



Friday Bulletin

FRIDAY 12 FEBRUARY: NEWS, NOTICES AND FORTHCOMING EVENTS

Dear Parents and Carers

As we reach half way through this challenging term, I reiterate my thanks to you, your children, and our staff. I am very proud of what they, and you, are achieving, and as my video message makes clear, this gives me great confidence for the future.

My thanks go to all of you who submitted questions to our weekly series of parental Q&As this term. I have, with colleagues, found those opportunities to listen, and to share our thinking in more depth, invaluable. Across the next half of term I will be looking for ways to draw on your reflections to support longer term school planning too, and the school will be in touch in that regard in due course. We will also keep you informed as to our responses to the anticipated government announcements over lockdown generally and education specifically, scheduled for 22 February. On that note, we have discovered that some emails have landed in spam accounts for some parents, so please do double check that mail from Truro School is cleared for your inboxes, if you are in any doubt.

Our [lockdown learning page on the website](#) continues to share news and information to support our community at this time, both for Prep and Senior Schools. It is especially heart-warming to see the growing number of stories about pupil curiosity, creativity, compassion and courage, and to be able to celebrate them in assemblies and tutorial time. Amidst the good days and bad days that they (and all of us) have, your children continue to inspire and motivate us, and we will miss them being on site until they are safely back. Over the half term they must rest and have fun (safely!). I have given the same message to staff, who likewise must switch off and take as much of a break from their screens as they can too.

As the sunlight gradually increases (and hopefully the temperature too), I wish you all my very best for the week ahead, and look forward to being in touch when term resumes again.

Mr A Johnson



Confidence

"I am confident of the pupils' exciting futures, therefore, but also for our school. We are fortunate to be part of and backed by the wider Methodist Independent Schools Trust, with its collective wisdom, experience and resources. Planning for Truro School's future is mindful of Covid, but is not being deflected by it."

"You are central to all we do. We miss you on site and we look forward to welcoming you back just as soon as we can."

Mr Johnson reflects on confidence in his weekly address. Click on the image to view.



Friday Bulletin



Handel's Messiah in 15 minutes

Dear Pupils, Parents, Friends & Guardians

Truro School Choirs - Handel's Messiah in 15 minutes.

In a normal year we join with Truro Choral Society, a professional orchestra and soloists to put on large-scale choral concerts in the fitting surrounds of Truro Cathedral. Obviously, this is not possible at the moment, however, we are not going to let a lockdown stop us from performing great music!

So far this year we have put together two virtual performances – if you have not already seen them, here they are:

- From Lockdown 1 - we were thrilled that BBC Radio 3 broadcasted the sound track to this over the summer.

Listen here > <https://youtu.be/dnZ1gH52kv4>

and

- At Christmas, together with local composer, Russell Pascoe

Listen here > <https://youtu.be/12vHOQl3yPw>

This term we are hoping to put together a vast, virtual performance of Handel's Messiah in 15 minutes with all our singers, staff and pupil orchestra and soloists (Gracie, Talulla, Lucy, Mrs Vaughan, Mr Thomson and Mr Hounsell).

In order to take part, all you need to do is:

- Turn up on Teams (the code is il6qyr5) on Mondays from 5.00pm to 5.24pm and join the rehearsal muted (so don't worry, no-one will be able to hear you), and
- A few weeks later (once I have provided you with a backing track) sing along and video yourself on your phone. Then, upload this file to the school and we will spend a few weeks 'gluing' it all together. More precise details will follow.

It should be fun! Looking forward to working with you.

Martin Palmer BMus, FRCO, LRAM, LRSM
DIRECTOR OF MUSIC

Diary Dates

MONDAY, 15 FEBRUARY

Half Term begins

FRIDAY, 19 FEBRUARY

Half Term ends

Message from the Rev



"Parenting as any parent knows can be a huge blessing, and at times a huge challenge."

Revd Aubin de Gruchy talks about good mental health, relationships and wellbeing in this week's message from the Truro School chapel.

