

Friday Bulletin

FRIDAY 6 DECEMBER: NEWS, NOTICES AND FORTHCOMING EVENTS

Diary Dates

Monday 9 December

Nine Lessons & Carols

(boy choristers & Year 6 singing group) **7pm**

Tuesday 10 December

CHRISTMAS LUNCH

Year 3 & 4 house matches: football & hockey (parents welcome to watch football on the field, but unfortunately, there is no viewing space available in the sports hall for hockey) **2.20pm**

Christmas Concert



This year's Prep Christmas Concert provided a festive mix of traditional and modern music whilst showcasing the vocal and instrumental abilities of the whole school. The evening started with the procession of lanterns across the charmingly decorated hall. Twinkling Christmas lights and festive wreaths provided a magical backdrop to the parade.

View more [here](#)



Thank you

A huge thank you to Mrs Emma Rowe and her wonderful team of creative helpers who decorated the sports hall so beautifully for the Christmas Concert. The greenery, the lights, the trees and the birdcages gave the whole event a very special ambience. We are deeply grateful for the time and energy spent making the event so memorable for the children and the parents.



Read more about the author visit [here](#)



TRURO
SCHOOL
PREP

truroschoo.com | bulletin@truroschoo.com

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Wednesday 11 December

Early Years Nativity

Refreshments in dining hall 8.35am
Morning performance 9.45am-10.45am
Afternoon performance 2.15pm-3.15pm
Refreshments in dining hall 3.15pm

Year 5 & 6 House Cross Country
(parents welcome) 2.30pm

An out of this world Christmas



Key Stage 1 performed their version of the classic nativity play this week, 'An out of this world Christmas' featuring astronauts, mission control, robots, engineers, and aliens.

View more [online](#)

On the last day of term, Pre-Prep children are invited to wear 'party clothes' for their Christmas parties.

In Prep, we invite children to get creative and wear one Christmas item of clothing: this could be a Christmas jumper or something similar but please don't feel that you have to buy something special for the day. A tinsel tie or a Santa hat will work just as well!

Thursday 12 December

Year 1 & 2 visit to Truro Baptist Church
9.15am-12pm

Year 4 and Year 5 dance groups performance. Parents are warmly invited to the assembly hall **3.30pm-3.45pm**

After school club: cross country will finish at **4.40pm**

Friday 13 December

END OF TERM

Christmas Service, led by chaplain (assembly hall, pupils & staff only) **8.50am**

Pre-Prep Christmas party **1.15pm-3pm**

Class parties in form rooms **2pm-3pm**

Pre-Prep term ends (no after school care club) **3.30pm** (children can be collected from **3pm** onwards by prior arrangement with class teachers)

Prep term ends (no activity clubs, after school care, homework or supper club) **3.40pm** (children can be collected with Pre-Prep siblings by prior arrangement)

School returns on Monday 6th January 2020

ACHIEVEMENTS

Pre-Prep	Stars of the Week	Work of the Week
Nursery	Melissa & Nola	
RLS	Freya	
RMJ	Ashleigh	
1KM	Isaac	Aria
1SC	Bo	William
2PS	Aubrey	Jack
2CW	Poppy	Casper

Pre-Prep Golden Book Award
Sophie
Pre-Prep Golden Table Award
White table



Head's Commendations

Christian 5JL for Music: Christian has produced a high standard of musical ensemble work this term.

Jack 5JE for Music: Jack has demonstrated high standards of work but especially in vocal and listening skills in which he shines.

James 5JL for Music: James has produced a high standard of musical ensemble work this term.

Alfie 5JE for Music: Alfie has produced excellent work in music showing a high standard of ensemble work.

Freddie 5JL for Music: Freddie has shown a high standard of musical ensemble work and development of listening skills.

Olliver 5JE for Music: Olliver has produced a high standard of musical ensemble work.

Jack H 5JL for Music: Jack has produced a high standard of vocal performance this term.

Jack H 5JL for Music: Jack has made tremendous progress in music this term, both in vocal and listening skills, showing good ensemble work and more complex performance skills.

Caspian 5JL for Music: Caspian has produced a high standard of musical ensemble work.

Jack M 5JL for Music: Jack has shown excellent musical ensemble skills producing a high standard of vocal and performance work.

House Point Form Champions

Asher & Violet 3LL

Teddy & Samuel 3SM

Millie 4ME

George 4SB

Charlie 5JE

James 5JL

Oliver 5SL

Jackson 6AG

Thomas 6JF

Ella, Imogen & Lowena
6SS

Head's Commendations

Oliver 5SL for Music: Oliver has produced a high standard of listening and vocal work.

