



# Friday Bulletin

FRIDAY 5 FEBRUARY: NEWS, NOTICES AND FORTHCOMING EVENTS

## Dear Parents and Carers

Thank you again for your ongoing support. At the end of Mental Health Week I have taken the opportunity in my video to commend the courage and resilience of our community. I am deeply proud of the care being shown for others right across our school family, and the courage being shown both to offer and to seek that support.

Our 5th Years received the news this week that iGCSEs will now all be assessed in the same way as GCSEs – so there will be no public examinations in any subjects for them this summer. Since Mr Picton’s letter on Thursday informing them about this for some iGCSEs, it has now been confirmed that this applies to them all. Mr Williamson is planning an equally supportive pre-half term letter for the Upper Sixth as they, like us, await further guidance over exactly how A level grades will be generated by schools, alongside the CTECs that carry on as normal. Your courage and resilience as year groups at this time is particularly impressive.

We hosted our latest parents’ Q&A events this week – for 1st and 2nd Year parents and then for the Lower Sixth. Our last pre-half term event will be on Wednesday, for 3rd and 4th Year parents. Invitations and requests for questions in advance have been sent out via School Comms.

We have also now added within our [Lockdown learning webpage](#) new documents covering aspects of our community engagement that continues to be important at this time, and guidance from Heads of Department over the enrichment and extension opportunities they have been putting together for pupils who are keen to go above and beyond the routine work set – an appetite we encourage.

Finally, I am delighted to say that it is not just me who is keen to commend pupils and staff for their courage. Old Truronian Sir Ben Ainslie, who is currently blazing a trail (or a sail) in New Zealand, has taken time out to send you a message about courage and resilience. [You can watch it HERE.](#) In return we wish him every success for the rest of the Americas Cup. Go Ben!

My very best wishes to you and your families for the weekend, and I look forward to being in touch before half term, next week.

Mr A Johnson



Above: Sir Ben and Georgie Ainslie share a message with Truro School pupils and staff



## Courage

“The courage I urge us all to have now is to know that some uncertainty is okay and that it doesn’t stop us believing in the personal or collective journeys we are on. That is a message that resonates strongly as we navigate this lockdown without, as yet, certainty over when or how it will end. I am deeply proud of the courage being shown by all in this community amidst that uncertainty.

“My challenge for you this week, therefore, for which you deserve far more than just house points, is to be like the lion from the Wizard of Oz, and to realise all the ways in which you are already being so resilient and courageous, because you are.”

Mr Johnson reflects on courage in his weekly address. Click on the image to view.



# Friday Bulletin

## Important Information

### Parent Portal

As well as information about your child/ren, the Portal also has a Links area which contains the Daily Bulletin and shared documents.

The password to access these folders is: TSP0rtal (please note that the 4th character is the number zero).

### Pupil Absence

Although the majority of students are working remotely, we do still need to know if they will not be taking part in online lessons due to sickness or appointments please.

A reminder that the pupil absence number is: **01872 246118**

Please try and ring before 9am clearly stating the pupil name and the reason for their absence or email: **absence@truroschoo.com**

### Rewards and Sanctions

To support all pupils to manage their learning in a positive and constructive way, we are continuing to use our rewards and sanctions policy during remote learning.

Pupils will be awarded commendations for effort, academic achievement and non-academic achievement which includes acts of kindness, charity work and WAA.

Where appropriate, class teachers and tutors will use our warning system to indicate a concern about a pupil's progress and/or their approach to learning. A recorded warning is not a punishment, it is a way of sharing a concern with a child, parent, and our pastoral team, and may indicate that additional support is needed.

The following warnings may be issued during remote learning:

Warning - Independent Study - Work is missing or incomplete

Warning - Organisation - Pupil did not attend the lesson

Prior to issuing the warning, our teachers will try to follow up with pupils, seeking an explanation for the missing work and/or absence. If no explanation is given, a warning will be issued. If your child is unable to attend a lesson or complete work set, please contact the class teacher.

Emma Mitchell, Director of Teaching and Learning

## Diary Dates

SATURDAY, 6 FEBRUARY

### Boarders' Curry Evening:

Everyone's invited, see page 4 for details.