Useful Documents



Useful documents, aimed at supporting remote education during the current lockdown, are available on our website [HERE](#)



TRURO SCHOOL

Friday Bulletin

New Sixth Form Football Programme



Football Programme

Truro School's Football Programme in conjunction with Saints South West
Lead Coach: Alex Watson

Truro School has partnered with leading football development centre, Saints South West, to provide Sixth Form students with a unique football programme. The programme has been designed to offer first-class football coaching alongside theoretical sessions, enabling boys and girls to further their footballing journey and gain professional football qualifications alongside their A-Levels or associated courses.

PROGRAMME

The Truro School Football Programme delivers coaching and medical qualifications, leadership experience opportunities, a chance to earn in the holidays and a high-quality practical footballing experience, on and off the pitch.

The flexibility it offers ensures that a good balance between this programme and the student's academic studies is attainable and sustainable.

In designing this programme, we put our students' academic commitments at the forefront of our thinking. The programme is flexible and can be adapted to fit each individual's needs, especially around the mock exam and exam months.

There are 12 periods allocated for the programme over the school's two-week timetable, in addition to after school sessions and during Wednesday Afternoon Activities.

The programme offers a strong practical element, with two-thirds of the time given to practical elements (analysis, one-to-one coaching, strength and conditioning, nutritional help and mentoring), which will all sit alongside the time on the pitch, crafting new skills and techniques. Again, this has been designed to be flexible to help support our students' academic needs if required.



SAINTS SOUTH WEST

Saints South West, an official club partner of premiering team Southampton Football Club, shares Truro School's strong ethos towards education and personal improvement. They have a strong record of producing fantastic football experiences and programmes, whilst delivering and promoting the need for a strong education. Furthermore, working with Saints South West will give those who choose the football programme an understanding into how a high-quality sporting programme is managed and delivered. There will be opportunities to help with the delivery of festivals and tournaments, mentoring other students and, in the school holidays, a chance to put their qualifications to use and earn money during camps and activities.

QUALIFICATIONS

The qualifications students will receive alongside the coaching include:

- FA Level 1 and 2 Coaching
- Refereeing Course
- Level 1 and Level 2 First Aid

The courses are flexible in their timing and can be spaced at any time, to allow balance for the students, if needed.

COMBINATIONS

The football programme can be chosen alongside a range of academic options. A-Levels, CTECH in Sport and Physical Activity and the Lifeline Introductory Certificate all complement this programme.

PROFESSIONAL COACHING

Lead Coach, Alex Watson will be leading the delivery of the programme. Overseeing Alex and the programme, will be Truro School's Head of Football, Glynn Hooper and Dan Sanderson, Director of Sport.

Alex Watson - Lead Coach
Alex Watson is a former professional football player. He enjoyed a successful career, including signing for Liverpool Football Club. During his career, Alex had over 400 league appearances. Since retiring from professional football, Alex has been working with the FA, delivering coaching qualifications and heading up the South West FA division.

Glynn Hooper - Head of Football
Mr Hooper is Truro School's Head of Football, a Head of Year and Senior Pastors' Lead. Previously, he spent 15 years as a PE teacher in the Prison Service where he played for the National Prison Service football team. Mr Hooper competed in both the semi-final of the World Police and Fire Games in Australia and the European Championships, for which he was awarded the player of the tournament accolade. Before his time in the service, he played for Ipswich Town FC.

Dan Sanderson - Director of Sport
Mr Sanderson joined Truro School in 2018 after retiring from professional rugby in the same year. Over a 9-year playing career, he represented Northampton Saints, Rotherham Titans, Worcester Warriors and Leeds. A qualified RFU coach, Mr Sanderson also played semi-professional football, as a goalkeeper, and was involved with the sporting grants' programme for the 2012 Olympics in Volleyball.

"The football programme will re-enforce the core values and standards of the school. Excellent programmes will ensure players and students enjoy themselves and that students have the expertise to stay in football after they leave school."

