



Friday Bulletin

FRIDAY 22 JANUARY: NEWS, NOTICES AND FORTHCOMING EVENTS

'Creativity'



"This week, and following on from the House Assembly led by Mrs Jobling, with our superb Head Girl / Head Boy Team, and showcasing the winning House Competition Logo designed by Bea, I want to reflect on creativity." Click on the image to view Mr Johnson's weekly address.

Monday 25 January

18:00 5th Year Parents Options Information and Subject Consultation Evening, Online.

Wednesday 27 January

18:00 Upper Sixth Question and Answer Session

Thursday 28 January

16:30 Lower Sixth Parents Parent's Evening, Online.

Friday 29 January

Charity Day

08:45 Whole School Assembly

16:00 Truro School Foundation: AGM and Meeting, via TEAMS

Dear Parents and Carers

Thank you for your ongoing support for your children and the school at this time. It has been another busy but positive week for the school. Our House Competitions are up and running, and we have started our programme of after school Question and Answer sessions for parents to support you as well as your children. As we settle into what is once again more of a marathon than a sprint, we have also been discussing strategies to keep supporting pupil and staff wellbeing, alongside evolving and enhancing our remote educational provision.

I will draw your attention each week to our [Lockdown Learning 2021](#) page accessible from the front page of our website. This week we have added new links within it to outline some of our enhanced or adapted pastoral provision, partnership initiatives with parents, and a flavour of the academic enrichment underway and to come. We have also added a new page called 'Lockdowntime' where we will share images and news about the vibrance and resilience of our community outside of their virtual classrooms. More guidance or information will be added to these pages each week to support you and your children on their journeys through lockdown learning 2021.

My very best wishes to you all, and your families, for a peaceful weekend, and I look forward to being in touch again next week.

Mr A Johnson





Friday Bulletin

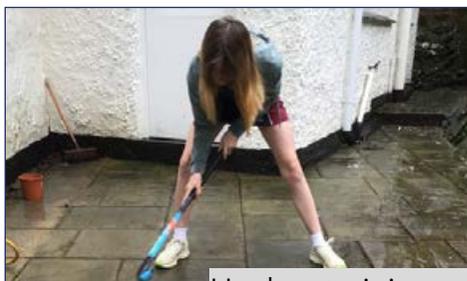
Wednesday Afternoon Activities



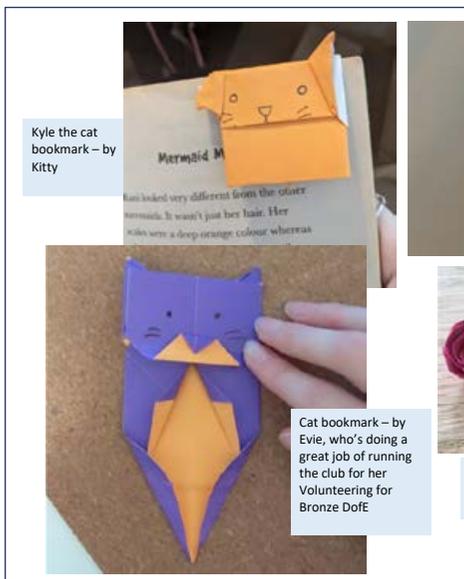
Chemistry Club



Plastic milk



Hockey training



Kyle the cat bookmark – by Kitty

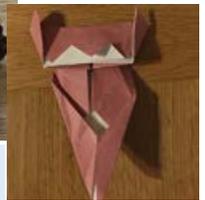
Cat bookmark – by Evie, who's doing a great job of running the club for her Volunteering for Bronze DofE



Two cat bookmarks – by Lowenna (an origami expert, making two in the time we made one!)



Cat bookmark and flowers – by Gwen, who's doing this for her Skill for Bronze DofE



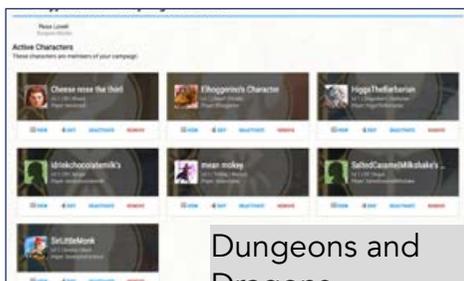
Origami Club



Netball drills



X-Wing Fighters



Dungeons and Dragons



Horse-riding

From Hockey training to Dungeons and Dragons and Origami Club, we have enjoyed seeing your photos from this week's Wednesday Afternoon Activities - please do continue to send them in so that we can share them. More information is available to pupils via Moodle.



