



Dear Parents, Guardians and Carers,

By way of welcome in this week's Bulletin, I think a warning is needed; the festive season has begun at Truro School! If like me, you keep all things Christmas firmly in December, this may come as a slight shock, but I hope you will see, it is all with good intent!

In Chapel this week, the first Advent candle was lit. This act of hope serves to remind us all of the spirit of giving and our commitment as a school community to make a positive impact on the lives of those in need. At the same time, our Charity Team spoke with compassion about the experiences of people who find themselves facing adversity this winter. They asked us all to help through our charity day, which will see donations raised go to support two local charities: St Petrocs and The Women's Refuge Trust. Thank you to our Charity Team who worked together to plan and deliver these important Chapel services. The funds raised will help these charities to make a positive impact on the lives of those facing challenging times.

Team work and collaborative learning was embraced in the 1st Year lessons that Mrs Thurlow and I visited as part of our recent learning walks. In Religious Studies, pupils were working together to put forward convincing presentations on environmental awareness and sustainability. In Geography, pupils were asked to collaborate to complete a challenging retrieval quiz, with merits awarded for great teamwork. It was highly competitive and great fun! Encouraging teamwork, group projects, and peer-to-peer collaboration fosters a sense of community among our pupils. By working together, our pupils can strengthen essential interpersonal skills that will serve them well in the future. In lessons, our learning scores framework encourages pupils to reflect on their approach to learning and explore ways it can positively enhance their learning experience and outcomes.

As I write this, I am looking forward to watching our talented pupils perform 'A Christmas Carol'. The cast and crew have been working together to bring this story to life on the stage. Reviews from the first performances are brimming with awe for the exceptional performances of all who involved; it sounds like the perfect start to the festive season!

As we approach Advent, a time of reflection, gratitude, and meaningful action, I encourage us all to embrace the opportunity to make a positive difference in the world, one act of kindness at a time.

Wishing you and your family a lovely weekend,

Emma Mitchell
Assistant Head (Teaching and Learning)

Saturday 25 November

Outdoor Education: Ten Tors 2
Day Walk

10:00 - 15:00 Pete Ward - EARTH
Heseltine Gallery

11:00 Hockey Fixtures
Girls-U13A vs West Buckland School
Girls-U12A vs West Buckland School

11:00 Rugby Union Fixtures
Boys-U18A vs Mount Kelly
Boys-U18B vs Mount Kelly
Boys-U15A vs Mount Kelly
Boys-U14A vs Mount Kelly

12:00 Hockey Fixtures
Girls-U14A vs West Buckland School

14:00 A Christmas Carol
<https://www.burrelltheatre.com/whats-on/>

19:00 A Christmas Carol
<https://www.burrelltheatre.com/whats-on/>

Monday 27 November

WEEK A

CHARITY WEEK 4J

15:15 Football Fixtures
Mixed-U14A vs Cape Cornwall School

**16:30 - 17:30 Music: 3rd Year
Christmas Song Concert**
Location: M1

Tuesday 28 November

13:00 Football Fixtures
Boys-U12A vs Millfield Prep School
Mixed-U12A vs Millfield Prep School

16:30 - 17:30 Music Concert 4
Location: Chapel

**18:00 - 19:00 3rd Year Options
Evening - Parents' Event**
Location: Burrell Theatre

Wednesday 29 November

GCSE Mock Exams
Location: The Assembly Hall

13:00 Hockey Fixtures
Boys 1st XI vs U18 County Tournament

14:00 Football Fixtures
Girls-U14A vs Richard Lander School

15:00 POSTPONED Netball Fixtures
1st VII vs Callywith College

15:00 Rugby Union Fixtures
Boys-U16A vs Wadebridge School

15:15 Rugby Union Fixtures
Boys-U15A vs Penrice Academy
Boys-U14A vs Penrice Academy
Boys-U13A vs Penrice Academy
Boys-U12A vs Penrice Academy
Boys-U12B vs Penrice Academy

15:30 Hockey Fixtures
Girls-U13A vs Truro High School

16:00 Hockey Fixtures
Girls-U12A vs Truro High School

Thursday 30 November

GCSE Mock Exams
Location: The Assembly Hall

14:00 Netball Fixtures
1st VII vs Wellington School

16:00 Netball Fixtures
Girls-U16A vs Truro High School
Girls-U15A vs Truro High School
Girls-U14A vs Truro High School
Girls-U13A vs Truro High School
CANCELLED Girls-U12A vs Truro High School