Charlie 5JE for Music: Charlie has produced a high standard of musical ensemble work.

Harry 5JE for Music: Harry has shown a high standard of musical ensemble work.

Merit Awards



Bronze Merit Awards

5SL: Grace

6SS: Oscar



Silver Merit Awards

3LL: Asher, Arthur

4SB: Daisy, George, Nancy



Gold Merit Awards

3SM: Paddy, Henry, Joseph

Reading Star Awards



Bronze Reading Awards

3LL: Ethan



Silver Reading Awards

3LL: Archie

Maths

Times tables challenge certificates were awarded to:

3LL: Will, Honey, Aramis, Solomon, Arthur, Olivia, Elliot

3SM: Sarah, Paddy, Henry, Matipa, Alfred, Sunny, Teddy, Harry S, Joseph, Samuel

4ME: James, Theo

4SB: William

5JE: Nathan

5JL: Clara

6AG: Annabel, Felicity

6JF: Oliver, Benjamin

6SS: Jacob, Henry, Tilly-Rose, Lowena

Monday Mile Club:

Bradley and William (both 5SL) have been awarded with certificates for accumulating 5 miles at Monday Mile Club.

Horse-riding

Amelia (5SL) won a rosette and trophy for 'most improved' at the Western Hunt Branch of the Pony Club summer camp. She also won a trophy and rosette for coming 4th out of 110 riders at the team event at the Royal Cornwall Showground in July.

Badminton

Evie (5SL) took part in the Badminton England competition in Devon on Sunday 1st December, winning bronze medals in the U13 singles and U13 doubles sections.

Swimming

Benjamin (6JF) attended the Carn Brea & Helston winter swim meet on Saturday 30th November. In the 11-year-old boys' section he won the following medals:

100m breaststroke:	gold
100m freestyle:	gold
100m backstroke:	silver
50m freestyle:	silver
50m butterfly:	silver
100m individual medley:	silver
50m breaststroke:	bronze

Luke (6AG) took part in a swimming gala in Penzance last Saturday. This was his first big gala since moving to a new club and he achieved two personal bests and the following medals:

50m fly:	gold
50m backstroke:	gold
100m individual medley:	silver
100m backstroke:	bronze
50m freestyle:	bronze



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Year 2 Great Fire of London

Year 2 welcomed a visit from the Fire Department this afternoon and they were hugely excited to be able to re-enact the Great Fire of London in the Pre-Prep playground.



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Years 5 and 6 Cross Country runners



On Wednesday afternoon, we took a team of Year 5 and Year 6 children to Polwhele House School for cross country. Other schools attending included Truro High School and Polwhele House School.

All the selected children regularly attend our after-school cross country training sessions, held on Tuesdays and Thursdays.

Incredibly, a spell of drier weather meant that the woods were open for our cross country races. However, conditions along the bottom of the course were extremely muddy. This made for testing conditions for all of our runners – a flat, fast start around their top fields, followed by a steady long descent, selecting the best route through the lower section of the course, then a

steep uphill section to the final stages of the race.

Year 5

Squad: Felix, Charlie, Maddox, Trystan, William, Olliver, Lucy, Lilly, Clara, Ayesha, Lola, Evie, Amelia, Grace and Flo.

This was a strong team performance, with some exceptional individual results. All of our runners finished in the top fifteen places in their races.

Our top three boys were Felix (1st), Charlie (2nd) and Maddox (3rd). Our top three girls were Lucy (1st), Lilly (2nd) and Clara (6th).

Year 6

Squad: Woody, Jacob, Oscar, Inigo,

Harriet, Beth, Annabelle, Alice, Felicity, Tilly-Rose and Imogen.

Another cracking team performance, with all of our runners finishing in the top fifteen places in their races.

Our top three boys were Woody (1st), Jacob (2nd) and Oscar (3rd). Our top three girls were Harriet (1st), Beth (4th) and Annabelle (6th).

My star of the day was Ayesha (Year 5), who managed to complete the extremely muddy course in her brother's football boots. Not impressed yet? You will be when I tell you that she realised at the event that they weren't fitted with shoelaces!

Charity Fundraising this term

BBC Children in Need

A huge thank you for the donations to Children in Need last month. We raised a fantastic total of £668.

Royal British Legion Poppy Appeal

Thank you also for donating to the poppy appeal which raised £244.30.

First Aid Messages

Dear Parents/Guardians

There have been a couple of cases of Hand, Foot and Mouth Disease in the nursery and it is doing the rounds locally at the moment. It is a common viral illness and infection generally leads to immunity. The incubation period is 3-5 days.