Friday Bulletin

Charity Day - Friday 29 January



This term's Charity Day will be held in aid of the Red Cross. Inspired by their 'acts of kindness' advert during Covid, we have decided to make Friday 29 January our very own 'Acts of Kindness' day.

We will be encouraging everyone to make at least one act of kindness to help somebody else. The act of kindness could simply be making someone a cup of tea or calling an elderly relative but there are also opportunities to do something bigger, like litter picking in your community or completing your own virtual charity event. Helping others can make a big difference to them, but it can make an even bigger difference to ourselves. It helps us to think outside ourselves and encourages us to think of others and it is well proven that helping other people can actually help your own mental health and well-being at the same time. Of course everyone needs

to make sure that they also look after themselves as well and don't hesitate to reach out if you need support.

Next week's Chapel Assembly and Form Periods will be used to provide more information and discuss ideas.

Whilst our actions are incredibly important, we also feel that charities like the Red Cross need our help more than ever before so we would still like to collect donations. Donations for this Charity Day will be reduced to £1 and will be donated to the Red Cross via the school fees, but this is voluntary- to opt out, parents can get in touch with the Finance Department.

Thank you in advance for your participation in our virtual charity day.



**British
RedCross**



Friday Bulletin

Join the Team

Careers and Industry Talks

Tuesday 11 February - PR and Communications Careers

David Paull, a former pupil will be talking about his career. He studied Politics at university and has worked in PR and communications for large multinational companies for most of his career. Students interested in finding out more about careers in these areas should join the Careers and Industry Talks Team to attend.

Aspiring Healthcare Professionals Team

Wednesday 27 January, 6.00pm - Alex Kemp, Vet

Alec Kemp, a former Truro School student and now a vet, will be giving a talk about his career through the Aspiring Healthcare Professionals team. He has worked as a companion, equine and farm animal vet in various parts of the UK and is now a locum vet in New Zealand.

Sport and Wellbeing Team

All years

There are lots of competitions, activities and ideas to keep you feeling good, motivated and healthy on the Sport and Wellbeing Team. Join the Team and have a look what's on offer! View the Daily Bulletin for the code.

Physics Club Team

1st - 3rd Years: Monday 1.00 - 1.30pm

Physics club is back on! View the Daily Bulletin for the code.

Parallel Club Team

1st - 5th Years

New puzzles are released on a Thursday. Sign up at parallel.org.uk using the teacher code in the Daily Bulletin. Support and discussions about the weekly challenges take place on Friday lunchtime on Teams. Please join the Parallel Team.

INFORMATION ABOUT ALL THIS TERM'S CLUBS AND ACTIVITIES CAN BE FOUND ON THE CO-CURRICULAR PAGE OF MOODLE.

YOU CAN ALSO READ MORE ON THE [USEFUL DOCUMENTS](#) WEB-PAGE IN THE LOCKDOWN LEARNING 2021 SECTION.

Virtual Entrance Exams

We were pleased to welcome girls and boys from across the country, and even further afield, to join our 26 virtual exam rooms for Saturday's 11+ & 13+ Entrance Exam. All staff and pupils did exceptionally well under such unique circumstances and we thank you all for your positive messages of support and encouragement.



ABRSM Exams

Congratulations to all the musicians who took their individual ABRSM examinations just after the end of term in December. In addition to those mentioned in last week's Bulletin, we have also received news of the following successes:

Matthew Jones who passed his Grade 6 Piano Examination with Distinction

Alice Henderson who passed her Grade 7 piano with Distinction, and

Lara Odling who has passed her Grade 8 Piano.

Very well done to all of you!



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Virtual Football Timetable

As part of our exciting new partnership with leading Football academy, Saints South West, we are delighted to be able to offer something for everyone within the Truro School community.

Linked below is a programme of events that all ages can access and have a go. Whilst the foundation of the programme is football-based, there is something for everyone, ranging from Truro Prep mini's, strength and conditioning, technical sessions, parent webinars, family quizzes, and much, much more.

