, dotted with pockets of green areas which the estates team are dedicated to making the most of, creating a colourful, natural haven and welcoming environment around every corner. The school crest created from flowers, flower beds lining the steps, and planting trees for a new generation, are just part of the gardeners' busy schedule of planting species by the season.

Tom, one of the groundsman team, said: "Being outdoors gives you time to think and be away from the distractions and pings on your device. The influence of nature's sounds, colours, and smells are massively important on your wellbeing and a good garden should stimulate all these senses, which is why we invest so much time in planting a diverse range of plants and trees. For example, the newly sowed native wildflower meadows will provide a habitat for small mammals and invertebrates and will boost biodiversity. Species include wild carrot, corn cockle, birds foot

trefoil, meadowsweet, and corn marigold which are all important for our native butterflies and bees."

Elsewhere, be-loved school dog Bumble (pictured below) is over a year into his role as a support companion. Bumble is often used by staff and pupils to go for a walk on site during the school day. Mrs Flowers, learning support teacher and Bumble's owner, commented: "Even just gentle exercise like walking and fresh air gives people time to process the day and take a breath."

In addition, Mrs Flowers is now offering early morning dog walks every Wednesday with the two of them around Tresillian, providing a chance to get in some fresh air and canine fulfilment to start your day. It's important to remember that although Mental Health Week is a week, it is never too late to connect with our natural surroundings and a slice of nature can be integrated to your daily routine. For top tips, visit the [Mental Health Foundation website](#).



Mental Health
Foundation



Watch the promo video





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Truro School teachers launch G7 resources



We are really pleased to be working with Sing2G7 to launch our G7-themed educational resources to primary and secondary schools across the world.

The recently launched Sing2G7 is an international programme designed to put children’s voices at the heart of G7 2021 and make the Summit relevant to their young lives.

The resources, which include lesson plans and fun activities for Key Stages 1, 2 and 3, have been created by our teachers, for teachers, in time for the UK’s hosting of the G7 Summit this June in Carbis Bay, Cornwall. They are available to download free from the Sing2G7 website.

The educational resources follow last week’s release of the Sing2G7 song ‘Gee Seven’, created for the project by Sir Tim Rice and Peter Hobbs. The song invites young singers across the globe to learn, sing and share their renditions of Gee Seven.

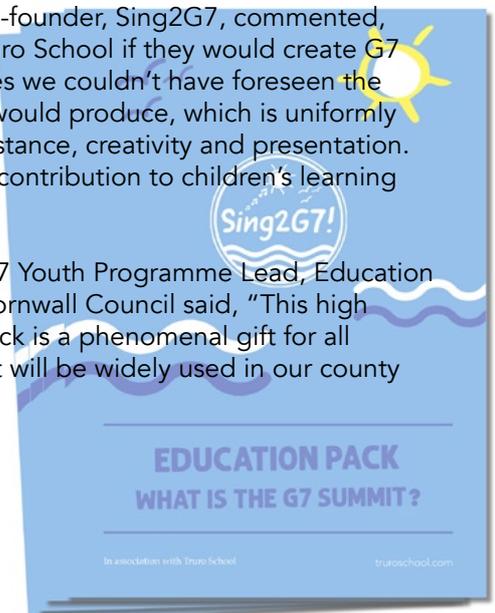
Sarah Patterson, Head of Truro School Prep, commented, “I am really excited to think that schools in Britain, Europe and across the planet will have the perfect opportunity to connect as we encourage our children to consider issues such as leadership, sustainability, and what it really means to be global citizens. Already thousands of voices worldwide have signed up to sing the Gee Seven song and I am thrilled at the possibilities this project presents in uniting children and teachers across the world to make G7 relevant to other children and for children everywhere to have a voice in the event.

“The whole premise of the Sing2G7 project is how do we make the G7 relevant to children and how do we put them and their voices at the heart of the summit. With this in mind we are delighted to share some ideas and lesson plans, and some fun activities, from our school to yours as we approach the G7 Summit. We hope that the lessons stimulate conversation and consider some of the issues that will be discussed.”

