



**TRURO  
SCHOOL**

# COVID-19 SELF-TESTING INSTRUCTIONS

Following the successful roll out of the first 3 on-site tests, we are pleased to move to a home testing model for all pupils.

In order for self-testing to be carried out effectively, as you will see in the guidance, there are some actions to take before, during and after administering the test. Please read the information below and talk through the process with your children to provide reassurance of the approach.

## All pupils should have received:

- Two boxes of self-testing kits. Please note these are solely for the use of pupils. If parents would like to order additional test kits for their use please see the bottom of page 3.
- A blue leaflet titled 'Your step-by-step guide for COVID-19 self-testing'.

Two boxes of self-testing kits



Blue leaflet



## When should my child take the test?

Children should test themselves twice a week at home.

We recommend testing every Sunday and Wednesday evening, starting Sunday 21 March and continuing over the Easter holidays.

An additional box of test kits will be given to all pupils before the end of term.

## How do children take the test?

- 1 Please read the official guidance within the blue leaflet very carefully before beginning the test.

*NB The self-testing box also contains an instruction leaflet. Please dispose of the leaflet in the box and use the separate blue booklet.*

- 2 Watch a short video demonstration at <https://www.youtube.com/playlist?list=PLvaBZskxS7tzQYIVg7lwH5uxAD9UrSzGJ>



You can also find further self-test help at [www.gov.uk/guidance/covid-19-self-test-help](http://www.gov.uk/guidance/covid-19-self-test-help)

- 3 Take the test
- 4 Record your results (positive and negative) online at [www.gov.uk/report-covid19-result](http://www.gov.uk/report-covid19-result)  
You only need to notify Truro School if you receive a positive test.  
*NB The self-test reporting web address is different to the one used by pupils for on-site testing.*

## What do I do if the result shows a positive result?

Notify Truro School immediately by email [CSG@truroschoo.com](mailto:CSG@truroschoo.com) so that we can initiate our track and trace procedures

and

Record your result at [www.gov.uk/report-covid19-result](http://www.gov.uk/report-covid19-result). The website will provide you with further information on your next steps, including how to book a PCR test.

## Handy Tips

Identify a space where you can administer the test

Set aside a time to do the test - if possible, set a reminder on your phone. Please avoid eating and drinking for 30 mins before taking your test.

Save the link to report your test results on the home page of your phone

## Self-testing for boarders

### Full boarders

Full boarders should self-administer their tests in the boarding houses during the evenings of Sunday 21, Wednesday 24 March and Sunday 28 March. Boarding staff will be available to help. All boarders will be given sufficient test kits to continue the testing schedule over the Easter holidays.

### Weekly boarders

Weekly boarders should self-administer their tests with their parents help just prior to their return to boarding on Sunday 21 March and Sunday 28 March. They should present boarding staff with the negative test result e-mail or text before entering the house. They should self-administer their tests in the boarding houses during the evening of Wednesday 24 March when boarding staff will be available to help administer the test. All boarders will be given sufficient test kits to continue the testing schedule over the Easter holidays.

### Return to boarding in April

All boarders should self-administer tests during the holidays and just before travelling back to boarding on Monday 19 April. They should present boarding staff with the negative test result e-mail or text before entering the house. They should also return with their test kits ready for testing on Wednesday 21 April and Sunday 25 April.

### Boarders currently overseas

Boarders currently overseas must comply with UK Government guidance by taking a test prior to flying back to the UK, and booking tests to be taken on day 2 and day 8 of quarantine. As soon as they complete their quarantine and return to school, they will be provided with testing kits.

## Self-testing kits for parents or others in your household

You can order kits to test your household, childcare bubble or support bubble if at least one member:

- is a school, nursery or college pupil
- works in a school, nursery or college (this includes temporary workers or volunteers)

Find out more here > <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>