



TRURO
SCHOOL

Friday Bulletin

26 JUNE 2020: TRURO SCHOOL NEWS AND UPDATES



[Click here to view the Headmaster's weekly message](#)

Diary Dates...

Wednesday 1 July

- Virtual Sports Day and House Competitions

Thursday 2 July

- World Aims Day (am)
- Tutor Time/End of Term service (pm)

Friday 3 July

- Speech Day 10.30am
- Term ends 1pm

With the ever changing guidance on best practices in the realms of school sport, I have met regularly with other Directors of Sports across the country. These meetings have been of a national and local level. Together with the schools listed in the letter, we have formed a regional group of like minded schools and meet regularly to discuss the best way forward, not only with the ongoing covid-19 outbreak but with other ideas around school sport. For more information, please read the letter in full on page 8. Many thanks for your ongoing support and please do get in touch if you have any questions.

Mr Sanderson
Director of Sport

[View the letter in full on page 8](#)



TRURO SCHOOL



The Headmaster and Governors are pleased to invite you to join them for

Virtual Speech Day

GUEST SPEAKER

ROS ATKINS (C093), BBC PRESENTER, OUTSIDE SOURCE,
BBC WORLD NEWS & BBC WORLD SERVICE

Friday 3 July 2020

10.30 am

[Click Here](#)



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World AIMS - Breathe



This year our World AIMS theme is Breathe. There are two components to this theme, Let Me Breathe and Let Creation Breathe.

Let Me Breathe will be the focus of our World AIMS day, with opportunity provided for students to engage in Let Creation Breathe in the new academic year. Breathe builds upon the important and wide reaching equality and human rights discussions our students have engaged with throughout their school year. Breathe will provide a platform for our students to explore the question of anti-racism which has gained impetus through the Black Lives Matters movement. By using tutor teams to deliver our World AIMS theme we will create a safe space for our students to take part in honest discussion and critical reflection to engage in the issue of racial justice.

We do not intend this day to be a stand-alone experience for our pupils and students. Over the course of this half term, subject areas have reignited discussions about their curriculum and are working collaboratively to respond to anti-racist education. Our students must have the opportunity to learn about and ask questions of global issues, explore their own experiences and those of others, and crucially have their voice heard. We hope that our World AIMS day, which challenges us to look beyond ourselves, will provide the platform for this.

An abundance of resources have been added to Moodle for our students to engage with in their tutor groups. Please click on this [link](#) to a resource for parents to use as you see fit.

Best wishes

Aubin de Gruchy (Revd)
Chaplain and World Aims Co-ordinator

Andrew Gordon-Brown
Headmaster

**World AIMS
Thursday 2 July**



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On your marks... get set... GO! Virtual Sports Day



Fighting talk from Vinter, Smith, School, and Wickett this week as house members gear themselves up towards this year's sports day. A lockdown won't stop these fiercely passionate participants from coming out victorious, and so behold, the first ever virtual sports day is upon us!

July 1... Let the games BEGIN!

"We will NOT go quietly into the night!" – School

"Let's make 2020 OUR year!"- Wickett

"The mighty Vinter warrior needs YOU"- Vinter

"Let's get ready to... RUMBLE!"- Smith

[Click here to view the launch video](#)



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Truro School virtual sports day timings

8.45am - 8.50am	Register with form tutor
8.50am - 9.05am	Assembly with Heads of Houses on TEAMS. Codes on Moodle.
9.15am - 10.30am	Session 1 - Sports challenges
10.30am -10.45am	Submission of session 1 entries to form tutors
10.45am - 11.10am	Break
11.10am - 12.45pm	Session 2 - Co-curricular challenges
12.45pm - 1pm	Submission of session 2 entries to form tutors
1pm - 2pm	Lunch
2pm - 3.30pm	Session 3 - House challenge
3.30pm - 3.45pm	Submission of session 3 entries to form tutors

Rules

Please be as accurate as you can. For the sport challenges, count how many reps you can do in 30 seconds. For the broad jump, please measure from the back of your foot and submit your distance in meters (eg. 1.45m)

Please try and submit entries on time. There may be technical issues so please don't worry if you are slightly late

Session 2 entries will be judged at a later date by the head of that subject. You will gain a point for entering on the day.

In session 3, please do not enter more than 3 events. You can only compete in each event for 30 min. Submit your photo evidence of your GPS/GARMIN/STRAVA etc in KM

All entries should go to YOUR FORM TUTOR. There will be 3 assignments set, Session 1, Session 2 and Session 3. Please label your photos and videos with the event they relate to and put them the correct assignment

Points

If you are wearing house colours, you will score 1 point (for the day)

Every event you enter, with evidence, will score 1 point, regardless of your time/distance/effort

The top 3 boys and girls from each year will score bonus points.

