



Friday Bulletin

29 JANUARY 2021: TRURO SCHOOL NEWS AND UPDATES



The Book of Hopes

Ms Patterson was bought 'The Book of Hopes' for the teacher Secret Santa, full of wonderful, hopeful stories from famous authors like Anthony Horowitz and Michael Morpurgo. The Head of Prep explains why she's been buoyed by some of the stories in this book.

"Reading through this book has made me think about different people's ideas and interpretation of hope... There might be some times during this lockdown where you may have not felt heroic, but **you** are. You're continuing to make progress in your learning despite schools being shut. Your parents are supporting and helping you while continuing to work, and I think that's all heroic."

Find out why Ms Patterson is talking about Secret Santa presents in January...

[Click here to watch this week's assembly](#)

Compassion

"To be compassionate is to champion the needs of others. Empathy is a start, where we seek to understand the feelings or situations of others. But compassion is more, it is about choosing to act on that understanding."

Mr Johnson reflects on compassion in his weekly address.

[Listen in full here.](#)





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Prepare for take off!

Years 5 and 6 have been making and launching their homemade rockets, while Years 3 and 4 have been making their own gliders for their DT projects.



In the Press

Following on from Casper's 30-miler fundraiser challenge last May, Casper has been named 'awe-inspiring' in an article by Cornwall Live. You can read his and others' inspirational stories [here](#).



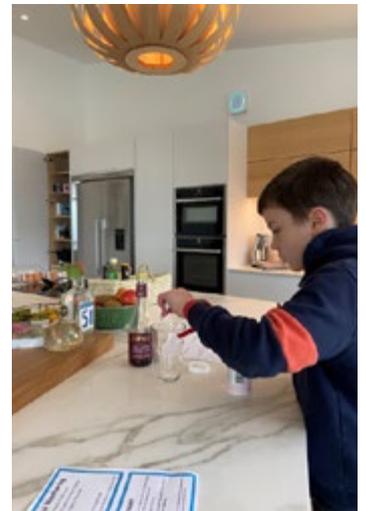


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What shapes our coastline?

Year 4 have been learning this week about beaches and cliffs, and how they are formed through different types of erosion and weathering. To help them understand this geological process, the pupils made their own experiments to see how much force of air and liquid will move or change their sand/soil trays.



Our universe is full of wonders, some that boggle the mind! Luckily, Sarang has put together this superb 3D solar system with gearing mechanisms to explain how a solar eclipse works as part of his science lessons on 'light'. Watch the demonstration [here](#).



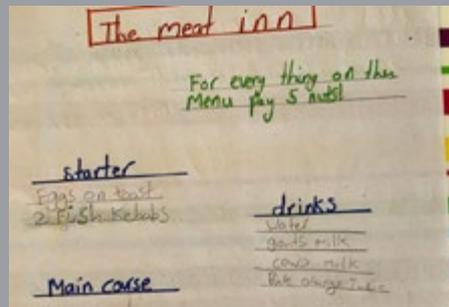
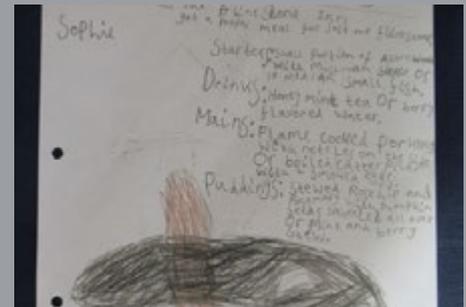


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Stone Age grub

The Stone Age continues in Year 3 where they built Stone Age houses, and came up with Stone Age menus with some intriguing dishes... squirrel kebab anyone? Perhaps some boiled caterpillar? See their creations below.



William's Rap

A ping pong ping pong clap I am giving you all the William Shearer rap
 When I was one I learnt to say mummy on that day it was sunny
 When I was two I learnt to walk and talk, use a fork and call my brother a dork
 When I was three I climbed up a tree I almost fell down when a bee stung me
 When I was four I walked out the door, had to come back when it started to pour
 When I was five I did a front flip flat after that I ate a bacon bap
 When I was six I ate a cake that was the yummiest made up a joke that was the funniest
 When I was seven I thought I was eleven and everybody in my house called me Kevin
 When I was eight I learnt to skate and when I went to mount hawk I was never late
 When I was nine I drank some wine and my mum said oi that wine is mine
 When I was ten I climbed Big Ben and climbed and climbed again
 A ping pong ping pong clap I just told you the William Shearer rap



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Oggy! Oggy! Oggy!