Alex Watson
LEAD COACH

THREE REASONS TO CHOOSE THE FOOTBALL PROGRAMME

- Gain coaching and medical qualifications
- Evidence to interviewers that you have strong leadership and technical skills and that you can work well with others
- Open the door to future job opportunities in the football industry in the UK and beyond

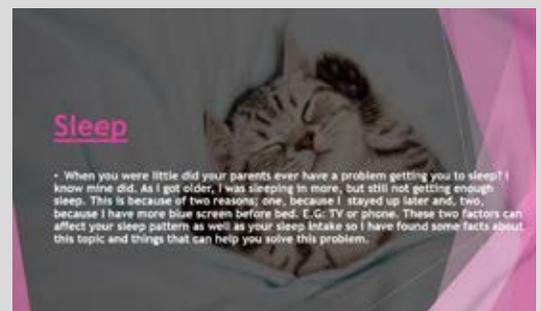
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[Click here to find out more](#)

Wellbeing and reflection

This term the PE department have been tasking pupils to complete an exercise following their games lessons, reflecting on their session and setting themselves a wellbeing goal. Every week there is a focused wellbeing topic (hydration, sleep, emotional intelligence etc). The PE department then share a video, followed by a year group discussion, before they go off to exercise.

2nd Year Anna independently researched more on the topic of sleep and created a wonderful powerpoint – click on the picture (right) to view.





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Finalists in national STEM competition

A huge congratulations to Soumya for winning joint 1st prize in a national STEM competition exploring 'how vaccines work and their uses in controlling infectious diseases in children'. Harry D was also awarded a notable commendation for his work.

The supra-curricular competition, organised by the Microbiology in School Advisory Committee (MiSAC), challenged schools across the country to produce information for a website (VaccAid), aimed at teenagers, to explain the scientific basis of the immune response to diseases caused by microbes. They had to cover how vaccines work, describe the different types of vaccine which are used against different diseases, the ways they are given to children and their effectiveness.

They also had to consider making the entry entertaining for its intended audience, i.e. teenagers, remembering that part of the competition judging would be on the scientific merit of the entry.

To find out more, and view the winning entries, visit > [MiSAC – Promoting microbiology in schools since 1969](#)



Miss Finnegan, Head of Biology commented:

"Soumya and Harry really went to town on this competition, investing time to research beyond the confines of the syllabus, producing informative and clearly presented social media pages on vaccination. We were delighted with their efforts and celebrate with them as their work has been nationally recognised. Well done!"

Soumya's entry

Harry's entry



ABRSM Exams

Congratulations to Imogen D who passed her ABRSM Grade 8 Singing with a distinction and an amazing 142/150 marks. Well done!



LAMDA

Congratulations to Sophia W who took Group Acting Grade 2 and passed with Distinction.

National Apprenticeship Week

For National Apprenticeship Week 2021, our apprentices joined companies from across the region to compete in Cornwall College's 1970s inspired virtual gameshow.

You can watch here > <https://youtu.be/ELH1b9YtxtI>



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truroschool.com | bulletin@truroschool.com

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Origami dinosaurs, netball training, card making, drama rehearsals and X-wing fighters... just some of the many activities that have been taking place on Wednesday afternoons.