1st = 4
2nd= 3
3rd = 2

View the rules and following pages in full on Moodle

Session 1 Sports

9.15am-10.30am



Usain Bolt? Jessica Ennis? They would love to take part in a Truro School sports day. Sadly they can't, but you can..!

How points are awarded...

You can enter all of the events below, send in your best efforts! Examples of the exercises are in the video. You have 30s to do as many reps as you can. The broad jump will be measured on distance.

1 point for submitting an entry

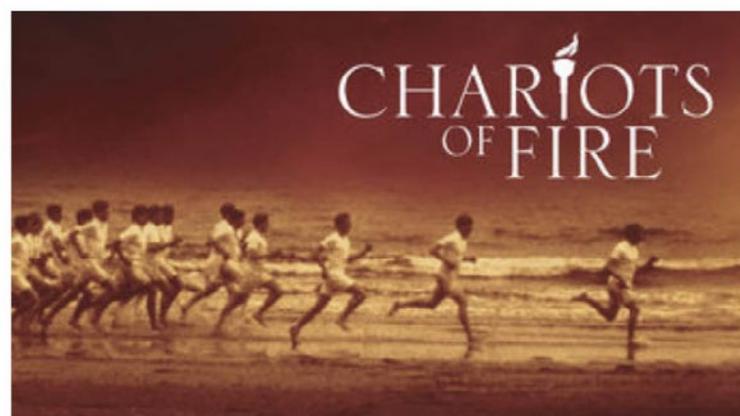
The best entries from each boy and girl per year, will receive an additional 4 points, with second gaining 3 and third receiving 2 points.

- Step ups
- V-sit challenge
- Broad jump
- Mountain climbers
- Keepy ups

Videos should be no more than 45 seconds and you should submit them to your FORM TUTOR UNDER THE ASSIGNMENT EVENT 1, LABELLING EACH VIDEO WITH THE EVENT TITLE (EG. BROAD JUMP)

MUSIC

11.10am - 12.45pm



Using any instrument....!

Send a short clip (30s or less) of you playing the theme tune of Chariots of Fire (Google or ask your parents if you don't know it!).

Don't worry, you don't have to be Mozart, you can hum, whistle, use instruments or sing your way to a point for your team!

Videos should be no more than 45 seconds and you should submit them to your FORM TUTOR UNDER THE ASSIGNMENT EVENT 2, LABELLING THE VIDEO 'MUSIC'.

How points are awarded...

1 point for submitting an entry

The best entries from each boy and girl per year, will receive an additional 4 points, with second gaining 3 and third receiving 2 points.

Session 2 CO-CURRICULAR ACTIVITIES

Enter and compete in as many events as you like!

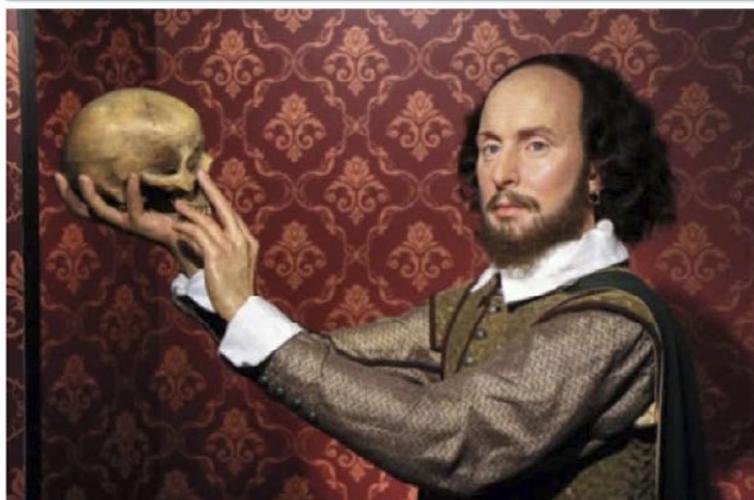
Keep an eye on the time though, all entries need to be submitted to your form tutors by 12.45pm.

Remember to submit your entries on teams under assignment 2 and label each file submitted, with the event name (eg Art).

Check out the events on the next poster....

DRAMA

11.10am - 12.45pm



Passion for your house....!