Co-founders Christopher Gray and Esmé Page expect a similar take-up of the Edu-pack, Esmé said, “Gee Seven is a great springboard to get young children interested in G7 and to find their voice. With this outstanding education pack, teachers can harness that initial enthusiasm and go much deeper into G7 2021 agenda areas, such as climate change, the pandemic and poverty.

Christopher Gray, co-founder, Sing2G7, commented, “When we asked Truro School if they would create G7 educational resources we couldn’t have foreseen the scope of what they would produce, which is uniformly impressive in its substance, creativity and presentation. It will be a powerful contribution to children’s learning wherever it’s used.”

Rachel Delourme, G7 Youth Programme Lead, Education Leadership Team, Cornwall Council said, “This high quality education pack is a phenomenal gift for all teachers. We hope it will be widely used in our county and beyond.”



[Read more >](#)



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James' triathlon fundraiser

1st Year James has decided to take on a big fundraising challenge lasting the month of May in memory of his younger brother, who was stillborn.

Named 'May Madness' James will be running 3km, cycling 3km, and rowing 1km everyday for 30 days, which he started on 2 May, to raise money for Tommy's, a charity that 'funds medical research into the causes of premature birth, stillbirth and miscarriage, and provides an information service about health in pregnancy'.

James said: "Ever since my brother Harry was stillborn, I have wanted to help others going through the same, and reduce the risk of it happening to others. Harry will always be part of our family and is sorely missed. My aim is just to make a difference, however small."

James has some equipment at home that he uses to reach his daily targets, but also likes to loop around his local area in Bodmin.

James added: "This will be hard to achieve some days as I will have to fit it in around school and clubs, which will mean some early starts and late finishes."

To help James reach his target, visit his [justgiving page](#).



DofE expeditions restart

There has never been a more important time for young people to connect with nature and we are grateful that, despite the weather, our 4th Year were able to interact with all aspects of our environment over the weekend. From refreshing their 'putting up a tent' skills to using a trangia to cook with, the 4th Years fully embraced their Bronze DofE training along the Bissoe Trail last weekend. Great work 4th Year!





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Mr Johnson joined the WAA tennis group this week for a spot of fresh air and exercise with the players.



Only one way to find out if the 1st Years' bridges are strong enough...



**TRURO
SCHOOL**

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**CORNWALL SCHOOLS ATHLETIC ASSOCIATION
CORNWALL SCHOOLS TRACK AND FIELD CHAMPIONSHIPS 2021**

Dear Parents,

The Cornwall schools track and field championships, will take place at Par Track, St. Austell, at 10 am on Saturday 12th June 2021.

There are changes to how the day will run and we have highlighted these changes below. We have received this information from the Cornwall Schools Athletic Association.

- The school cannot enter more than three athletes per event.
- For this year, for the safety of athletes and officials, we can only enter those athletes as per the standards on the entry form (which will be explained below).
- Each athlete can be entered for a maximum of two individual events.
- There are to be no relay races this year.
- Junior girls can only compete in one middle distance event.
- There are no places for 1st year pupils.

Standards are a set of minimum times and distances that an athlete must be capable of achieving. Cornwall Schools Athletic Association will have stipulated this to reduce numbers and ensure the event is able to go ahead safely. I recommend that only pupils who are seriously interested in athletics, should put their names forward but I of course understand that there will be pupils who are genuinely interested in competing and feel they are able to meet the criteria. I ask that any parent who would like their child to be involved, to contact sportsadmin@truroschoo.com with the subject heading **Cornwall schools track and field championships**. We will then communicate more details to those who are able to compete.

It is always disappointing to reduce opportunities for our pupils, especially when they involve keeping active and spending time with their friends but we have a strict criteria to follow from Cornwall Schools Athletic Association. It is fantastic to see that they are working hard to stage the event and I am very grateful for their hard work in running the championships.