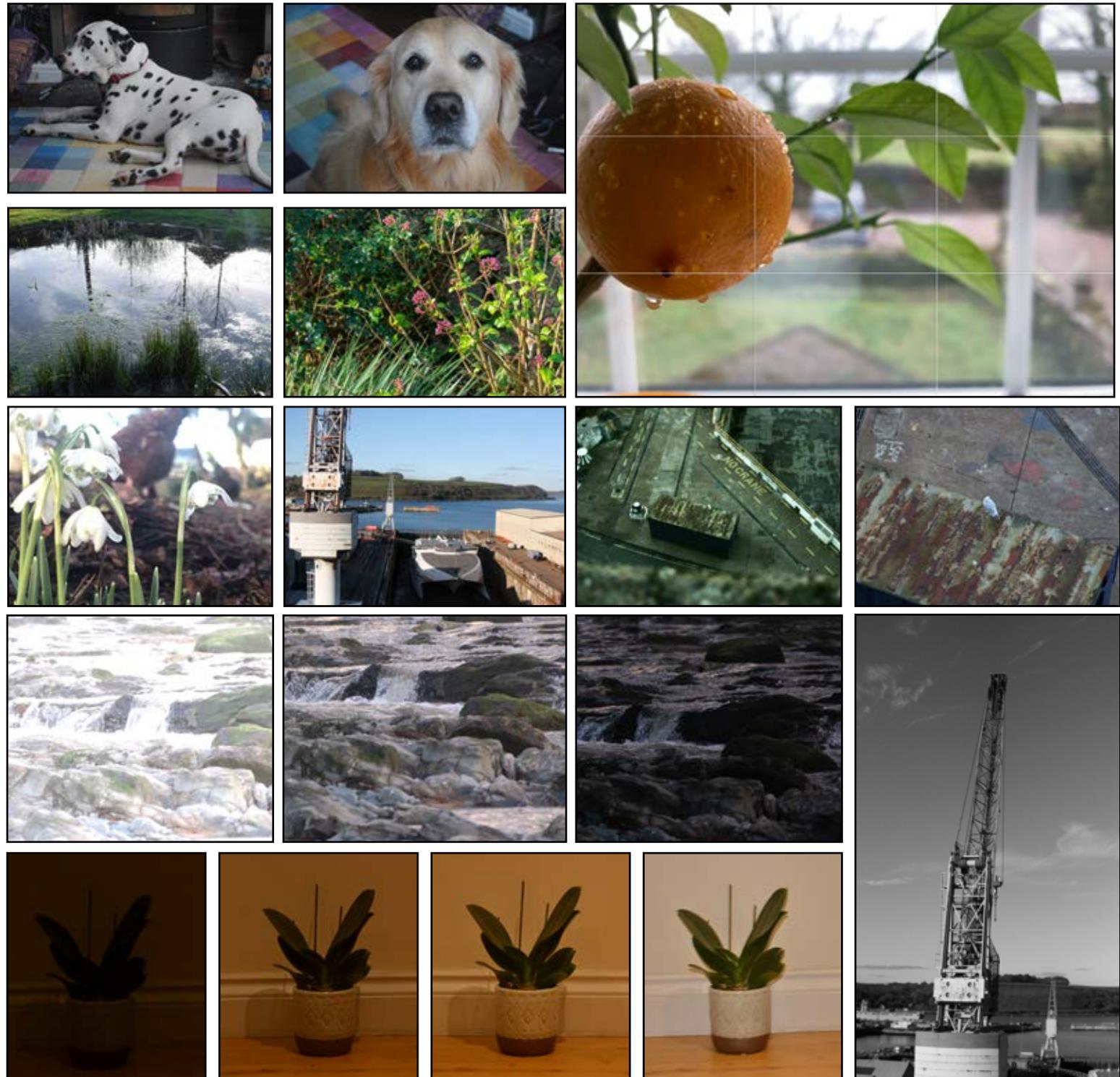
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Photography club

Our talented photographers have been creating some wonderful images this half term. During their Wednesday Afternoon Activity, they have been learning about compositions and exposure, helping them create a range of photographs. Great work photographers!



Truro School Charity Committee Presents

CHARITY CONCERT

MARCH 2021

For more than two decades pupils at Truro School have been running their own Charity Concerts in the Spring Term. This year, the Charity Concerts may be even BIGGER, involving Drama, Art and DT.

Please tell your form tutor if you'd like to be:

A PUPIL ORGANISER

Ideally, 3rd Year to Sixth Form, collecting together all the details of the bands, the songs, co-ordinating with the charities, Art, DT, Drama, the Rev and Mr Kearey,

OR

IN ONE OF THE BANDS

If so, here are the details: One member of the band will need to make a simple 'backing track' - once you have done this send it to all the other band members. Each member of the band then records themselves on their phone (with headphone/ear pieces) playing along to the backing track.

One of you will then mix all the tracks together using say Acapella/Logic/GarageBand/Bandlab/Audacity/iMovie

You can then send in either an audio recording of your band or, even better, a video. All recordings will need to be uploaded to the school by Monday 1st March

USE HALF TERM TO GET PLANNING WITH YOUR BAND!