Send a short clip of no more than 45 seconds of you reciting either;

KING HENRY V Once more into the breach
or
VIOLA from Twelfth Night

Alternatively, you can submit a team talk of your own creation, rousing members of the house you are in!

Passages from Shakespeare can be found on the next poster

How points are awarded...

1 point for submitting an entry

The best entries from each boy and girl per year, will receive an additional 4, points with second gaining 3 and third receiving 2 points

Videos should be no more than 45 seconds and you should submit them to your FORM TUTOR UNDER THE ASSIGNMENT EVENT 2, LABELLING THE VIDEO 'DRAMA'.

DRAMA

KING HENRY V

Once more unto the breach, dear friends, once more;
Or close the wall up with our English dead.
In peace there's nothing so becomes a man
As modest stillness and humility;
But when the blast of war blows in our ears,
Then imitate the action of the tiger;
Stiffen the sinews, summon up the blood,
Disguise fair nature with hard favour'd rage;
Then lend the eye a terrible aspect;
Now set the teeth and stretch the nostril wide,
Hold hard the breath and bend up every spirit
To his full height. On, on, you noblest English.
I see you stand like greyhounds in the slips,
Straining upon the start. The game's afoot:
Follow your spirit, and upon this charge
Cry 'God for Harry, England, and Saint George!'

VIOLA from Twelfth Night

I left no ring with her: what means this lady?
Fortune forbid my outside have not charm'd her!
She made good view of me; indeed, so much,
That sure methought her eyes had lost her tongue,
For she did speak in starts distractedly.
She loves me, sure; the cunning of her passion
Invites me in this churlish messenger.
None of my lord's ring! why, he sent her none.
I am the man: if it be so, as 'tis,
Poor lady, she were better love a dream.
How will this fadge? my master loves her dearly;
And I, poor monster, fond as much on him;
And she, mistaken, seems to dote on me.
What will become of this? As I am man,
My state is desperate for my master's love;
As I am woman, now alas the day!
What thriftless sighs shall poor Olivia breathe!
O time! thou must untangle this, not I;
It is too hard a knot for me to untie!

Cookery

11.10am - 12.45pm



Budding chefs and hungry athletes...!

Prepare a nutritious sports day lunch, include the following ingredients;

- Complex carbohydrates for energy (wholemeal bread, pitta, rice, pasta, sweet potato etc)
- At least 2 portions of fruit and veg (providing essential vitamins, minerals and fibre)

Entries will be judged on nutrition content, appearance and house theme!

How points are awarded...

1 point for submitting an entry

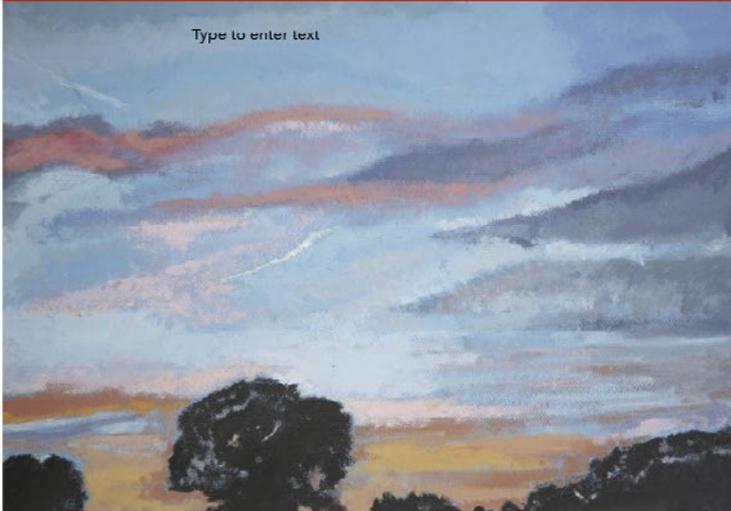
The best entries from each boy and girl per year, will receive an additional 4 points, with second gaining 3 and third receiving 2 points.

Photos and a list of ingredients should be submitted to your FORM TUTOR UNDER THE ASSIGNMENT EVENT 2, LABELLING THE FILE 'COOKERY'.

ART

11.10am - 12.45pm

Type to enter text



Are you a Picasso or a Monet? Maybe a Bernini? No? Don't worry...

Draw, paint or sculpt your way to gaining points for your house. All you need to do, is send your effort depicting a famous sporting scene or celebrity to receive points for your house.

Photos should be submitted to your FORM TUTOR UNDER THE ASSIGNMENT EVENT 2, LABELLING THE FILE ART.

How points are awarded...