Cooking skills are really coming along with pupils even able to make dinner for their family and pasties for their grandparents. This week have a look at their pizzas, pasta, and pasties. Yum! Read the full story and view all photos [here](#).





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Ahoy there! Casper and Meg perfectly demonstrate the life of a pirate as Year 3 continue to read *Treasure Island* in their English lessons, and this week have been designing pirate treasure maps. They will then use their maps to help inspire their own pirate adventure stories next week.



Teresa shows us her portrait of her bunny teddy.



Siblings Reggie, Tilda and Florence made these delicious wontons.



This screenshot is from an animation of a minecraft tank battle made from lego. Explosive!



The Rubik's cube remains a jumbled colourful mess for a lot of people... but Jack's gone and cracked not one, but two of them!



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Charlie taught his snake Coco some geography with this world map puzzle.



Jensen really enjoyed using charcoal in art this week to give depth and texture to these shapes.

**SAINTS CHALLENGE WEEK 1
RUN CYCLE WALK
LEADER BOARDS**

U13/14S	U11/12S	SENIORS
THE ANGELS 78.2 KMS AMAZING ATHLETES 54.71KMS	BLUE DEVILS 116.12 KMS RED ARROWS 112.01 KMS TEAM 1 62.64KMS	SWEATY BETTYS 120.44KMS SAINTS STUNNERS 108.4KMS

As part of Saints Netball Club the players were asked to pick a team of three in the U12's and over the last week they had to record how many kilometres they did walking, running and cycling.

Eva, Grace, and Naomi, teamed up calling themselves The Red Arrows. They encouraged one another during the week and between the three of them they covered 112.01 kilometres which placed them in a close 2nd place.

The challenge for them this week is how many press ups the three of them can do in a week!



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Pre-Prep

There's been no shortage of activity with the little ones this week. See what Pre-Prep have been up to this week...



Nursery learnt the sound 'p'. There was a lot of discussion about where potatoes come from and what potatoes can be made in to. The children watched as Mrs Banks cut potatoes in half. They enjoyed printing patterns on the paper reinforcing the learning of their new sound at the same time and learning about patterns too.

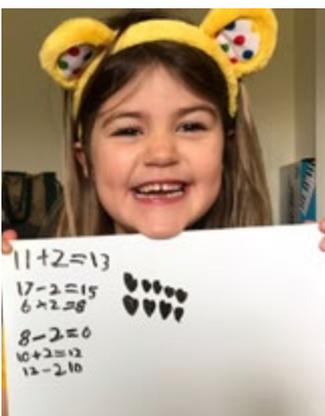
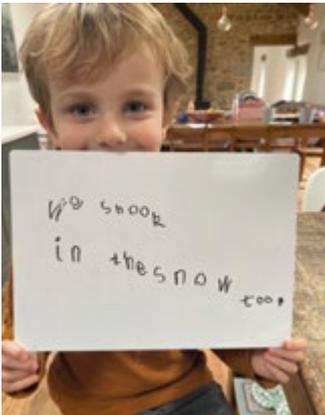




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Congratulations to Sarang who entered the Primary Maths Challenge and was awarded **Gold**. Despite the organisers drawing a line under this year's competition due to Covid restrictions, they decided to award the levels based on first round scores.

Well done!

We are very proud of the following pupils who have entered this year's Rotary Club Writing Competition. Best of luck everyone!

Oliver G
Flo A
Caitlin W
Poppy G
Gabriel O
Rosie M
Ayesha P
Rupert W
Ben M

George O
Charlotte C
Christian B
Evelyn J
Louis B
Reggis M
Evie H
Nancy R
Knox C
Ben S
Sanna B
Finley S
Amelia R
Lola S
Grace N
Jack C
Toby H

Eva S
Jessica C
Iris K
Tilly B
Scarlett C
Naomi H
Rosie W
Sarang S
Clara C
Amaia O
Thomas C
Alicia L
Freddie P
Henry B
Alfie E
Rufus F
Daisy H

Holly H
Monty M
Oscar P
Thomas R
Luca B
Alfie D
Aleksander F
Jack H
Harry H
Jack H
Retallack H
Jack M
Evie N
Harry O
Hector T
Isabelle W
Jemima W

A GoFund me page has been set up by a parent, for school parents, to donate into a fund for Tracy Walker in the hope of raising enough to pay for a treat for her and her daughters to enjoy in the future when life settles down for them.