16:00 - 17:00 ACHE Sessions
Sixth Form Centre

Friday 1 December

GCSE Mock Exams
Location: The Assembly Hall

08:45 FTS Coffee Morning & Uniform Sale All Parents Welcome; Truro School Cafe

09:30 Netball Fixtures
Girls-U13A vs County Netball Tournament

13:00 - 14:00 Sixth Form: Winter Warmer Sixth Form Centre

16:15 Hockey Fixtures
Girls-U12A vs TS Prep Girls-U11A
Boy-U12A vs TS Prep Boys-U11A

Saturday 2 December

GCSE Mock Exams
Location: The Assembly Hall

09:30 - 17:15 Music: Cornwall Youth Orchestra Rehearsal
Location: Truro High School

14:00 Rugby Union Fixtures
Boys-U18A vs Exeter School
Boys-U16A vs Exeter School
Boys-U15A vs Exeter School
Boys-U14A vs Exeter School
Boys-U13A vs Exeter School
Boys-U13B vs Exeter School
Boys-U12A vs Exeter School

Sunday 3 December

GCSE Mock Exams
Location: The Assembly Hall

Monday 4 December

WEEK B

CHARITY WEEK 4K

GCSE Mock Exams
Location: The Assembly Hall

07:30 Netball Fixtures
Girls-U15A vs Bournemouth Collegiate School

24 NOVEMBER: TRURO SCHOOL NEWS AND UPDATES

Tuesday 5 December

GCSE Mock Exams
Location: The Assembly Hall

3rd Year Careers Day

13:15 Squash Fixtures
1st vs Taunton School

16:00 Hockey Fixtures
Girls 1st XI vs Mount Kelly

16:00 Netball Fixtures
Girls-U16A vs Redruth School
Girls-U15A vs Redruth School
Girls-U14A vs Redruth School
Girls-U13A vs Redruth School
Girls-U12A vs Redruth School

Wednesday 6 December

GCSE Mock Exams
Location: The Assembly Hall

10:00 Rugby Union Fixtures
Boys-U13A vs Mount Kelly festival

13:00 Netball Fixtures
Girls-U13A vs Talbot Heath School

15:30 Netball Fixtures
Cancelled 1st VII vs Tretherras
Cancelled Girls-U16A vs Tretherras
Cancelled Girls-U14A vs Tretherras

Thursday 7 December

Christmas Jumper Day
See notices

GCSE Mock Exams

Location: The Assembly Hall

08:50 - 09:10 Competition House
Assembly

12:00 Golf Fixtures
Mixed-U18A vs King's College, Taunton

13:00 Cricket Fixtures
Boys-U13A vs Truro and Penwith College

14:00 Leiths Charity Tea
Location: Cookery School

16:00 - 17:00 Sixth Form: ACHE
Sessions Sixth Form Centre

18:00 - 21:30 Sixth Form Christmas
Party
Location: The Alverton

Friday 8 December

GCSE Mock Exams
Location: The Assembly Hall

Saturday 9 December

Outdoor Education: Ten Tors 3
Day Walk

14:00 Rugby Union Fixtures
Boys-U18A vs Woodhouse Grove School

Sunday 10 December

Boarding: Christmas Service &
Christmas Supper
Location: Chapel

Monday 11 December

WEEK A

Tuesday 12 December

18:30 - 20:30 Christmas Concert
Location: The Assembly Hall
<https://www.burrelltheatre.com/whats-on/>

Wednesday 13 December

13:00 Cricket Fixtures
Girls-U13A vs Truro and Penwith College

14:05 Final WAA of the Term

14:30 Rugby Union Fixtures
Boys-U18A vs Callywith College

Thursday 14 December

14:00 - 15:30 Advent Carol Service
Location: Truro Methodist Church

15:50 Autumn Term Ends

**19:00 Truro School Community:
Nine Lessons and Carols**
Location: Truro Cathedral

Friday 15 December

09:00 - 18:00 ABRSM Examinations
Location: Music School

10:00 Boarding Houses Close

15:00 Boarders' Transport Arrives

Click here to view this term's Clubs
and Activities on the website.

24 NOVEMBER: TRURO SCHOOL NEWS AND UPDATES

3rd Year Careers Day - Tuesday 5 December

3rd Year pupils will be off timetable all day as they explore their options for the future. They will attend a range of workshops run by staff and our partner, FutureSmart, to assist pupils with making decisions about GCSE options and beyond.

Christmas Jumper Day - Thursday 8 December

Pupils should come into school in their normal School uniform, but they are allowed to wear an additional 'Christmassy' item. This could be a Christmas jumper to replace their school jumper, or something else, eg a Santa hat, tinsel, reindeer ears etc. The day is dedicated to supporting Save the Children. Please note, this charity event will not be added to the School bill. Instead, you can contribute by making a donation using the link >

<https://christmas.savethechildren.org.uk/fundraising/CJD230028762>

Christmas Box Appeal



This year, the Community Action Team are supporting the St Petroc's Christmas Campaign. Truro School pupils and students will be asked in Form Groups to donate items towards a box that will be given a homeless person in Cornwall this year.