The onset of the disease generally presents as:

- Fever;
- Malaise;
- Sore mouth;
- Development of a rash;
- Mouth lesions appear on the inside surfaces of the cheeks, gums and on the sides of the tongue;
- Raised pink spots that develop into blisters, which may persist for seven to ten days, can also occur as a rash, especially on the palms, fingers, soles and occasionally on the buttocks.

There is no requirement for your child to be excluded from nursery/school, but obviously if they are feeling unwell with it then do please keep them at home. As soon as they're feeling better, they can go back to school or nursery; there's no need to wait until all the blisters have healed (keeping your child off for longer is unlikely to stop the illness spreading).

A good standard of hand, personal and food hygiene should be maintained.

There is a slight risk to pregnant women and they may wish to avoid close contact with a child with HFMD. Pregnant women who develop any symptoms of rashes during pregnancy should seek advice from their general practitioner or midwife.

This is a self-limiting illness and there are no specific, effective treatments for this virus. The illness is mild and usually clears up by itself in 7-10 days. To help with the symptoms:

- Keep your child cool;
- Encourage fluids to prevent dehydration (but avoid acidic drinks like fruit juice);
- Encourage soft foods like ice cream, yoghurt may or soup;
- Give Paracetamol at the dose recommended for the child's age on the box or by the pharmacist. Treating the symptoms will help and the illness will run its course.

Should the person develop the rare additional symptoms of high fever, headache, stiff neck, or back pain or other complications then they need to see a doctor urgently.

More information on Hand, Foot and Mouth Disease can be found here:

<https://www.nhs.uk/conditions/hand-foot-mouth-disease/>

Stay well!

Mrs Cameron

School First Aider

kcl@truroschoo.com



for a living planet

My home has been
destroyed by
fire.....

Bring your 'rain
forest' soft toy
to school

On Wednesday 11 th Dec.

50p donation please

Please donate to the
WWF to help stop
the world dying now.

WWF.ORG.UK
tomorrow may be too late

Jingle All The Way

A Christmas concert by Truro Cathedral Choir



CORNWALL
today



Truro
Cathedral
sacred space, common ground

Performing seasonal favourites and other festive gems, this concert by Truro Cathedral Choir is sure to leave you feeling Christmassy! In association with Cornwall Today.

Tickets £15.00 Supporter Tickets £16.50 (U18s FREE)
www.trurocathedral.org.uk



@TruroCathedral @TruroCathChoir

SATURDAY 14 DECEMBER AT 19:30

Christmas Lights 2019

SATURDAY 7TH DECEMBER 2019

6.00-7.00PM

BEHENNA DRIVE MALABAR TRURO TR1 3RB

Come along and see this year's lights extravaganza! Mark has worked hard, once again, to put on a display in aid of CLIC Sargent and any donations would be appreciated.

**LIGHTS WILL BE ON EACH EVENING FROM 7.12.19
WEEKDAYS THEY BE ON FROM 6PM UNTIL 9.00PM AND
WEEKENDS 5.30PM UNTIL LATE.**



This year, from 6.15pm your little ones will have a chance to meet Olaf, Elsa and Anna, weather permitting.

Enjoy a glass of mulled wine and a mince pie on the 7.12.19, weather permitting.

This year's lights are bigger and brighter!

Foodbank donations

As we have done in previous years, we are collecting food items and other gifts as part of the school's reverse Advent Calendar for Truro Foodbank. Please do continue to remember the Foodbank in your shop this weekend; we will be happy to receive gifts on their behalf throughout the next two weeks. Please take a look at the ideas listed on the poster below, or encourage your children to look inside the windows on the stocking calendar going up the staircase in the main Treliske building.

Prep gifts can be dropped off in boxes at the top of the staircase. Pre-Prep will have collection points in the entrance hall of the Pre-Prep building.

Thank you



WRITE DOWN THE FOOD ITEMS/GIFTS/CASH YOU'VE GIVEN & COLLECTED
EACH DAY READY TO DONATE TO **TRURO** FOODBANK

1 Coffee 	2 Meat 	3 Pudding 	4 Vegetables 	5 Fruit 
6 Potatoes 	7 Juice 	8 Cereal 	9 Biscuits 	10 Milk 
11 Soup 	12 Tomatoes 	13 Fish 	14 Pasta Sauce 	15 Rice 
16 Beans 	17 Pasta 	18 Coffee 	19 Meat 	20 Pudding 
21 Vegetables 	22 Fruit 	23 Potatoes 	24 Juice 	25 Toiletries 



Supporting **TRURO** Foodbank
www.truro.foodbank.org.uk

Reg. Charity No.1135825 - Reg. in England & Wales/Scotland

HELPING LOCAL PEOPLE IN CRISIS