



KEEPING CONNECTED

NUMBER 7



**TRURO
SCHOOL**
CONNECTED

GUY DODD

13/08/1941 - 08/05/2020

HEADMASTER TRURO SCHOOL 1993 - 2001

FOUNDATION CHAIRMAN 2016 - 2020



THE TIMES OBITUARY NOTICE - MONDAY 11 MAY 2020

DODD, Guy Alexander Godson, died peacefully on 8th May 2020, aged 78, following a fall from his garden wall. We, his family and friends who loved him, miss him more than we can say.

Guy would be telling us all to 'stop making a fuss' but we could not create this edition of Keeping Connected without honouring our esteemed colleague and very dear friend.

These are just a very few of the wonderful messages already received.

If you would like to add to the book of condolence please visit:

<https://www.truroschool.com/alumni/guy-dodd/>

It is thanks to this great man that I am where I am today and have never stopped being grateful for the lessons I learnt from him through my education.

A true gentleman, an exceptional Headmaster and a tremendous supporter of all connected with Truro School.

I will miss his counsel, funny emails and friendship. My thoughts are with his family now, and will remain so. He left the world a better place for his being.

Rest in peace Guy, I am sure your legacy will live on in the pupils, staff and people who are lucky enough to have known you.

He taught us pupils many things; to be hard working, polite, but most of all kind. I have often thought of him over the years and tried to follow his example.

I remember Guy as such a warm, kind man. He made everyone feel so appreciated and valued.

Terribly sad news – a really inspirational man, a superb motivator, energiser and all round top bloke.

Mr Dodd was the embodiment of everything Truro School stands for - high expectations, high standards, fairness, equality, positivity and happiness.

I was always amazed just how many pupils names he knew. Good man. Thank you for all your efforts, Sir.

SHARING SAD NEWS

ANDY CRAWFORD

Former Teaching Staff

Andy Crawford has died in Australia where he was living with his son. Andy was a technician in the CDT department for 15 years and is fondly remembered for his patience, skill and wonderful sense of humour.

DONALD THOMSON

18/07/1925 – 23/07/2019

TS 1935-1943

Regretfully we have recently learnt, Donald passed away 23 July 2019

KENNETH WEBB

20/03/1937 – 09/04/2020

TS 1950 – 1955

Old Truronian, Ken Webb passed away on Thursday 9 April 2020, aged 83. He died in The Lawns Nursing Home, South Devon where he resided following a stroke a year ago.

ROSALIND EDWARDS



Truro School Former Staff
Passed Away 01/04/2020

Rosalind was the widow of Brian Edwards. Together they were House Parents of Epworth House during the 60's and 70's. A celebration of her life will take place when the current situation allows.

OPRE GRIFFIN

Old Truronian wife and parent

Opre passed away on Friday 17 April 2020, aged 96.

Widow of former pupil Howard Griffin (TS 1937-1940) and mother of John CO71. Opre had a long association with Truro School and was known to many former staff.

DR MARTIN GUY

24/03/1968- 27/04/2020

TS - 1975-1985

After 16 months of treatment for cancer, Martin died at home, on Monday 27 April 2020.

When government restrictions end there will be a memorial in St Albans Abbey and remembrance day in Cornwall.

OUR HEROES



HELPING THE COMMUNITY

2nd Year pupil Kayleigh has been volunteering with Cornwall Cloth Masks to help supply the local community with PPE cloth masks.

A keen sewer since the age of 8, Kayleigh has been making two varieties, persevering through the comprehension of required designs by the community (both of which allow filters to be fitted inside), learning through making mistakes and implementing strategies to achieve an effective production line - as anyone who has ever attempted

to sew on binding will know, there is a great deal of patience and determination required to get it right.

Through resilience, perseverance and a great deal of hard work, Kayleigh has succeeded in producing these masks for not only the volunteer group but also for friends and family. Fantastic work Kayleigh, well done!

ELLIOTT WITHERS CO83 NOMINATES:

My sister: the wonderful **Diane Rodda** (née Withers) CO82 who attended Sixth Form many years ago and who is a nurse in Truro. Diane specialised in Burns and Plastics in Oxford, then in Exeter when the Gulf War commenced and has had a terrific journey in life and her loyalty to the NHS, its people and all the patients that she has met, is and always has been total. Well loved by her fellow members of staff and most importantly, those patients who lives have led them to meet the popular Diane.



My Niece: **Nancy Bowden CO15**, a young woman who just keeps comfortably achieving new heights within her nursing profession; determined, caring and committed. Having started in Edinburgh and then moving to the Bristol Royal Infirmary, Nancy is back in Truro soon to commence the next chapter in her exciting, youthful life.