MONDAY, 8 FEBRUARY

**3L** - Charity Week

**Week B**

**Lower Sixth:** Prefects Appointed

WEDNESDAY, 10 FEBRUARY

**3rd and 4th Year Parents:** Q&A session, 5.30pm

FRIDAY, 12 FEBRUARY

**Whole School Assembly,** 8.45am

MONDAY, 15 FEBRUARY

**Half Term begins**

FRIDAY, 19 FEBRUARY

**Half Term ends**

## Useful Documents



Useful documents, aimed at supporting remote education during the current lockdown, are available on our website [HERE](#)



TRURO  
SCHOOL

# Friday Bulletin

## Excellent LAMDA results

Congratulations to everyone who took their LAMDA exams in December.

The London Academy of Music and Dramatic Art or LAMDA is one of the oldest and most respected drama schools throughout the world, and is designed to equip learners with a range of skills which not only serve them throughout life, but help student entry into university: passes at grades six, seven and eight, can be commuted into UCAS points.

Congratulations!

Charlotte G-B, Grade 8 Solo – Gold Medal - Merit  
 Orla E, Grade 8 Solo – Gold Medal - Distinction  
 Campbell M, Grade 8 Solo – Gold Medal - Distinction  
 Hayden B, Grade 8 Solo – Gold Medal – Merit  
 Sam T, Grade 2 Duo - Distinction  
 Jacob T, Grade 2 Duo - Distinction  
 Leon B, Grade 4 Duo - Distinction  
 Charlie S, Grade 4 Duo - Distinction  
 Sophie D, Grade 4 Combined - Merit

Lottie C, Grade 4 Combined - Merit  
 Parnika I, Group Grade 2 - Distinction  
 Alexander P, Group Grade 2 - Distinction  
 Sophie A, Group Grade 2 - Distinction  
 Kitty H, Duo Grade 4 - Distinction  
 Jessica H, Duo Grade 4 - Distinction  
 Oliver S, Grade 5 Solo - Merit  
 Benjamin M, Grade 5 Solo - Distinction  
 Tara S, Grade 5 Solo - Distinction  
 Florence M, Grade 6 Solo – Bronze Medal - Distinction  
 Imogen S, Duo Grade 2 - Distinction  
 Tilly-Rose K, Duo Grade 2 – Distinction  
 Aimee W, Grade 5 Solo – Distinction  
 Cameron H, Grade 6 Solo – Bronze Medal - Merit  
 Joanna V, Grade 8 Solo – Gold Medal - Distinction

*"I'm really pleased all the students have done so well. Hurrah! They've all worked extremely hard at a difficult time and deserve their success. Very well done!"*

**Claire Rawlinson, LAMDA (Speech & Drama)**

## Debating News

Congratulations to the Truro School debating team who competed in the Oxford Union British Parliamentary debating competition this week.

The event, which lasted over four hours, saw our three teams (Charlotte, Monty, Ed, Amy, Anna and George) each debate two motions against teams from schools all over the South West, including Marlborough College, King's Taunton, Taunton School, Redmaids, Bishop Wordsworth and New College.

Round 1

This House opposes the norm that popular media aimed at children should have happy endings

Round 2

This House would never use funding rebel factions as a foreign policy tool against dictatorships

*"It was great to hear our teams chatting to their opponents from all over the SW. Although we did not make the final this year, it was a great intellectual workout and everyone learnt so much from the experience."*

Anna Selvey, Head of English

## Join the Team

### Careers and Industry Talks

#### Tuesday 11 February - PR and Communications Careers

David Paull, a former pupil, will be talking about his career. He studied Politics at university and has worked in PR and communications for large multinational companies for most of his career. Students interested in finding out more about careers in these areas should join the Careers and Industry Talks Team to attend.

### Saints South West Parent Webinar Tuesday 9 February

Please book here > <https://www.saintssouthwest.co.uk/event-details/soccer-parent-webinar>

This is a webinar which will allow parents to share good practice and identify the challenges of being a soccer parent. Encourage debate and discussion around methodology when dealing with emotional development.