Head of Truro School Football, Glynn Hooper, commented on the

partnership.

"Whilst we are in the early stages of our partnership with Saints South West, this relationship is only going to go from strength to strength. We were all keen to develop a remote programme that has something for all our community at Truro School. You do not have to be an avid football fan to access the content that is on offer; whether it is strength conditioning work, speed and agility or the family quiz, it has been designed to engage as wide an audience as possible."

To join in, simply click on the Zoom links on the PDF below.



SAINTS
SOUTHWEST

A PARTNERSHIP WITH
SOUTHAMPTON FOOTBALL CLUB

VIRTUAL TIMETABLE | Truro School

FOOTBALL DEVELOPMENT (U7-U18)
 MINI (4-6) SOCCER CENTRE (7-11)
 Family



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Virtual Personal Coaching Sessions Book sessions and time slots by clicking here.	R and R
	Mini Prep (4-6) Fun Games 5.00-5.45pm	U7-U11 Workshop 5.00-5.45pm		U7-U11 Goalkeepers 5.00-5.45pm		
PREP SCHOOL Technical 6.00-6.45pm	Soccer Centre (7-11) Technical 6.00-6.45pm	U7-U11 SAO/S&C/Fitness 6.00-6.45pm ... U12-U18 Workshop* 6.00-6.45pm	R and R	U12-18 Goalkeepers 6.00-6.45pm		
Senior School Technical 7.00-7.45pm	Parent Webinar Workshop* 7.00-8.00pm	U12-18 SAO/S&C/Fitness 7.00-7.45pm		Family Activity Quiz/Games 7.00-8.00pm		

*Team sessions = age group coaches if possible to organise team specific sessions/socials
 *Workshop = Various topics each week
 R and R Rest and Recuperation

the famous

BY MONKHOUSE

Schoolwear Specialists

Important Update *Website Change*

Dear Customer,

Your current online school shop on store.famousbranches.com will be making the exciting transition to www.monkhouse.com.

Your school shop will stay the same but will be part of the exciting upgrade happening to the Monkhouse website soon.

When the transition takes place, there will be an automatic re-direct to www.monkhouse.com.



Your new
online school
shop.
monkhouse.com

For any urgent queries, please contact:

Tel- **0161 476 7216** -

- **8:30am - 5:00pm Monday to Thursday**
- **8:30am - 3:00pm Friday**

E-mail- web@monkhouse.com

As non-essential retail, the **School Uniform Shop** remains closed during this Lockdown period. However, if you do have requirements for uniform, you can place an order on-line at

Orders will be sorted weekly (Wednesday) and posted out to parents.

In addition, the shop is unable to take in any Second-Hand Uniform currently. We will let you know as soon as this facility resumes.



CURRENT RESULTS

School
22

Smith
23

Vinter
9

Wickett
8

LOCKDOWN HOUSE COMPETITION

WEEK 3 CHALLENGES

1. Stop Motion Animation Challenge

Stop motion is an animated filmmaking technique in which objects are physically manipulated in small steps between individually photographed frames so that they will appear to show motion or change when the series of frames is played back. Any kind of object can be animated, but figures with movable joints (puppets, action figures, Barbies, Lego figures etc are good) or plasticine figures (think Wallace and Gromit or Pingu) are most used, but you can also use drawings to make your 2D image come alive.

Be inspired and get creative: <https://wallaceandgromit.com>

Using fruit and vegetables: <https://youtu.be/MEglOulvgSY>

Using Lego: <https://youtu.be/1RMKR8h03iw>



Learn how:

<https://tinkerlab.com/easy-stop-motion-animation-kids/>

<https://youtu.be/J3pzivXGMfI>

You do not have to download an app, but if you do, please ask your parents' permission first and search for a free app.



If you are downloading an app, I used this simple free app, but there are many others .Please ensure your video is no longer than 10 seconds.

If you would like an added challenge...can you add commentary? Can you centre it around a message, for example wear a mask, pick up your litter, drink more water?

Use your imagination and be creative!

Please submit your 10 second video entry (mail drop) or if you have difficulties emailing a video, please send a photo of your animation to competitionhouse@truroschool.com by Wednesday 27 January, 9am. Please include your **name, form, and competition house** with your entry.