Follow the link to donate:

https://www.gofundme.com/f/madame-walker-and-family?utm_source=customer&utm_medium=email&utm_campaign=m_pd+share-sheet

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Children's Mental Health Week

Monday 1 February marks Children's Mental Health Week. For lots of resources and how to get involved, visit the charity's [website](#).



Blackbird Pie Competition

Rally friends, parents and children, it's COMPETITION TIME at BlackbirdPie! We have a total of £160 worth of beautiful animal-themed books for two lucky Cornish schools, a future visit* by Mark's Ark for one lucky class or bubble AND your picture on the cover of the next issue of BlackbirdPie magazine.

Children - just draw, paint, collage, or take funny photo of your favourite creature and email it to post@blackbirdpie.co.uk. Our favourite entry will be on the cover of the February/ March issue of BlackbirdPie magazine and the winner will enjoy a wonderful Mark's Ark animal encounter with their class or at home with the family!* Hurry, the deadline is 2 February 2021.

Friends and Parents - Woof! Win wonderful animal-themed books for your school. Just Like and Follow BlackbirdPie's post on facebook or Instagram and put your school's name in your comments by 15 February 2021.

Big Garden Birdwatch



Looking for a family friendly activity? The RSPB have some lovely resources on their website to get children more involved with nature in the garden or out on walks, from bird spotting to making nestboxes.

Find out more on their [website](#).



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the famous
BY MONKHOUSE
Schoolwear Specialists

Important Update *Website Change*

Dear Customer,

Your current online school shop on store.famousbranches.com will be making the exciting transition to www.monkhouse.com.

Your school shop will stay the same but will be part of the exciting upgrade happening to the Monkhouse website soon.

All we ask is that you forward the attached information to parents and make sure to update your school's uniform information on your website. When the transition takes place, there will be an automatic re-direct to www.monkhouse.com.



**Your new
online school
shop.**

monkhouse.com



School	Smith	Vinter	Wickett
38	29	17	12

Lockdown House Competition

Week 4 Challenges

1. Acts of Kindness Challenge

(this is the second week of a two-week challenge)



Your challenge is to make at least one act of kindness to help somebody else. It could be in your immediate or extended family or in your community. We have given you two weeks to complete this challenge to allow you two weekends to complete more kind acts.

Your act of kindness could simply be making your parents a cup of tea or calling an elderly relative but also something bigger like volunteering in your community or completing your own charity event. Try to be as creative as you can.

Helping others can make an enormous difference to them, but it can make an even bigger difference to ourselves. It helps us to think outside ourselves and encourages us to think of others and it is well proven that helping other people can help your own mental health and well-being at the same time. Of course, you also need to make sure that you also look after yourself as well and do not hesitate to reach out if you need support.

Please send all submissions and photos to competitionhouse@truroschool.com by Wednesday 3 February, 9am. Please include your **name, form, and competition house** with your entry.

2. Photo Recreation Challenge

It is time to get creative and have some fun.... Try to involve your family, pets, friends (remotely – can you screen shot them together?) and props if you can. There are three options, you can enter as many as you like. Please send all photos and submissions by Wednesday 3 February, 9am.

a. Dress your parent up as a Truro School pupil

They can be dressed in full school uniform or Truro School PE kit. Take a photo and send it to us at competitionhouse@truroschoo.com including your name, form and competition house. Please ensure your parents are aware the photo may be published. Two familiar faces wanted to get involved first!



b. Recreate a photo from your childhood or your parent's past

Can you recreate a happy family memory? It may be a photo of your parent when they were younger that you can recreate together. It is time to trawl through those photo albums... Include a copy of the original photo with your entry. Take a photo and send it to us at competitionhouse@truroschoo.com including your name, form and competition house. Here are some examples:



c. Dress as a character from your favourite film and recreate it as a photo

Include the original photo/screen shot from the film with your entry. Take a photo and send it to us at competitionhouse@truroschoo.com including your name, form and competition house. Here are some ideas:



3. 'I bet you didn't know...' fun facts challenge:

Do you know any fun facts that might surprise other people? e.g., "...Vending machines kill 4 times as many **people** per year as sharks...!" Do you know the use for an everyday object that might surprise others?