Thank you for your support,

Yours sincerely,

Dan Sanderson
Director of Sport



Friday Bulletin



MULTI SPORT
ACTIVITY CAMP
Tuesday 1st - Friday 4th June

**BUBBLE FOOTBALL,
 STREET SURFING,
 SWIMMING,
 NERF WARS,
 LOTS OF GAMES
 AND EVEN MORE FUN.**



SIR BEN AINSLIE
SPORTS CENTRE




TRURO SCHOOL

YOUTH SPORT TRUST: SURVEY



Please could you ask your children to complete the following PE, Sport and Physical Activity Survey on behalf of the Youth Sport Trust. The survey will take around 15 minutes to complete. Any information that is written on the questionnaire will be kept safe and will only be seen by the research team. The overall findings will be shared with your school and other partners, but names will not be used.

<https://wh1.snapsurveys.com/s.asp?k=162081357397&u=TR12BS>

Co-Curricular Clubs and Activities - Summer Term 2021

| | | 1st Year | 2nd Year | 3rd Year |
|-----------------------|--|--|---|--|
| Monday | AM | | | Girl Choristers (Chapel) |
| | Lunch 1 | ECO (Teams) FLT Week B | | |
| | Lunch 1 | B Natural Pop choir (Chapel) | | |
| | Lunch 1 | Physics Model Club (Rm 11 - RMW/RJM) | | |
| | Lunch 1 | Bronze Award Science Crest Club Week B (B2) CMO | | |
| | Lunch 1 | DT - CAD (workshops) LRC | | |
| | Lunch 2 | | | Table Tennis (SBA) LAM |
| | Lunch 2 | | | |
| | PM - 4pm start | Homework club (C1) | Homework club (Library) | Homework club (C2) |
| | PM - 4pm start | Sock creature club (Room 50) MED | Historical Fiction Club (Room 61) NSK | Music Theory From Beginners to Grade 5 (Rm 30) RMV |
| | PM - 4pm start | High Performance Fencing - invite only. LRJ | High Performance Fencing - invite only. LRJ | High Performance Fencing - invite only. LRJ |
| | PM - 4pm start | Drama (Burrell Theatre) BTO | Mindfulness (Room 30) KAH | ECO (Teams) FLT |
| | PM - 4pm start | ECO (Teams) FLT | ECO (Teams) FLT | Football (Fields/Astro) GDH |
| | PM - 4pm start | Cricket (Fields/SBA) cricket staff | Cricket (Fields/SBA) cricket staff | Rounders (Fields) SAR |
| PM - 4pm start | Rounders (Fields) EBI | Rounders (Fields) SEM + JHO | Electronics Club (Room 10) ALL | |
| PM - 4pm start | Print Club (Art Studio 3) Week B VJC | | Print Club (Art Studio 3) VJC | |
| Tuesday | AM | | | Girl Choristers (Chapel) |
| | Lunch 1 | First Year Band (TAH) AP | | |
| | Lunch 1 | | Model Making (Room 9) RMW | |
| | Lunch 1 | | Table Tennis (SBA) LAM | |
| | Lunch 2 | | | 3rd Year Band (TAH) PJT |
| | Lunch 2 | | | |
| | PM - 4pm start | Homework club (C1) | Homework club (Library) | Homework club (C2) |
| | PM - 4pm start | High Performance Fencing - invite only. LRJ | Feel Good Food' (Cookery School) 4 - 5.30pm MAT | High Performance Fencing - invite only. LRJ |
| | PM - 4pm start | Swimming * (pool) | High Performance Fencing - invite only. LRJ | Squash (courts) TS |
| | PM - 4pm start | Football (Fields/Astro) AW | Football (Fields/Astro) GDH | Cricket (Fields/SBA) cricket staff |
| | PM - 4pm start | Print Club (Art Studio 3) Week A VJC | Science fair club - Week B only (lab 14) TLC | Studio Time (Art studio 2) |
| | PM - 4pm start | | | |