1 point for submitting an entry

The best entries from each boy and girl per year, will receive an additional 4 points, with second gaining 3 and third receiving 2 points.

SESSION 3 - TEAM CHALLENGE

RUN, WALK, ROW OR CYCLE

2pm - 3.30pm



The final hurdle... without the hurdles...

An ultimate team challenge, we will add up your entire house's distances, to see who has won each of the running, cycling, rowing or walking events.

You can enter more than one event, but no more than 3. Each event is capped at a 30 min limit.

Submit your evidence by using strava, garmin, fitbit, photo (or another app) in km.

How points are awarded...

1 point for submitting an entry

The best entries from each boy and girl per year, will receive an additional 4 points, with second gaining 3 and third receiving 2 points.

Photos should be submitted to your FORM TUTOR UNDER THE ASSIGNMENT EVENT 3, LABELLING THE EVENT ENTERED (EG. CYCLING)

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In case you missed it...



Senior School Chapel Service

[Click here to watch this week's chapel service](#)



Colours Assembly

[Click here to watch our Colours Assembly](#)

Quarantine Contest: The Final



The deadline for entries is Saturday 27 June.
Please send all entries to Alex, Georgia, Lily and Ollie, thank you.



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Rainbow Run



Thank you to everyone who took part in the virtual Rainbow Run last weekend, raising money for Children's Hospice South West. Participants walked, jogged, ran or even cartwheeled their way through 5km. So far Truro School has raised £593! An amazing amount of money for a truly worthwhile charity.

Sock Creatures - Wednesday Afternoon Activity



We love these creations from the Sock Creature club this year. Great work!



South West Peninsula Schools Group

Dear Parents and Pupils

Firstly, we would like to say that we hope this letter finds you well and that you and your family are managing the difficult situations presented by the pandemic without too much distress. These drastic changes have given us all time to focus on what is truly important in our lives, with family and health at the top of the list. This letter aims to support both of these and provide information on current school thinking in terms of sport and fitness.

As a group of schools, we have met on a regular basis to share information and plan events going forward into September 2020, that will enable our pupils to enjoy being active, take part in competitions and stay safe. We are a group of similar sized schools, with a matching ethos of developing outstanding individuals, through sport. We will continue to work together and provide solutions for the uncertainty ahead.

As you will appreciate, with guidelines on sport changing on a weekly basis, it has proved difficult to provide concrete plans of our sport offerings for the next academic year. As a group, we have decided on the following actions that we would like to share with you:

- We are proposing to arrange fixtures, with the understanding that they may not go ahead. We hope that by September, we may be able to play against other schools close to us.
- If certain sports are still not allowed to happen (e.g. rugby), we would like to keep the fixture and date open, but will play a different sport (e.g. cricket), following up to date guidance and risk assessments from each sports' governing body.
- We are sharing best practice for hygiene and sanitising and will ensure that all guidelines are followed and implemented, including around transport, changing rooms and match teas.

These are some of our main proposals and we will continue to meet and plan for further changes, for PE and extra-curricular events.

We feel that it is important that pupils have access to some normality and are aware that many boys and girls love their school sport and the social element it brings. Now, more than ever, we would like the support of pupils and parents in helping us navigate this period of uncertainty. It is important that you all stay active and healthy and we are here to support you with this. We are aiming to be flexible and creative and there will occasionally be last minute decisions that will need to be made. We ask you for your patience and understanding and please know that we are determined to provide a fun and engaging programme, which is safe for all of our pupils.

Kind regards,

Dan Sanderson Andy Mason Phil Mutlow Jamie Sanders Angus Calder

Truro School - Exeter School - Plymouth College - Shebbear College - West Buckland School

the famous

BY MONKHOUSE

Schoolwear Specialists



Truro School Shop

Store Opens: **27/07/2020**

Store Opening Hours

Monday 10am - 2pm (Appointment for New Starters ONLY)

Tuesday 10am - 2pm (Appointment for New Starters ONLY)

Wednesday 10am - 2pm (Appointment for New Starters ONLY)

Thursday 10am - 2pm (Appointment for New Starters ONLY)

Friday Closed

Saturday Closed

Sunday Closed

Click & Collect / Returns Information

Monday - Thursday 2pm - 3pm

CLICK & COLLECT + RETURNS ONLY

CLOSED 31st August - Bank Holiday

Parent School Uniform Information

How we are staying Covid-19 secure

We know this time of uncertainty is having a huge impact on all our lives, and we want to let you know what we are doing to help you shop safely for your school uniform.

We have followed government guidance to ensure we are COVID-19 secure allowing you to shop safely.