NOMINATE YOUR HERO & TELL US WHY:

tsa@gmail.com

MENTAL HEALTH AWARENESS WEEK - 18 -24 MAY 2020

The theme of this year's MHAW is kindness. Recognising and celebrating acts of kindness is so important to our mental health - the notes of positivity, the phone call to check in, the shared learning of a colleague, emergency shopping items delivered by a neighbour... Whatever it might be, it reminds us that we are loved, that there are people out there thinking about us and that we matter.

#kindnessmatters



Mental Health Awareness Week 2020

Maybe you could join the online workshop on the 21st May at 1pm on connecting with nature and maintaining well-being in the age of social distance run through Tevi.

https://www.eventbrite.co.uk/e/nature-and-health-pt-1-positive-planet-tickets-103805745780?aff=odeimcmailchimp&mc_eid=5288730af6&mc_cid=a39f09862b

Resources from Mentalhealth.org that you may find useful either in your teaching or sharing with your teams https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week?mc_cid=a39f09862b&mc_eid=5288730af6



The links below have been shared by Mental Health First Aid England (thank you Rev) and also the Red Cross. The Red Cross site has an interesting quiz which depending on your results, gives suggestions on how to improve your mental health during this pandemic.

<https://mhfaengland.org/remote-working-resources/everyone/>

https://resources.redcrossfirstaidtraining.co.uk/mental-health-and-coronavirus-pack?utm_campaign=mentalhealth-May-20-gen&utm_medium=email&utm_source=rct&utm_content=link&utm_term=Hub

VE DAY CELEBRATION PHOTOGRAPHS AND COMMENTS

ALAN MURTON CO51

The 8th of May was full of memories for me - I was just 12 and enjoying the early days of my scholarship at Truro School. It was in those early days that the threat of air raids had passed and I smile still when I remember being in a classroom in the junior block in the top quad; Miss Headon was teaching our class when from somewhere there was a loud bang and with a frightened expression she ordered us all under our desks. It was with an embarrassed face that she apologised and resumed the lesson.

I'm sure that a year or so earlier it would have been thoroughly justified.

In these unusual times I am staying safe and well served locally in only the second detention of a lifetime.

Regards, **Alan Murton**



ALAN CECIL LUKE CO64

Thinking of his Uncle Cecil who died during the war and who he was named after.

HOW ARE OUR ALUMNI ACROSS THE GLOBE?

PETER SEVIER CO51 - NEW HAMPSHIRE, USA

Coronavirus cases are fairly rare in New Hampshire - unlike Boston, which is only an hour's drive away. Amherst is a spread-out rural community, like much of Cornwall, so self-isolation and social distancing are not the problem that they are in crowded towns. Everyone, of course, misses social gatherings like lunch parties and club meetings.



Politically, like most countries, the USA are trying to balance personal safety with re-opening the shattered economy. Testing for the virus is almost unheard-of here, despite promises from the White House. For me, I wonder if I would test positive. At the end of February my son and I spent a week on an Italian cruise ship, from Civittavechia to Palermo, Valetta, Barcelona, Marseilles, Genova, and back to the Port of Rome. The increase in the infection rate in the North of Italy occurred during this time. Great precautions with cleanliness were taken on board the ship. However, on the last evening I felt rather unwell, but had none of the expected cough and headache, so I assumed it was just a gastro-intestinal upset. It was almost a week before I really felt better, about 2 days before I flew back home. Now it appears that the infection can take a variety of different forms, so I wonder.

A year ago one of my grand-daughters and her husband and 6-month old daughter came here to live with me. Kristin is expecting a second baby in about 3 weeks time. She will go to the maternity unit of Tuff's University Hospital in Boston, and they have told her - in no uncertain terms - that I must leave the house for 2 weeks after the birth, so she can come back to a very 'clean' house while the new child's immune system starts up. So, I shall go down to Connecticut to stay with a friend.

It is certainly a different world that we live in now!

JOHN SPEAKE CO59 - QUEENSLAND, AUSTRALIA

We were released from quarantine in Brisbane on 29 April and have been enjoying the luxury of being at home at last.

In 1964 Donald Horn wrote a book entitled "The Lucky Country ". Few people took the opportunity to read beyond the title and as a result the contents were widely assumed be laudatory. In fact Horn's message was that unless Australia lifted its game, its good run would not last. However, despite the changes that have occurred in the intervening 55+ years, in the opinion of most Australians, the country's luck still holds and Oz remains "The Lucky Country".



Nowhere is this more evident than in the current pandemic. As at 7 May, Australian confirmed cases totalled 6924; 684 were active; 6141 recovered and deaths totalled 99 in a population of approximately 25 million. Discussion here now centres on economic recovery and mental health.