Friday Bulletin

Boarders' Curry

The boarders enjoyed a curry on Saturday evening to help celebrate a successful mental health awareness week; doing something creative and social is highly recommended for maintaining positive mental health so what better way to achieve these goals than enjoying a curry!

The Malvern girls spent many hours planning their meal, buying the ingredients, and cooking a delicious meal. In Trennick, 'head-chef' Lorenzo was absent, so the boys opted to 'cheat' and buy a take-away curry which was equally delicious!

Also enjoying curries on Saturday evening were many other members of the boarding community including the Thurlows, the Mulreadys and the Johnsons.





School	Smith	Vinter	Wickett
105	91	54	82

Lockdown House Competition

Week 6 Challenges

Valentine's Special



1. Yummy Scrummy 'Love' Baking Challenge

Can you make a **cake** to show someone you care?
Can you bake perfect **biscuits** for someone you love?

Who will you gift it to, or will you make something for yourself?
Can you include a heart to share the love?

It is also Pancake Day next week; can you make **pancakes** for your family?



YUMMY!

Please submit your entry with a photo of your creation to competitionhouse@truroschoo.com by Wednesday 24 February, 9am. You must include your **name, form and competition house** with your entry. One point for every entry.

2. Love in Nature Challenge

Have you ever found a natural heart in nature?
See what you can spot whilst out for a walk over half term.

Can you spot a stone, a leaf, or an animal which represents a heart?



If you cannot spot anything, can you use nature/food to create a heart?



Try to capture your find as an image and please send all submissions to competitionhouse@truroschoo.com by Wednesday 24 February, 9am. You must include your **name, form and competition house** with your entry. One point for every entry.

3. 'Show you care' Valentine challenge

One point for every one entered...

Can you write a poem, short story or song to give to a friend, neighbour or family member?

Could you create a playlist to make someone smile?

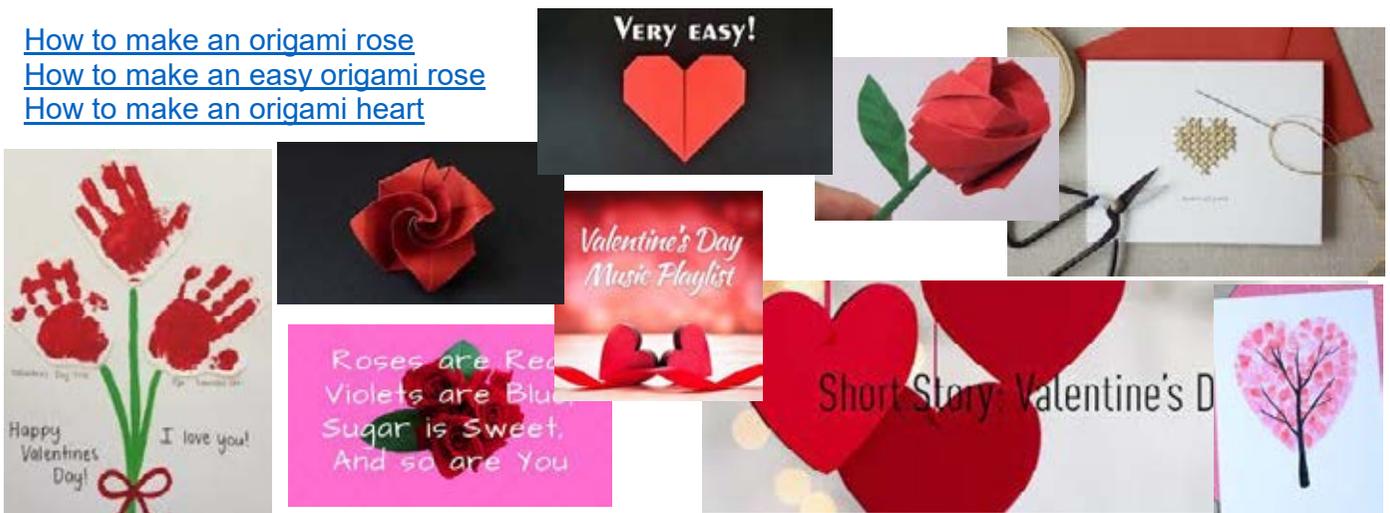
Can you make a homemade Valentine's Day card?