For example:



Please email your fact or image by Wednesday 3 February, 9am: competitionhouse@truroschoo.com to enter. You must include your name, form and competition house with your entry.

Special Half Termly Challenge

This special challenge will run until half term. Please ensure you complete this challenge following all government guidance. How high can each house climb together? As a combined total will your house climb the equivalent of Brown Willy, Snowden, K2, Everest...? Your challenge climb:

1. Using a single step repeatedly or a flight of stairs, or your daily walk, to count how many 'steps' you climb. Set yourself a time limit which is suitable to your ability. 1 minute, 10 minutes, 20 minutes... is your choice, or just use every time you go up and down the stairs.
2. Track your climb by using a fitness tracker or equivalent and upload your evidence. If you don't have a device, ask a parent to count with you and they can be your evidence.
3. Complete the form via this [LINK](#) to submit your entry:



Please submit your entry via the link above, however if you have a photo of yourself completing the challenge please upload it via the Form or send it to competitionhouse@truroschoo.com. Please include your name, form and competition house with your entry.

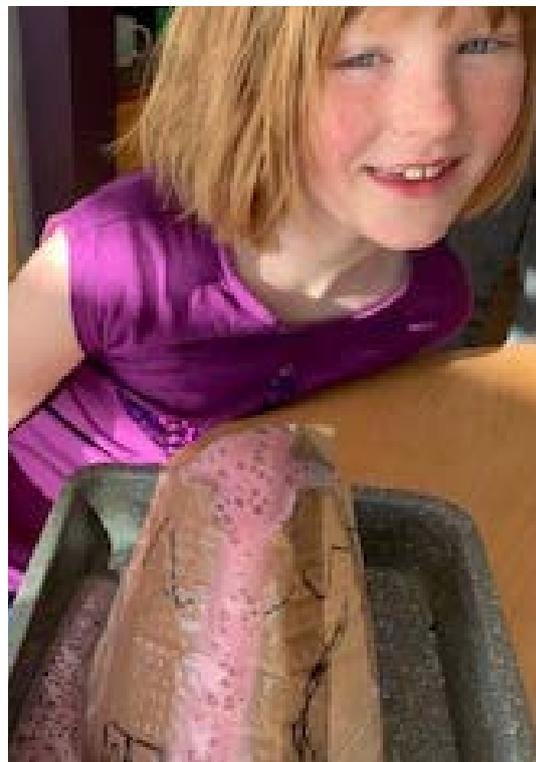
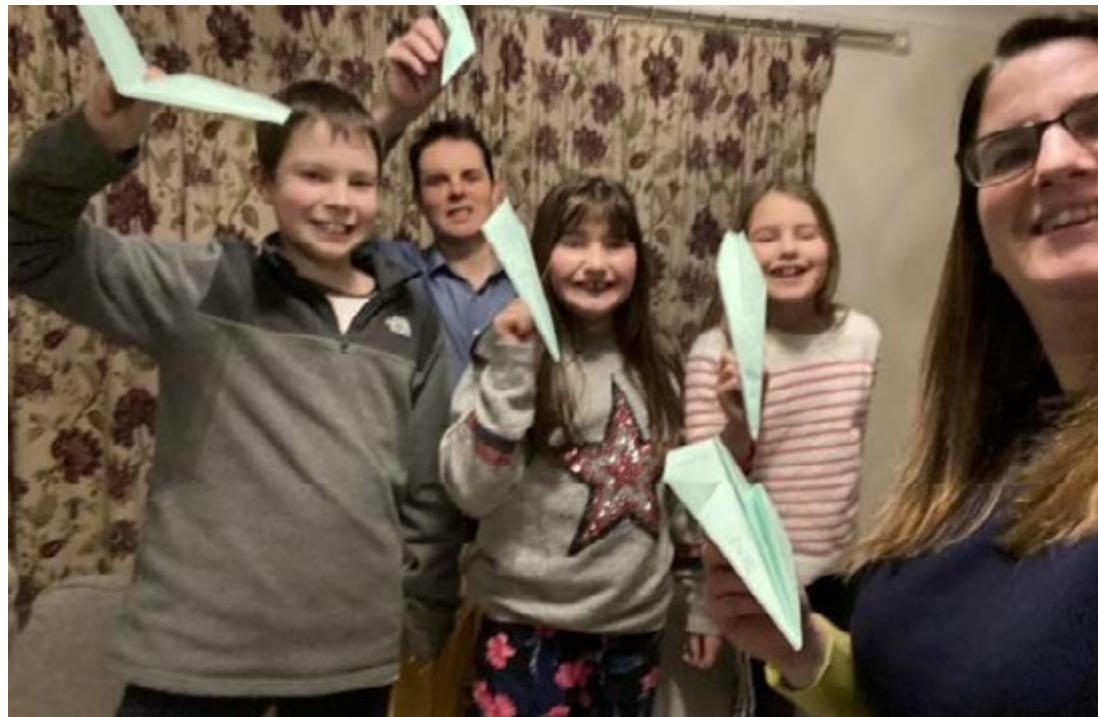
Head's Challenge