It would seem that only New Zealand has similar rates. Perhaps some of your readers better versed in Epidemiology and Biostatistics would like to suggest explanations.

TEGAN PRYCE CO03 - ROWING CHALLENGE

LOCKDOWN LAND'S END TO JOHN O'GROATS (1407 KM)

Fitness instructor Tegan, has never rowed on the water but recently joined a new venture set up by a friend (pre-lockdown) Carrick Rowing Club. Tegan and a few of the members decided to do a rowing challenge to raise funds for the club - the initial challenge: to row a million meters during the month of May, all on indoor rowers. However, Tegan set herself a personal challenge to complete a million meters solo. Within the first 13 days Tegan had completed 700 km so revised her personal target; to row a 'virtual' Land's End to John O'Groats - the equivalent of 1407 km. The joint target with her rowing club friends has also been revised to 2.8 million meters - the circumference of Britain. Together they are keeping track of their progress with the use of a spreadsheet.

"Normally I do a lot of CrossFit, so this is a mental fortitude challenge for me, which is something you need a lot of when you compete in CrossFit competitions. I like challenges that really test me both physically and mentally, so this is keeping me fit and sane whilst I can't get to the gym! Normally I'm a personal trainer and fitness instructor at St Michael's Health Club in Falmouth, so it's kind of an extension to my job too!"

On average Tegan needs to row 45 km every day to complete her target which takes between 3.5 - 4 hours. She begins her day at 6.30 am to try and hit the 45km before midday.

"I usually complete 10-15km stints and then I get off and have a quick coffee/stretch before getting back 'on-board'. Then in the evenings I'll do another 10km just to stay ahead of the game! I tried watching TV whilst on the rower, but found myself getting bored. Listening to music works well because it helps me get into a rhythm but recently I discovered Audiobooks and I've been listening to some great ones about hiking Everest and the time on the rower has been flying by!"

We wish Tegan and her friends well with their challenge and look forward to hearing when they 'cross the finish line'.

Who knows - next challenge Everest?

If you have set yourself a personal challenge during lockdown we'd love to hear about it.

tsa@truroschool.com



CREATIVITY LOCKDOWN PROJECT

CALLING ALL ALUMNI WITH AN INTEREST IN ART, MUSIC, DRAMA OR DT



The Art, Drama, DT and Music departments have collaborated to put on a very exciting large-scale, cross-curricular Lockdown Project.

Culminating in a big Arts Expo Week in September, where they will present all the pupils' work, this is a fantastic opportunity to reflect on and represent the current situation through creativity.

Watch the video to find out more... [Creativity Lockdown Project Video](#)

If you would like to take part email: tsa@truroschool.com and we will put you in touch with Ben Oldfield (Drama), Chris Baker (DT), David Meads (Art) or Martin Palmer (Music).

INFORMATIVE FEATURE

GRAHAM HOOPER: TARGET YOUR BIGGEST CYBER WEAK SPOT – HUMAN ERROR

By Portfolio Adviser, 27 Apr 20

Passwords, processes and systems can only protect us so far and the human factor is often the weakness.

It only takes a quick look at some headline facts and figures to ram home the significance of cyber-attacks within the UK financial services sector – although, in passing, 'cyber' may be the wrong word.

That implies something technical, systemically mystical, deep and geeky stuff – which is not always the case. As we will see later, it is much more about people and behaviours, rather than being outfoxed by a young, techno-genius working in front of a screen 24/7 and developing ways of hacking into the very heart of our laptops, tablets and smartphones by way of hyper-clever complex coding.



Continue reading the article [HERE](#).

THIS WEEK'S RECIPE

Maria Taylor: *"I feel we need to be supporting our fishermen so a fishy recipe this week - and one of my all time favourites!"*