Donations are not compulsory and Form Groups will work together to coordinate items from the list to create complete boxes. More information will be given to pupils in their form time and we are hoping that our School community can get behind this brilliant and much-needed appeal.

Suggested Items:

- Food Items
- Christmas treats
- Hygiene Products: shampoo, conditioner, and body wash, toothbrush and toothpaste, deodorant, feminine hygiene products
- Clothing: warm socks, gloves, hat, scarf
- Basic Essentials: bottled water, reusable water bottle, flashlight with batteries, small umbrella, notepad and pen
- Gift Cards: to local fast-food restaurants, to grocery stores, public transportation cards
- Entertainment: deck of cards, small book or magazine, puzzle books (crossword, sudoku)
- Personal Care Items: razor and shaving cream, comb or brush, nail clippers
- Note of Encouragement: a positive and encouraging note to include in the box.

See poster on page 16.

24 NOVEMBER: TRURO SCHOOL NEWS AND UPDATES

A Christmas Classic

Audiences were wowed at the opening night of the Truro School performance of a Christmas Carol.

Adapted by Ben Oldfield and with original music by Ollie Jones, the show is a spine-tingling, magical journey through Christmases past, present and future.

There are limited tickets available to the Saturday performance on the Burrell Theatre website; <https://www.burrelltheatre.com/whats-on/>



You Are What You Eat

Diet and nutrition is a core module in the 2nd Year biology syllabus, with pupils learning about the components of a well-balanced diet. They are taught how to conduct food test experiments to detect carbohydrates, fat and proteins in various food items.

Pupils ran experiments on the food to determine if it contained the essential components required for a balanced diet. They analysed their findings and explored potential ways in which the food could be enhanced to fully meet its claimed nutritional benefits.

Practical experiments are an essential part of pupil learning and provide an excellent opportunity to acquire and practise good lab skills and teach pupils to gather, organise and evaluate their own data.

Discovering Ceramics

Wednesday afternoon clubs allow pupils to explore interests, cultivate new skills, uncover hidden talents, or simply try something completely new. We dropped into the ceramics club, where pupils were engrossed in clay slab building and developing relief designs inspired by their research on local surroundings, architecture and artists.

All pupils are introduced to ceramics in 1st and 2nd Year. As they progress, they can further develop their skills in this medium through scheduled art classes and, of course, this popular Wednesday afternoon activity.



24 NOVEMBER: TRURO SCHOOL NEWS AND UPDATES



Year 6 Activity Day

Learning Cornish, identifying local marine life, and making Cornish fairings were some of the highlights from this year's Year 6 activity day held at Truro School to give 90 prospective pupils a flavour of life at the Senior School.

After a morning of making new friends and challenging themselves to try new things, the Year 6 pupils had worked up an appetite. The catering department put on a delicious spread of Cornish-inspired foods featuring classic Cornish pasties, local sausages, and Cornish cupcakes.

The final activity of the day saw all the children come together for an afternoon of sport in a Pirates of Truro team game; working together in their groups the children tried to collect as much treasure as possible.

DT Dragons' Den

Our DT entrepreneurs pitched their A-Level project ideas to a panel of experts in the hopes of collecting some valuable feedback. In a Dragons' Den style performance, the Students communicated their plans to the panel sharing the process they've been through so far including initial ideas and development, as well as their future plans for their products.

The event provided valuable insight into professional designers' expectations and presented the students with positive feedback in advance of their final product.



Global Earthquake Monitoring

Did you know Truro School were able to detect seismic waves from the recent earthquake in Mount's Bay? We are fortunate to have our own seismometer here at Truro School. Our observations have led us to identify more than 2000 earthquakes, with many occurring in distant locations.

This lunchtime, our Geology Club pupils were excited to study the data collected from the seismograph during this event and to learn about 'P' & 'S' waves and how to identify them on the graph.

You can read the story in full [here](#).

24 NOVEMBER: TRURO SCHOOL NEWS AND UPDATES

Charity Christmas Cards on Sale

The team from the WAA card-making club have been hard at work, dreaming up ideas and designs for festive greetings cards. A collection of their cards is currently available for purchase in the Café, with every penny raised going to support the British Red Cross.