"My challenge for you this week is both to choose an act of compassion towards somebody else, and to accept one for yourself"

Listen to Mr Johnson's reflect on compassion in this week's address [HERE](#)



WEEK 3 HALL OF FAME







Teams Guidelines

For Prep pupils

The best way to use Teams is to remember how you are asked to behave in the classroom: not shouting out, not distracting others, being respectful of everyone's ideas and contributions and working hard! Of course, it is very important to enjoy your learning and that is why we have set out some guidelines to make sure that everyone has a very positive experience as they learn remotely.

- Your camera and microphone should only be used as **directed by the teacher**. Please do use your camera and microphone when your teachers say this is fine, but remember to turn them off as soon as you are asked to do so.
- You should use the 'hands up' option during lessons to ask permission to speak; this will stop everyone talking over each other and causing too much confusion.
- Children shouldn't be meeting their friends on Teams outside the set meeting times. A teacher should always be present during Teams lessons so please make sure you join the meetings at the correct times (not early) to be sure that the teacher is there and ready for you.
- You **do not** have to wear your school uniform for your online lessons but you must be dressed properly and not still in your pyjamas! It is a good idea to wear comfortable clothing when you are sat at the computer/in front of a screen for your lessons.
- Earphones cut background noise and help to make the sound clearer. Please don't ask your parents to buy earphones for you just for this purpose but if you do have them, you may find them helpful for your online lessons.
- You should **not eat** during lessons – rustling packaging causes a problem!
- You **strictly** must not use the phone option on Teams and should avoid using emojis/gifs/memes in the chat; this is distracting for other children and can be very irritating to others who are trying to learn.
- Remember that any resources (worksheets or helpful documents) uploaded in Teams can be found by clicking in the 'files' tab in the correct channel.
- Ignore the 'general' channel – the channel to use is the one for each specific week that is dated.

Truro School virtual football programme

Linked below is a programme of events that all ages can access and have a go. Whilst the foundation of the programme is football-based, there is something for everyone, ranging from Truro Prep mini's, strength and conditioning, technical sessions, parent webinars, family quizzes, and much, much more.

Head of Truro School Football, Glynn Hooper, commented on the partnership: "Whilst we are in the early stages of our partnership with Saints South West, this relationship is only going from strength to strength. We were all keen to develop a remote programme that has something for all our community at Truro School. You do not have to be an avid football fan to access the content that is on offer; whether it is strength conditioning work, speed and agility or the family quiz, it has been designed to engage as wide an audience as possible. "

To join in, simply click on the Zoom links on the PDF below.

VIRTUAL TIMETABLE | Truro School



 **FOOTBALL DEVELOPMENT (U7-U18)**
 **MINI (4-6) SOCCER CENTRE (7-11)**
 **Family**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Virtual Personal Coaching Sessions Book sessions and time slots by clicking here.	R and R
	Mini Prep (4-6) Fun Games 5.00-5.45pm	U7-U11 Workshop 5.00-5.45pm		U7-U11 Goalkeepers 5.00-5.45pm		
PREP SCHOOL Technical 6.00-6.45pm	Soccer Centre (7-11) Technical 6.00-6.45pm	U7-U11 SAO/S&C/Fitness 6.00-6.45pm --- U12-U18 Workshop* 6.00-6.45pm	R and R	U12-18 Goalkeepers 6.00-6.45pm		
Senior School Technical 7.00-7.45pm	Parent Webinar Workshop* 7.00-9.00pm	U12-18 SAO/S&C/Fitness 7.00-7.45pm		Family Activity Quiz/Games 7.00-9.00pm		

*Team sessions = age group coaches if possible to organise team specific sessions/socials
 *Workshop = Various topics each week
 R and R Rest and Recupercation