PAN SEARD SEA BASS WITH TOMATO



INGREDIENTS

800 g small charlotte potatoes

8 tablespoon extra virgin olive oil

2 tablespoons red wine vinegar

200 g cherry tomatoes

100 pitted kalamata olives

2 cloves garlic

25 g pack flat leaves parsley

4 sea bass fillets (skin on)
approximately 100 g per fillet

Small bag (approximately
100 – 120 g) washed rocket
leaves

A little extra olive oil to fry the
sea bass

Freshly ground salt & black
pepper

METHOD

1. Preheat the oven to 200 c / Gas Mark 6
2. Wash the potatoes and slice into thin 0.5 cm. rounds
3. Place the potatoes in a large baking tin then drizzle over 2 tablespoons of the olive oil and season with salt and pepper. Mix thoroughly so that all the potatoes are lightly coated with the oil then roast in the oven for 20 minutes
4. Roughly chop the olives
5. Finely chop the garlic
6. Wash and quarter the cherry tomatoes
7. Wash the parsley then discard the tough woody stalks and finely chop the rest.
8. In a small mixing bowl combine the olives, garlic, tomatoes, parsley and the remaining 6 tablespoons oil to make the salsa. Mix well and season generously.
9. Remove the potatoes from the oven and stir through $\frac{3}{4}$ of the salsa then return to the oven for a further 15 – 20 minutes until the potatoes are crispy and lightly browned.
10. Drizzle the sea bass with a little more olive oil and season both sides of the fish well.
11. Heat a frying pan then place the fish skin side down and cook without moving for 5 minutes until the skin is crisp.
12. Using a fish slice carefully turn the fish over then remove the pan from the heat.
13. Remove the potatoes & salsa from the oven and stir through all but a small handful of the rocket
14. Divide the potato/salsa/rocket mixture between four warm plates
15. Top each plate with a sea bass fillet, skin side down, and finish with the remaining salsa and rocket to garnish.

Don't forget to send us photos!
tsa@truroschool.com

QUARANTINE CONTEST - WEEK 3

Parents, Old Truronians and staff, as well as pupils, are welcome to enter these fun quizzes - please send your entry to us with your name as well as your child's details (if applicable) so we can add your points to the house totals.

Every 2 weeks there will be 4 new competitions, so please make sure that we have your entry in by **6:00pm on Sunday 17 May**. [CLICK HERE](#) for contest number 2 (deadline extended).

Every entry counts, no matter how big or small.

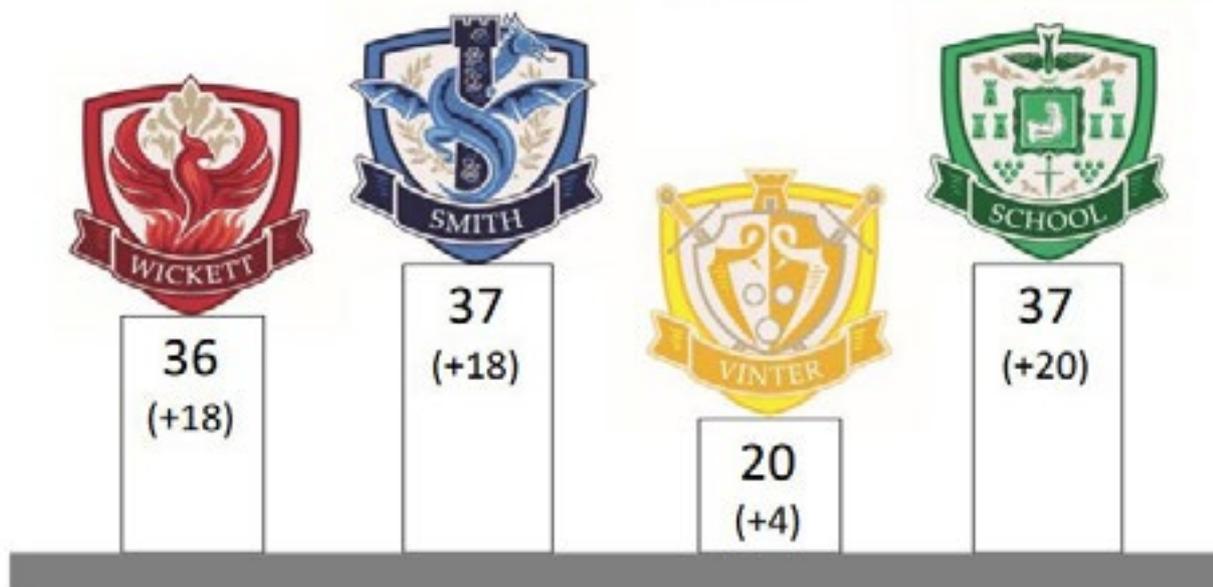
Good luck! Georgia, Alex, Lily and Ollie (Head Prefect Team)

Thanks to all Old Truronians taking part - keep those entires coming!

Every entry wins a house point for their house! In addition to this, 1st Place wins 5 points, 2nd Place wins 3 points, 3rd Place wins 2 further points for their house. *(We'll be taking your year group and age into account!)*

HOUSE TOTALS:

PLEASE MAKE SURE YOU TELL US WHAT HOUSE YOU ARE IN WHEN SENDING IN YOUR ENTRIES!!



TRURO SCHOOL DEVELOPMENT OFFICE

Working together with our community

Email: tsa@truroschoo.com

[#StaySafeStayHome](#)