Coastal Adventures

Our Wednesday afternoon surfers made the most of the small waves at Praia Sands. Embracing the spirit of exploration, they paddled around the coastline, guided by the team at Global Surfers, and played games in the water, including determining how many surfers could ride a single wave.



Celebrating Sporting Success

What a fantastic week for sport. With such a busy sporting calendar our pupils have been up and down the country competing for the school, county, and country in a wide range of sports.

A huge well done to our School Equestrian team who competed in the Senior School Showjumping competition. They all jumped fantastic rounds with Poppy and Tommy both securing rosettes finishing in 2nd and 5th place.

Our wonderful swimmers took part in the second round of the National Arena swimming league last weekend. Annie, Daisy H, Daisy L, Lily, Ben, Dan, and Naomi raced fantastically to achieve 3rd place for the team.

Congratulations to our 1st Team netball players who are off to regionals having secured 2nd place in their U19 county tournament.

Our U15 girls' cricket team made their mark this week as they won their area group competition, progressing to the finals in March.

Congratulations to Sarang who competed in his first international for the U14 England Fencing Team in Sofia last weekend. Sarang finished 37th, a fantastic result for his first international. Returning back to the UK he then went straight to another competition in London where he won gold. He now tops the Under 13 GBR boys' sabre rankings.

Also competing internationally in Sofia were Lauren Anderson for the GBR U17 team, and Etienne Sibelius competing for the Finland U17 team.

The lucky squash team had an amazing masterclass with world-class squash players Mohammed El Shorbagy and Paul Coll who took our pupils through a masterclass session.

Outside of school pupils have also been working hard on their sporting achievements. Ottie competed in the finals of the Gymnastic West Country league, helping her team to take the win. Meanwhile, Aria won bronze at the U13 Cornish Cross country championships. Findlay W has been selected for the U21/U18 Scottish Aspiring squad in hockey. What amazing achievements.



24 NOVEMBER: TRURO SCHOOL NEWS AND UPDATES



A message from the Director of Sport

We are half way through the second half of the term and some of you may have seen me walking to school; sadly my bike has broken but fingers crossed, I'll be back on two wheels soon...

However, this is a space for more important things than my commute to work, and I am hopeful the information below will be a useful starting point to check in with your young person(s); especially around the world of PE and sport as well as helpful reminders.

- 1) Thank you to parents and pupils for all of the outstanding support so far this term. There is a great buzz around our fixtures and it has been lovely to see so many parents supporting teams. Please remember to sign in on arrival at the SBA and, as always, encourage the opposition as much as our own team. I am proud that we are known across our community as a school that is a good host.
- 2) Academic pressures are increasing in the older years, and I want to re-enforce that the PE team is here and ready to help with balance. We want to provide opportunities for our young people to get active and escape any pressure they may feel, but we also understand how important that this time is for them. Please encourage pupils to speak with us, and we will be happy to work with them.
- 3) The feedback from staff who are running clubs and teams has been wonderful to hear; the pupils' politeness, coachability and effort is shining through. I am so proud of the approach that our pupils have.
- 4) Fixtures - please keep an eye on SOCS for fixture dates and team sheets. We appreciate that you will have many moving parts at home to manage and that sometimes, pupils will have to miss fixtures. Please try to let us know as early as possible, as we need time to find a replacement.
- 5) Changing rooms - a reminder that pupils should hand in valuables to staff for safe keeping. They should change in the space allocated to them (written on the door). Spray deodorant should not be brought into school, please use a roll-on.
- 6) Please check footwear; we are still seeing school shoes (Air Force Ones) being used as trainers - this raises hygiene issues, and these shoes do not offer the correct support for pupils.
- 7) Have you seen any of our Truro School match kit around the house? Please encourage the safe return of kit as we are missing a considerable amount of items and are struggling to provide full team kits. When returned, no questions will be asked.

As always, please reach out to the PE team/Heads of Sport/coaches if you have a question or query, as I appreciate there is so much going on.

I have really enjoyed this Autumn term and if the next term is even half as good, it will be a fantastic Spring Term.

Many thanks,

Dan Sanderson
Director of Sport

24 NOVEMBER: TRURO SCHOOL NEWS AND UPDATES

New Adult and Child Cookery Classes



TRURO SCHOOL COOKERY

Cookery Classes

Bookings Now Open to Spring 2024!

Our Cookery Classes are now available to book up to Spring 2024, with some exciting new classes added.

There are parent and child classes, classes for 2 (an ideal opportunity to catch up with a friend or family member over some delicious food, a cookery lesson and a glass or two of wine) and there are also day classes available for those who want to maximise their skills.