2. Acts of Kindness Challenge (this is a two-week challenge)



Your challenge is to make at least one act of kindness to help somebody else. It could be in your immediate or extended family or in your community. We have given you two weeks to complete this challenge to allow you two weekends to complete more kind acts.

Your act of kindness could simply be making your parents a cup of tea or calling an elderly relative but also something bigger like volunteering in your community or completing your own charity event. Try to be as creative as you can.

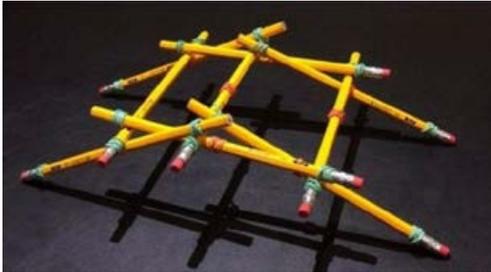
Helping others can make an enormous difference to them, but it can make an even bigger difference to ourselves. It helps us to think outside ourselves and encourages us to think of others and it is well proven that helping other people can help your own mental health and well-being at the same time. Of course, you also need to make sure that you also look after yourself as well and do not hesitate to reach out if you need support.



Please send all submissions and photos to competitionhouse@truroschool.com by Wednesday 1 February, 9am. Please include your **name, form, and competition house** with your entry.

3. STEM challenge

Here is our amazing STEM Challenge!!! There are many exciting Science/Tech and Engineering projects that you can complete at home. Here are the three super challenges this week; you can complete as many as you like. Photographic/Video evidence of your success would be fantastic.



A. Create a Da Vinci Bridge

Use your pencils/pens/rubber bands to create a bridge that can hold some of your Truro School work that you have completed over the lockdown period. A photo would be excellent as well as telling us the mass that the bridge supported.



B. Create a Volcano

Simply make a mixture of Vinegar/Water/Washing up liquid and perhaps a red food colouring (Please be careful when using dye and ensure you have protection on your carpet/surfaces). Add this to a good amount of baking powder in a Volcano shaped container and the Carbon Dioxide created can make a superb Volcano effect. A video or photo would be amazing.



C. Paper Planes

Create your best paper plane - ideally in house colours or with your house logo and measure the distance it can fly. Planes must be launched from the ground only, not from a height. Distances in m and cm please.

Please email your photo to by Wednesday 27 January, 9am: competitionhouse@truroschool.com to enter. Please include your **name, form, and competition house** with your entry.

Special Half Termly Challenge

(this special challenge will run throughout lockdown until half term)

Please ensure you complete this challenge following all government guidance.

How high can each house climb together?

As a combined total will your house climb the equivalent of Brown Willy, Snowden, K2, Everest...?

Your challenge climb:

1. Using a single step repeatedly or a flight of stairs, count how many steps you climb. Set yourself a time limit which is suitable to your ability. 1 minute, 10 minutes, 20 minutes.... it is your choice.
2. Track your climb by using a fitness tracker or equivalent and upload your evidence. If you don't have a device, ask a parent to count with you and they can be your evidence.

3. Submit your entry using this [LINK](#)

Virtual mountains	No of steps	No of flights
Slieve Donard, Northern Ireland	5,390	360
Scafell Pike, England	6,180	412
Mount Snowdon, Wales	7,120	475
Ben Nevis, Scotland	8,810	587
Mount Blanc, France	30,420	2,028
Mount Kilimanjaro, Tanzania	38,680	2,578
Mount Everest, Nepal	58,070	3,871

Virtual buildings	No of steps	No of flights
Millennium Dome, England	320	21
Sydney Opera House, Australia	425	28
Clifton Suspension Bridge, England	490	33
Big Ben, England	632	42
Forth Rail Bridge, Scotland	680	45
BT Tower, Birmingham, England	997	66
Blackpool Tower, England	1,036	69
Seattle Space Needle, USA	1,164	78
Canary Wharf Tower, England	1,600	107
Petronas Twin Towers, Malaysia	2,860	190
CN Tower, Toronto, Canada	3,500	233



How high will your house climb?

Please submit your entry via the link above, however if you have a photo of yourself completing the challenge please upload it via the Form or send it to competitionhouse@truoschool.com. Please include your name, form and competition house with your entry.



WEEK 2 HALL OF FAME