Please note; this will also be a prelim to the Official Soccer Parent Award which we are currently working for a July 2021 launch. We hope to see as many parents on this webinar as possible. The Saints Southwest TEAM

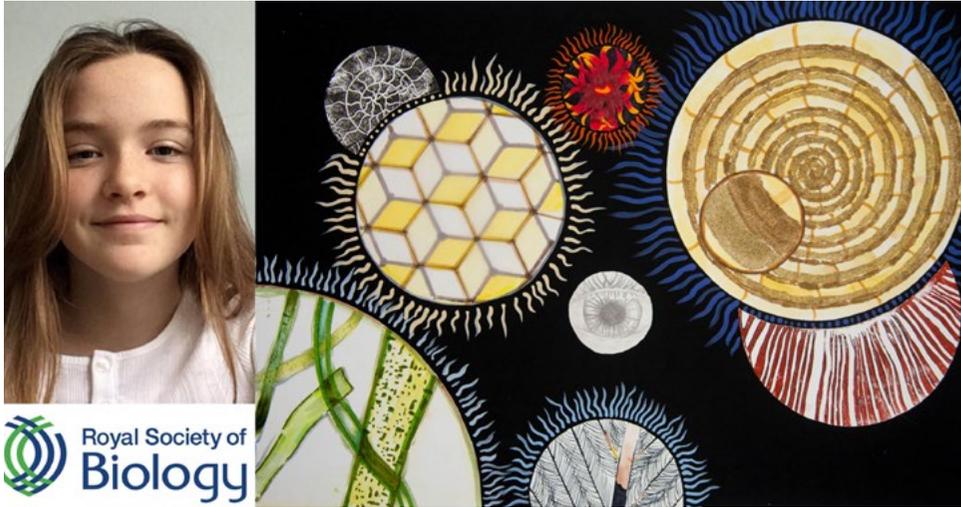
**INFORMATION ABOUT ALL THIS TERM'S CLUBS AND ACTIVITIES CAN BE FOUND ON THE CO-CURRICULAR PAGE OF MOODLE.**

**YOU CAN ALSO READ MORE ON THE [USEFUL DOCUMENTS](#) WEBPAGE IN THE LOCKDOWN LEARNING**



# Friday Bulletin

## BioArtAttack Finalist



**A huge congratulations to 2nd Year Iris who has been shortlisted in the Royal Society of Biology's annual BioArtAttack competition.**

Iris entered the competition last autumn but recently received the news that she was placed in the top 15. The competition was fierce, with a record 362 entries this year, including digital art, models and paintings, depicting a huge variety of topics from across the biosciences.

Iris' artwork, My Micro Microscopes, was made from card, watercolour, markers, beach sand, tracing paper, lino cut and ink, pen and acrylic paint.

Well done Iris.

View all the finalists here >

<https://www.rsb.org.uk/news/14-news/2566-bioartattack-2020-competition-winners-announced>

## The egg-drop challenge

In DT, the 1st Years were challenged to stop an egg from smashing when dropped from a range of heights.

The task included conducting research into slowing the velocity of a fall and strategies to absorb impact, analyse existing projects, produce three ideas and then test the design and record the evidence - either on paper or by editing their own video.

A huge thank you to Mr Shardlow for putting this eggcellent video together (don't worry, there are many more puns to come).

Watch the video here >

<https://www.truroscool.com/senior-school/1st-year-egg-drop-challenge/>

## Invitation

### Boarders' Curry Evening Saturday 6 February

As part of mental health week, Mr Copeland and the boarding community would like to invite the whole school to join them for their annual boarders' curry evening on Saturday 6 February.

To join the event, simply enjoy a curry in your home with other members of your household and send in a photo to [news@truroscool.com](mailto:news@truroscool.com)

### Everyone's invited!





# Friday Bulletin

## Dulcie's selfless act of kindness



Last weekend Dulcie performed an amazing act of compassion, deciding to donate her very long hair to the Little Princess Trust, whilst also fundraising for Hodgkin's Lymphoma research.

The charity is close to Dulcie's heart after her older sister was diagnosed with stage 4 cancer in late 2019, and subsequently went through chemotherapy. Due to the amazing care she received from UCLH in London and Royal Cornwall Hospital in Truro (Treliske), Dulcie's older sister is now in remission.

A huge well done and thank you to Dulcie for sharing her amazing act of compassion and kindness.



[Click here to visit Dulcie's fundraising page](#)





School	Smith	Vinter	Wickett
49	38	18	27

## Lockdown House Competition

### Week 5 Challenges

#### 1. Staff Baby Photo Challenge



Can you recognise your teachers from their baby photo? Simply click on the links below and see how many you can guess!