For a full list of our new classes, check out the Truro School Cookery website > www.truroschoolcookery.com

Our first adult and child Mexican cookery class went fantastically earlier this month. Students learnt how to make their own corn tortillas from scratch, a spicy and smokey chicken tinga and corn 'esquites' (a charred fresh corn salsa).

We've opened up another couple of tickets for our [American Diner](#) class on 9 December where students will be learning, amongst other things, how to make 'Sloppy Joes', blueberry pancakes and ice cream sodas.

Because of the success and popularity of these adult and child classes, we've added 3 new ones to the schedule here in the Cookery School; [tapas](#), [pasta](#) and [sushi and gyoza](#). Book now to avoid disappointment!

These classes offer the perfect occasion for a parent, guardian, carer or family friend to spend some quality time with a young person whilst the two of you learn some new cookery skills in a fun and informal setting.

A full list of courses can be found at <https://www.truroschoolcookery.com/cookery-courses-cornwall/>

Cookery School Gift Vouchers

Give someone a truly special occasion to remember with our Truro School Cookery Gift Vouchers. Available [here](#).

Our monetary e-vouchers are available in multiples of £10 or £25 and are suitable for all budgets – simply select any value and the lucky recipient can use it against any of our cookery classes. Our vouchers are valid for 12 months.





Second
Hand
Uniform
Bring & Buy

Parent Coffee Morning

FRIDAY 1ST DECEMBER

Please join us in the Truro School Cafe (by the SBA) after drop-off for an informal catch-up with parents from across the Senior School.

There will also be a Bring & Buy Uniform Sale.

Old and new faces welcome.



**TRURO
SCHOOL**

WETSUITS NEEDED



The FTS are looking for donations of any outgrown wetsuits for **The Wave Project.**



Wetsuits can be donated to the Truro Prep Office or Truro School Cafe (near the SBA) until 1st December.

3rd year Christmas Song Concert



TRURO
SCHOOL
MUSIC

Monday 27 November
4.30 - 5.30pm in M1

Christmas Concert

Tuesday 12
December 2023

Featuring Bands,
Orchestras and
Junior Choirs

The Assembly Hall
from 6.30pm

Refreshments on
arrival

The logo for Truro School Music, featuring a shield with a book, a cross, and other heraldic symbols, with the motto 'ESSE QUAM VIDERI' below it.

TRURO
SCHOOL
MUSIC

FREE but book through Burrell
Theatre online ticket office

Nine Lessons and Carols



Thursday 14 December 2023

Truro Cathedral

7.00pm - 9.00pm

Featuring Truro School
and Truro School Prep
Choirs and Vocal Groups

All welcome

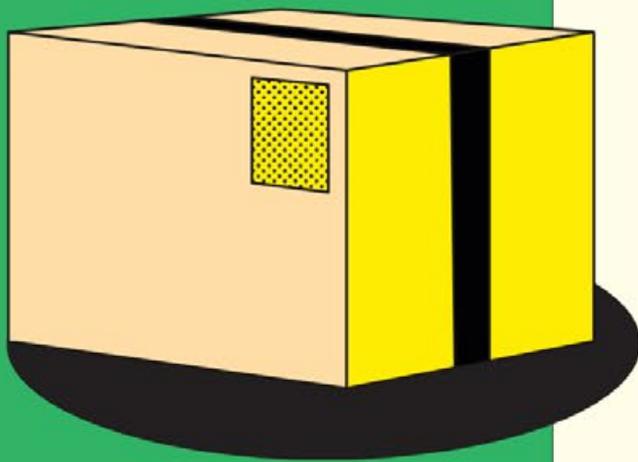


St Petrocs



WINTER APPEAL

Donation Boxes



This Christmas, the Truro School Community Action Team is supporting St Petrocs and we need your help!

Individuals and form groups can work together to create gift boxes to give to a homeless person across Cornwall this Christmas.

Boxes should include:

- Food Items
- Christmas treats
- Hygiene Products
- Warm Clothing
- Basic Essentials
- Gift Cards for local food outlets /shops and public transport
- Entertainment
- Personal Care Items
- Note of Encouragement

Boxes Need to be completed by Wednesday 6th December and delivered to the Chapel.



**TRURO
SCHOOL**

SARAH McQUAID

Lifetime Achievement Award Winner,
Ards International Guitar Festival

'One of the most instantly
recognisable voices in
current music ...

Shades of Joni Mitchell in a
jam with Karen Carpenter
and Lana Del Rey.'

Trust The Doc

'Her subtle mastery
onstage launches
her straight into my
fave shows ever.'

Huffington Post



2nd December 2023 - 19.30

Burrell Theatre, Truro

Tickets £15.00

burrelltheatre.com

Photo by Phil Nicholls