How to purchase your uniform

Due to social distancing our store capacity has been significantly reduced. Therefore, we will not be able to supply all parents through our stores and we want to prevent large queues.

Shop Early and Shop Safely (Covid-19 Secure)

This will increase our total capacity for back to school.

Visit our website
store.famousbranches.com

New Starters

BOOK AN APPOINTMENT FOR A PERSONALISED SAFE STORE VISIT

Shop early

To help our total capacity for back to school.

Personalised shopping

1:1 personalised service from our trained and experienced staff.

Right sizing first time

Help with sizing as we know this can be difficult.

Avoid the queues

By booking an appointment you will avoid any queues.

One Stop Shop

Get everything you need in one shop including all accessories for back to school.

Existing Students

ORDER ONLINE

Know your sizes

Most existing parents will have a good idea of sizes making their purchase quick and easy.

Returns

Free extended returns to help with web shopping.

Click & collect

Free click & collect to help with web shopping.

New starter guide

We understand the added pressure on starting a new school so we have developed a **Personalised Safe Booking System** to protect store capacity and prevent large queues.

The Booking System

The best way for new starters to shop safely and get your sizing right first time.

Booking a Store Visit

Shop early

To help our total capacity for back to school.

Personalised shopping

1:1 personalised service from our trained and experienced staff.

Right sizing first time

Help with sizing as we know this can be difficult.

Avoid the queues

By booking an appointment you will avoid any queues.

One Stop Shop

Get everything you need in one shop including all accessories for back to school.

Store Safety

COVID-19 Secure

All of our stores have had a professional Covid-19 secure risk assessment completed which includes:

- Hand Sanitisers
- Till Screens
- Distancing markers and signage
- Staff face masks and gloves where applicable
- Daily deep cleaning
- Hourly cleaning of high touch areas
- Fresh garments for fitting purposes

For further details please read our full safety document on our website.

store.famousbranches.com

3 things we need you to do

3 things we need you to do

1. Shop early and visit our website for full details and our latest information – store.famousbranches.com
2. Book your appointment by visiting store.famousbranches.com
3. Visit our safe store and get everything you need

Existing student guide

Due to social distancing we need your help to protect store capacity for new starters and prevent large queues. Please order through our website 24hrs a day, 7 days a week.

Website Ordering

The safest way to shop for existing parents who know their child sizes.

Shop early

One Stop Shop

Free click & collect

Free extended returns

Online offers and deals

3 things we need you to do

1. Visit our website (store.famousbranches.com) for all our latest information.
2. Register or sign in to get all our latest offers
3. Check your garments for the current sizes so you know what to order

FAQs

I am a parent of a child already at a school and I want to come in store rather than shop on-line. Can I do that?

To be able to service New Starters we have put a booking system in place to keep people safe and offer the best service, so we would advise all existing parents to shop on-line if possible.

How long will I have to return garments if they don't fit when I get them?

We are extending the returns period to the 7th September for all customers to help in these challenging times.

Can I shop on-line if I am a New Starter at a school?

We strongly advise you to come to store, so we can guide you with our expertise through the uniform requirements and make sure you get the right size with growing room. It also gives us the best chance of making sure you get all the compulsory items your child will need to go back to school with. But PLEASE book your appointment as early as possible, help us to help you.

How safe are your shops going to be?

All of our stores have had a professional Covid-19 secure risk assessment completed so we can provide a safe customer and colleague environment. Please help us to help you and stay safe together. We have hand sanitising stations at the entrance and exits of all stores. We are operating a strict booking system or maximum number of people in store at anyone time to stop over crowding. All staff have been given face masks and gloves to wear. We have installed sneeze guards around our counters and have floor markings and guides for you to follow. We would ask that all customers bring their own face masks and respect the 2m distancing guidance. We have fresh garments to try on if required. Hourly cleaning of high frequency touch points and deep cleaning throughout our stores on a daily basis.

When should I shop for my school uniform?

Book an appointment as early as you can. These are unprecedented times and we have had to radically change our normal trading model to provide a safe environment for everyone. This will no doubt mean we will face challenges so please shop early to help us help you to make sure your child has uniform on their first day back at school.

Will my local store be open normal trading hours?

No, we will be flexing trading hours by site depending on many factors. Please visit our website for your local store's opening hours and which days are dedicated to appointments only, walk up's and click & collect collection times.

If I leave purchasing my uniform till late will I be able to get into your shop and will there be uniform left?

We strongly advise against this, there are so many uncertainties at this time, please help us to help you and shop early.