| | PM - 5pm start | | | Basketball (SBA) LS |
| | Wednesday | AM | | |
| AM | | | | B Natural Pop Choir (TAH) TJB |
| Lunch 1 | | | | |
| Lunch 2 | | | | |
| PM - 4pm start | | Homework club (C1) | Homework club (Library) | Homework club (C2) |
| PM - 4pm start | | High Performance Fencing - invite only. LRJ | High Performance Fencing - invite only. LRJ | High Performance Fencing - invite only. LRJ |
| PM - 4pm start | | | Reading Club (room 66) TJE | Fashion design club (art studio 2) DAG |
| PM - 4pm start | | | Chess (Rm 9) Mr Menadue | |
| Evening | | | | |
| Thursday | AM | | | Girl Choristers (Chapel) |
| | Lunch 1 | DT - Work shop time for project completion (CHB) | | |
| | Lunch 1 | Bronze Award Science Crest Club Week A (B2) CMO | | |
| | Lunch 1 | | | |
| | Lunch 2 | | 2nd Year Band (TAH) SJW | Chess (Room 38) ADC |
| | Lunch 2 | | | |
| | Lunch 2 | | | |
| | Lunch 2 | | | |
| | PM - 4pm start | Homework club (C1) | Homework club (Library) | Homework club (C2) |
| | PM - 4pm start | Geology Club (Room 8) IGK/WMV | High Performance Fencing - invite only. LRJ | Fresh is best' (Cookery School) MAT |
| | PM - 4pm start | High Performance Fencing - invite only. LRJ | Cricket Match (Week A) | High Performance Fencing - invite only. LRJ |
| | PM - 4pm start | Cricket Match (Week A) | Athletics (Fields) | Cricket Match (Week B) |
| | PM - 4pm start | Athletics (Fields) | Tennis (courts) until 5.30pm | Athletics (Fields) |
| | PM - 4pm start | Tennis (courts) until 5.30pm | Life Class until 6pm (Art dept) DJM. Year group rotation | Swimming * (pool) |
| PM - 4pm start | Life Class until 6pm (Art dept) DJM. Year group rotation | Science fair club - Week B only (lab 14) TLC | Life Class until 6pm (Art dept) DJM. Year group rotation | |
| PM - 4pm start | Academic Scholars Club (Teams) JEH | Squash (courts) | Tennis (courts) until 5.30pm | |
| PM - 4pm start | Badminton (LNO) | Ceramic Club (Art studio 1) MJB | | |
| PM - 5pm start | | | Badminton (SBA) LNO | |
| Friday | AM | | | |
| | Lunch 1 | Book Club JEH | 2nd Year Boys singing group (M1) PJT | |
| | Lunch 1 | Squash (Courts) LAM | Geology Mineral Tumbling Club (Room 8) JHO | |
| | Lunch 1 | | Creative Writing (room 66) TJE | |
| | Lunch 1 | | | |
| | Lunch 2 | | | 3rd Year Vocal Group (M1) PJT |
| | Lunch 2 | | | Art Colour Pencil Club (Art Studio 3) |
| | Lunch 2 | | | |
| | Lunch 2 | | | |
| | PM - 4pm start | Homework club (C1) | Homework club (Library) | Homework club (C2) |
| | PM - 4pm start | Wargaming (Rm53) MHS | Swimming * (pool) | Drama (Burrell Theatre) JRE |
| | PM - 4pm start | Chess (Rm 9) Mr Menadue | | |
| | PM - 4pm start | High Performance Fencing - invite only. LRJ | High Performance Fencing - invite only. LRJ | High Performance Fencing - invite only. LRJ |
| | PM - 4pm start | | Cookery - 'Bake for the Weekend' takeaway cookery kit (MAT) | |

Lunchtime 1, eat from 12.05pm - 12.30pm then club will run from 12.35pm – 1.05pm

Lunchtime 2, eat from 12.55pm - 1.20pm then club will run from 1.25pm – 1.55pm.

Lunch 1 is for 1st and 2nd years except Thursdays when it is for 1st and 4th years.