Can you make an origami rose or origami heart?

[How to make an origami rose](#)

[How to make an easy origami rose](#)

[How to make an origami heart](#)



Please email your entry by Wednesday 24 February, 9am: competitionhouse@truroschoo.com to enter. You must include your **name, form and competition house** with your entry. One point for every entry.



WEEK 5 HALL OF FAME





JOKES

What did the buffalo say when his little boy left for school? Bison

What is Forrest Gump's password? 1Forrest1

How does a Unicorn cross the road?
On a Uni cycle!

A man rode in to town on Friday.
He left two days later, on Friday...
His horse was called Friday!

And the Lord said unto John, "come forth and you will receive eternal life", but John came fifth and won a toaster..

Why did the M&M go to school?
It wanted to be a smartie

Knock Knock, who's there? Tank, Tank who?
You're welcome

Time flies like an arrow, fruit flies like a banana

What do you call a bee that can't make up its mind? A maybe

Why is it sad that parallel lines have so much in common?
Because they will never meet

Where does a General keep his armies?
Up his sleeves

Why don't scientists trust atoms?

I was walking
down the road
from the SBA
when a guy
threw a lump
of cheese at me



and I just thought to myself,
'Well that's real

MATURE!

Because they make up everything

**I adopted my dog from a blacksmith...
As soon as we got home he made a bolt for the door**

**Have I told you about the time I tied my shoelaces with just the power of my mind?
Thought knot**

**What did the left eye say to the right eye?
Between you and me, something smells**

**Once my dog ate all the scrabble tiles.
He kept leaving little messages around the house**

**Three guys stranded on a desert island find a magic lantern containing a genie,
who grants them each one wish. The first guy wishes he was off the island and back
home. The second guy wishes the same. The third guy says: "I'm lonely. I wish my
friends were back here."**

**'Why did the mushroom go to the party?'
'Because he was a fun-gi'**

**How do science teachers freshen their breath?
With experi-mints!**

**Rick Astley will let you borrow any movie from his Pixar collection except one...
He's never gonna give you Up.**

First rule of 'Rick Astley Fight Club'. You know the rules, and so do I.

**How does Moses make tea?
Hebrews it**

What sits at the bottom of the sea and twitches? A nervous wreck

A



Dr Brogden

B



Mrs Ward

C



Miss Tresidder

D



Mrs Ellison

E



Miss Egar

F



Mrs Chanter

G



Mrs Mulready

H



Mrs Newton

A



Mr Sanderson

B



Mr Gustafsson

C



Mr Johnson

D



Mr Meads

E



Mr Kenyon

F



Mr Kitto

G



Mr Picton

H



Mr Palmer

A



Mrs Kenward

B



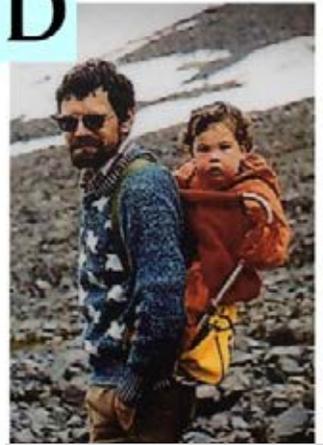
Mr McNeil

C



Mrs Thurlow

D



Mr Whatley

F



Mrs Vaughan

G



Miss Mitchell

H



Mrs Flowers

I



Dr Spring



Mrs Jobling



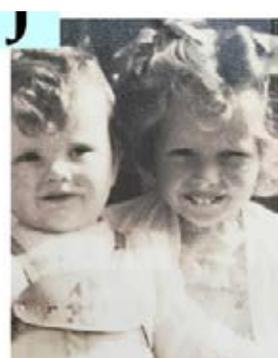
Mr Excell



Miss Hope



Mr Williamson



Mrs Alford



Mrs Grigg