Bonus points available if you get them all correct. Prep pupils click on 'Prep'; Senior pupils click on 'Senior'.

[Prep Quiz >](#)

[Senior Quiz >](#)

Please submit your entry via the link above by 9am, Wednesday 10 February.

#### 2. Being Helpful Challenge - 'Helping at Home'

Can you be helpful at home? What can you do to make your parents' lives easier?

Some ideas: Wash the car, walk and brush the dog, weed the flower bed, fold the washing, change a bed... For every entry, you will receive a point.



Please send all submissions to [competitionhouse@truroschoo.com](mailto:competitionhouse@truroschoo.com) by Wednesday 10 February, 9am. Include a photo if you can.

### 3. Favourite Joke Challenge

Send us your favourite joke. Can you make us laugh?



Please email your joke by Wednesday 10 February, 9am: [competitionhouse@truroschoo.com](mailto:competitionhouse@truroschoo.com) to enter. You must include your name, form and competition house with your entry.

### 4. Special Half Termly Challenge

This special challenge will run throughout lockdown until half term

Please ensure you have submitted your entry by Wednesday 10 February.

Complete the form via this [LINK](#) to submit your entry

**Please ensure you complete this challenge following all government guidance.**

How high can each house climb together?

As a combined total will your house climb the equivalent of Brown Willy, Snowden, K2, Everest...?

Your challenge climb:

1. Using a single step repeatedly or a flight of stairs, count how many steps you climb. Set yourself a time limit which is suitable to your ability. 1 minute, 10 minutes, 20 minutes.... it is your choice.
2. Track your climb by using a fitness tracker or equivalent and upload your evidence. If you don't have a device, ask a parent to count with you and they can be your evidence.
3. Complete the form via this [LINK](#) to submit your entry:



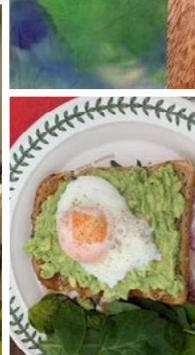
Please submit your entry via the link above, however if you have a photo of yourself completing the challenge please upload it via the Form or send it to [competitionhouse@truroschoo.com](mailto:competitionhouse@truroschoo.com). Please include your name, form and competition house with your entry.



Date: house / Axos kindness  
helps competition school Maya  
tidied My room and when  
went on a walk I  
said hello to everyone.  
offered to dry the dishes.



# ACTS OF KINDNESS



am writing to you  
because I have to write  
to some one as a kindness  
card for school. I chose  
you because I love you lots  
You are kind, caring  
really good at but the parents.  
You all so make the best  
black berry jam. I have the  
best time at your house and  
you give the biggest and  
the best hugs.





Photo Recreation



A cat has 32 muscles in each ear

A crocodile cannot stick its tongue out!

Tigers have striped skin not just striped fur.

In Arkansas dogs are not allowed to bark after 6pm

Babies have around 100 more bones than adults do

It is physically impossible for pigs to look up into the sky.

An ostrich's eye is bigger than its brain!

## Did you know?

Like fingerprints everyone's tongue print is different.

Disclaimer: We have not fact checked any of these claims.

Most disney characters wear gloves to keep animation simple

The American flag was designed by a high school student

No number before 1000 contains the letter 'A'

Sharks have existed longer than trees!

A wood frog can hold its pee for eight months!

It's impossible to speak while breathing through your nose.

They put glue on pizzas to make them look super cheesy on adverts

The hole in a spaghetti ladle measures out a portion of spaghetti

A Tic Tac lid is designed to perfectly hold a Tic Tac

## Truro School Boarders



# MENTAL HEALTH TOP TIPS

The last twelve months have placed exceptional demands on the Truro School boarders, but the boarding community has risen incredibly well to the challenges. The boarders have provided inspirational support and help for each other, and they have been very proactive with their positive mental health strategies. Here are just a few of their tips.

### Take a break

- Take short regular breaks from screens
- Use break time and breaks in double lessons
- Do some stretches
- Go to the kitchen for a snack or drink

### Be creative

- Cook a nice meal
- Do a jigsaw
- Draw or paint some artwork
- Play a board game or a card game
- Bake some biscuits or a cake

### Go outside

- Go for a walk, run or bike ride
- Walk to your local park
- Play basketball or football in your garden
- Do some outdoor yoga

## Take care of yourself