

Lunch 1	Meat free Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade soup of the day	Homemade soup of the day	Homemade soup of the day	Homemade soup of the day	Homemade soup of the day
Main Course	Vegetarian Quorn and root vegetable pie	Spiced Chicken thigh with Katsu curry sauce	Stir fried hoi sin beef Chow Mein	Glazed honey roast gammon	Breaded fish Or Sausage with onion gravy
Vegetarian main course	Roasted squash and spinach pie topped with cheddar crumble	Breaded spiced aubergine with katsu curry sauce	Sweet and sour vegetable chow Mein	Butternut squash and spinach quiche	Cheddar and red onion filo pie
Extras		Cucumber raita	Soy sauce Sesame seeds Prawn crackers	Selection of mustards	Lemon wedge Tartar sauce
Veg/potatoes	Creamy mash potatoes Steamed green cabbage Sweetcorn with roasted peppers	Seasoned wedges Spiced cauliflower courgettes	Egg fried rice Stir fried vegetables	Roast potatoes Steamed broccoli Braised red cabbage	Chips Baked beans Garden peas
Hot dessert	Dutch apple cake with Crème fraiche	Chocolate and banana bread and butter pudding	Mixed berry crumble With custard	Sultana and syrup sponge with orange cream	Lemon meringue pie
Cold desserts	Selection of daily cold desserts	Selection of daily cold desserts	Selection of daily cold desserts	Selection of daily cold desserts	Selection of daily cold desserts
Italian pasta bar	Freshly cooked pasta with a selection of pasta sauces	Freshly cooked pasta with a selection of pasta sauces	Freshly cooked pasta with a selection of pasta sauces	Freshly cooked pasta with a selection of pasta sauces	Freshly cooked pasta with a selection of pasta sauces
Jacket Potato bar	Baked jacket potatoes with a selection of toppings	Baked jacket potatoes with a selection of toppings	Baked jacket potatoes with a selection of toppings	Baked jacket potatoes with a selection of toppings	Baked jacket potatoes with a selection of toppings

