



Rebecca Davison

Chartered Physiotherapist
MSc BSc (Hons) MCSP HCPC

BSc (Hons) Physiotherapy, 2:1, University of the West of England, Bristol (2000-2003)
MSc Sports Physiotherapy, University of Bath (2009-2013) **(Merit)**

Professional Membership

Member of Chartered Society of Physiotherapy (CSP) – Membership number: 69101

Health Professionals Council (HPC) Registered – Membership number: PH 64965

Association of Chartered Physiotherapists in Sport Medicine (ACPSM) – Membership number: 7971

Acupuncture Association of Chartered Physiotherapists (AACP) – Membership number: 7725

Case Studies

1. “I treated a 17 year old South West long jumper for a variety of injuries over the years, but recently he had a hamstring injury which was affecting his ability to generate enough speed or power during the approach run and take off phases of the long jump. I saw him weeks before the UK Schools Competition and treated him using a variety of soft tissue and joint mobilisation techniques. We also used video analysis and assessed lower limb kinematics to guide sport specific rehabilitation. He successfully competed in the competition and finished an impressive 4th.”
2. “I treated a county javelin thrower who had injured his throwing elbow during a throw several months previously. He had been unable to throw anything since without pain. By assessing the biomechanics of throwing a javelin and how this particular athlete moved, we identified and rehabilitated weaknesses through his kinetic chain i.e. improving shoulder and lower limb strength, in order to successfully treat his elbow injury. He has since returned to full training.”