

A Celebration of Co-Curriculum in Lockdown

We are thrilled to see the energy and enthusiasm shining through from pupils and staff towards the co-curriculum at Truro School. It is part of our identity and we value it as a central aspect of school being the most precious time of a child's life. It is time when many of the foundations are laid to build character, expertise, passions and a versatile approach for the future. Lockdown means we are evolving our co-curriculum. It does not mean we are reducing our commitment to it as an essential part of each pupil's development and wellbeing.

With all clubs and activities going remote, it is amazing to see the initiative and drive from staff and pupils alike. I am super impressed with the adapted offering staff have put together. Promoting wellbeing is at the forefronts of our minds and allowing pupils to engage in co-curricular activities as part of their 'normal' week, encourages health and wellbeing as well as being an avenue to release stress and to be away from a screen, breaking up what could otherwise be a rather monotonous routine.

Senior

We continuing to run our broad and varied Co-curriculum in lockdown. All pupils are able to access a variety of physical and mental clubs that will allow them to stimulate their curiosities and allow them to be social in a secure and safe platform, monitored by a teacher.

Wednesday Afternoon Activities

Wednesday Afternoon Activities continue throughout lockdown as part of the normal timetable. Pupils will join their teacher on Teams every Wednesday at 2.05pm to register and receive instruction for the afternoon. The following activities are already up and running remotely:

<ul style="list-style-type: none"> • Art Activities • Art Ceramics • British Army Fitness • Chemistry Club • Choristers • Coding Club • Cookery • Debating • Digital Photography • Drama • Dram Macbeth • Design Technology • Dungeons and Dragons • Electronic Club • Fencing 	<ul style="list-style-type: none"> • Film (Psychology) Club • Fitness • Football • Greetings Card Making • Hockey • Music GSCE • Music Theory • Netball • Rugby • Squash • Supra-Curricular Club • Surfing • Swimming • Tennis • Wargaming
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Clubs and Activities

Staff have embraced the challenge of setting up remote clubs or activities to allow pupils to continue to find their individual passions and interests. All the clubs here are available to pupils via Moodle, and the list may well be added to:

<ul style="list-style-type: none"> • Ten-minute timeout tasks – designed as a break between lessons • Bodyweight Strength and Fitness Club • Book Club • Crossword Club • Christian Union • The Brian Bilston Appreciation Society • Couch to 5K • Friendship Band Making • High Performance Fencing • Gardening Club • Geology in the News • HIIT (High Intensity Interval Training) • Historical Fiction • History Film Club • Junior Physics Club • Live Cooking • The Nature Channel • Origami Club • Introduction to Economics 	<ul style="list-style-type: none"> • Parallel Maths Enrichment and Problem Solving • Sock Creature Club • Sporting Challenges Club • Yoga • Wild Birds Club • Football – Saints South West • Netball • Rugby • Hockey • Outdoor Pursuits • Duke of Edinburgh • Ten Tors • Music Theory Club – Junior and Senior • Jazz Band Project - Junior and Senior • Senior Choir singalong • Piano/Keyboard Club • Pop Choir singalong • Senior Choir Singalong
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Truro School Lockdown 2021 House Competition

Throughout the lockdown we will be running our weekly house competitions to all pupils across the Pre-Prep, Prep and Senior School. We also welcome entries from Parents and Staff!

Every pupil in the school is a member of one of the four competition houses – **School**, **Smith**, **Wickett** or **Vinter**.

Each Friday new challenges will be launched to the school community via the parent and pupil bulletins. Entries will close the following Wednesday at 9am. The hope is that families will come together over the weekend and complete some of the challenges together. The Head will also set a values based challenge each week in his weekly video message that pupils are encouraged to engage with over a longer period of time that will also feed into the House Competition.

Every entry will receive a point for their competition house, so encourage the whole family to take part to support your house. All entries should be sent to: competitionhouse@truroschoo.com

As always, we welcome suggestions and feedback on our co-curriculum, so please email me at zj@truroschoo.com with any comments.

Mrs Jobling (Director of Co-Curricular)